VANILLA ECLAIR



MAKES 10 PIECES

CHOUX PASTRY

Whole milk	125g
Water	125g
Honey	14g
Salt	4g
Butter	110g
All-purpose flour	160g
Eggs	6

Put the milk, water, honey, salt and cubed butter into a saucepan. Bring the mixture to a **boil**, take it off the heat and add in the flour. Mix in the flour and leave the mixture to **soak** up any liquid for a few minutes. **Put** the mixture into a bowl and leave it to cool. Gradually **add** in the beaten eggs, mixing vigorously until they are completely incorporated.

Use a plain round 18mm nozzle to **pipe** out evenly sized eclairs and **bake** them at 355°F (180°C) for approx. 35 minutes (use the conventional rather than fan setting).

VANILLA CRÈME PÂTISSIÈRE

Whole milk	220g
Sugar	65g
Egg yolks	3
Cornstarch	
Heavy cream 36%	90g
All-purpose flour	10g
Butter	_
NOROHY Organic Bourbon Vanilla Extract	-

Boil the cream, milk and vanilla extract. Beat the egg yolks with the sugar in a bowl until the mixture has blanched, then add the flour and cornstarch and mix them in well.

Combine a third of the hot milk with the flour mixture and whisk it in. Put the mixture into the pan with the remaining milk, mix it in and heat it gently, whisking all the while, until it thickens.

Put the mixture in a bowl and let it cool for approx. 30 minutes before adding the cubed butter.

Mix them in until they are completely incorporated. Cover the surface with plastic wrap and leave to set in the refrigerator.

VANILLA WHIPPED GANACHE - TONKA BEAN*

VALRHONA Ivoire 3	35% white chocolate	100g

This recipe is brought to you by:



Gelatin			11/2	C
Tonka bean				õ
NOROHY Organic E	Bourbon Vanill	a Extract.	20	C

Hydrate the gelatin in a large quantity of cold water. Melt the chocolate in a bain-marie and heat 100g of cream with the vanilla extract and tonka bean. Once the cream is very hot, take it off the heat and leave it to infuse for 20 minutes in the lidded pan. Remove the tonka bean and **boil** it again before **adding** the hydrated gelatin (which you have wrung out).

Gradually **pour** over the melted white chocolate while emulsifying with a spatula. Add the 100g portion of cold cream in one go, mix it in thoroughly and cover its surface with plastic wrap. Leave to set overnight in the refrigerator.

* The tonka bean is optional – you can use vanilla only.

FINISHING TOUCHES

Beat the vanilla ganache using an electric whisk until you have a firm chantilly cream. Put the cream in a piping bag with a V-cut nozzle.

Use a spatula to **loosen** the crème patissière a little and **put** it in a piping bag with a nozzle. **fill** your eclairs with vanilla crème patissière, then pipe the whipped ganache onto the eclairs.



Agence cru.