Chocolate chip pancakes with caramel sauce



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AN ORIGINAL RECIPE BY L'École Gourmet Valybona

Makes 15 pancakes.

PANCAKE BATTER

40g Egg yolks 60g Egg whites

150g Whole milk

125g Strong flour or wholemeal flour

6g Baking powder 25g Brown sugar

3g Salt

½ Vanilla bean

80g DARK and/or MILK CHOCOLATE CHIPS

PANCAKE BATTER

Mix the salt, brown sugar, vanilla seeds and sift in the flour and baking powder.

Then add the egg yolks and milk. Mix.

Add the (dark and/or milk) CHOCOLATE CHIPS.

Beat the egg whites until stiff peaks form and fold them gently into the previous mixture.

MAPLE & MILK CHOCOLATE

CARAMEL

135g Maple syrup135g Whipping cream

1/4 Vanilla bean 85g **JIVARA 40**% chocolate

MAPLE & MILK CHOCOLATE CARAMEL

Heat the whipping cream along with the vanilla seeds.

Cook the maple syrup between 115-120°C.

Deglaze the caramel by gradually combining it with the 135g of hot vanilla cream.

Allow this mixture to cool to approx. 80°C, split it into 3 batches and combine them one by one with the melted **JIVARA 40%** chocolate. Mix using a hand blender.

ASSEMBLY

Make the maple caramel with JIVARA 40% chocolate and set it aside.

As soon as the pancake batter is ready, cook it in a small, hot greased frying pan.

Serve the pancakes with **JIVARA 40%** chocolate maple caramel, a few crushed nuts and/or some fresh seasonal fruit.

Chef's tips

You can make your pancakes in advance and freeze them.

Heat them for 5 minutes when you serve them.

The maple caramel can be made in advance and kept in the refrigerator.

Simply warm it before serving.