

Anafika 46%

# WHEN INDULGENCE BECOMES PLANT-BASED!



Amatika 46% Vegan Chocolate

Valrhona has created its first ever vegan Grand Cru, born in the heart of Madagascar's plantations. It's a 46% couverture chocolate that combines the smooth sweetness of almond with the powerful aroma of single origin Madagascar cacao. The flavor and texture are unlike anything else, meeting the demands and creativity of pastry chefs and artisans all around the world.

# VEGAN PASTRY: A WHOLE NEW WORLD OF CREATIVITY TO EXPLORE



# HEALTHIER

Vegan baking and pastry-making promotes the use of natural, plant-based and seasonal ingredients. Rather than using ingredients of animal origin such as eggs, cream, butter and milk, which are often high in fat content, it opts for ingredients with natural origins, which often come from organic farming as well.

# UNABASHEDLY BOLD

Vegan pastry-making is audacious, resolutely modern and ready to take on bold flavors and natural colors.

# MORE ETHICAL

Taking care of the planet and everything it provides us with by considering the consequences of our actions.

# ACCESSIBLE

It is suitable for various diets, so everyone can rediscover the joy of pastry.

# INDULGENT

Vegan cooking does not have to be tasteless, bland and flavorless. On the contrary, plantbased baking and pastry-making can be very delicious and inspire a new kind of creativity.

AMATIKA 46% follows this trend for plant-based, indulgent food that is accessible and ethical. Savor the unique sensory profile, which reflects the single origin Madagascar milk chocolate and cacao.

# VEGAN PASTRIES AREN'T JUST FOR PEOPLE ON AN ANIMAL-FREE DIET.

They have various different target audiences and, because consumers' options are still quite limited, it is a market that can pay dividends for your business! You can also target flexitarians, people who are intolerant to eggs or dairy, and foodies who are seeking new sensory experiences.

# VEGAN ALTERNATIVES

Redesigning your creations to cut out eggs, butter and milk is a real challenge. You have to know each ingredient inside out: Each one has its specific characteristics and the quantities you use have an effect on texture and flavor. Not every ingredient is replaceable, but here are a few fundamentals for going vegan. Take care to select ethically sourced ingredients!

# ALTERNATIVES TO MILK & CREAM

# 1. SUSTAINABLY SOURCED VEGAN MILK ALTERNATIVES

- Creamy drinks made using:
- Coconut Millet
- Soy · Almond

# • Oats

# 2. OTHER ALTERNATIVES

- Silken tofu
- Rice or **Soy** desserts, either
- fermented or unfermented. • Coconut-based ingredients

# succession ingredients

# ALTERNATIVES TO EGGS

# 1. NUT AND LEGUME WATER

- Aquafaba (chickpea water)
- Water used to steep chia
- seeds and cashews

# 2. REHYDRATED PROTEINS AS AN EGG WHITE SUBSTITUTE

- Soy protein
- Potato starch
- Pea protein

# 3. OTHER ALTERNATIVES

- Almond purée
- Lupin flour
- Strong white flour

# ALTERNATIVES TO BUTTER

- **1. FRUIT & VEGETABLES**
- Banana · Carrot · Avocado
- Apple Pear Quince
- 2. NUT PRODUCTS
- Almond purée
- Cashew purée
- Sesame purée

# 3. OILS

- Coconut oil
- Grape seed oil
- Olive oil
- Linseed oil
- Palm oil
- (from an ethical source)

Sources: Allied Market Research https://www.planetoscope.com/Bio/2005-les-ventes-de-produits-vegetariens-ou-végans.html Xerfi https://www.ouest-france.fr/economie/consommation/le-marche-vegetarien-et-végan-augmente-de-24-en-2018-6162850



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The creamy texture of Amatika gives way to notes of cocoa, toasted almonds, and a hint of tanginess, reminiscent of a picnic in the peaceful ambiance of a Malagasy garden.

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PACKAGING					
3kg slab	Code: 28074				
50g sample	Code: 31968				
INGREDIENTS					
Cocoa 46% min.	Fats 43%	Sugar 39%			
-	nibs, sugar, cocoa b sunflower lecithin),	utter, <b>almond</b> flour natural vanilla extract.			
BEST BEFORE*					

# STORING

Store in a cool, dry place between 60-65°F (16-18°C).

\*Calculated based on the date of manufacture

# **TEMPERING TEMPERATURES**

T1	T2	T3
(105/115°F OR 40/45°C)	(80/82°F OR 27/28°C)	(86/88°F OR 30/31°C)
MELTING	SETTING	MOLDING

# APPLICATIONS AND PAIRINGS

AMATIKA 46%	COATING	MOLDING	BARS	MOUSSE	CRÉMEUX & GANACHE	ICE CREAMS & SORBETS
TECHNIQUE	0	0	0	0	0	0

Ideal use O Recommended Application



Almond Paste



# AMATIKA VEGAN CRÉMEUX

### AMATIKA 46% VEGAN CRÉMEUX 400g Oat drink Mix the sugar, lota and thickener. Add the oat drink and bring the mixture to a boil. 5g Sugar Gradually pour some of the hot liquid onto the chocolate and coconut oil and mix using an immersion Pro-Pannacotta lota 4g blender to get the emulsion started. 1.5g Thickener Pour in the rest of the liquid and continue mixing until you obtain a perfect emulsion with a nice, AMATIKA 46% 250g creamy texture. 30g Coconut oil Leave to set in the refrigerator.

# VEGAN AMATIKA MOUSSE

# **3% POTATO PROTEIN WHIPPED BASE**

7g 210g 12g	80% potato protein Water for the gelatin Cold Gelcrem	<ul> <li>Mix the potato protein isolate powder with the cold Gelcrem.</li> <li>Add the water and mix until well combined, which may take a while.</li> <li>Leave it to rehydrate overnight.</li> <li>Whip until firm.</li> <li>This product can be used to replace egg white.</li> </ul>
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VEGAN M	OUSSE	
2.5g 330g 40g	.5g Thickener 30g AMATIKA 46%	Mix the thickener with the oat milk while cold and heat to 170°F (80°C). Melt the coconut oil and add it to the chocolate. Pour 1/3 of the hot liquid over the chocolate and coconut oil and start to make an emulsion using a spatula. Add the rest of the liquid in two batches and finish mixing using an immersion blender to make a perfect
230g 3	3% whipped base using 80% potato protein	emulsion. Weigh out and add the whipped base. Beat the whole mixture using the whisk attachment on a stand mixer.
30g Cold inulin 30g Sugar		<ul> <li>As soon as the mixture gets a mousse-like texture, gradually add the cold inulin mixed with the sugar to get a texture similar to stiff egg whites.</li> <li>Check that the temperature of the ganache is at 108/113°F (42/45°C) and mix in a small amount of the whipped mixture.</li> <li>Add the rest and gently finish mixing.</li> <li>Store in the deep-freezer.</li> </ul>

# VEGAN AMATIKA AND COCONUT MOUSSE

## VEGAN CUSTARD-STYLE SAUCE 880g Oat drink : Mix the starch and sugar together. Warm the oat drink and add the starch and sugar. Cook at 200°F (95°C). 29g Cornstarch 68g Sugar Strain, then mix using an immersion blender. Note: Use 14% oat drink. VEGAN AMATIKA AND COCONUT MOUSSE

880g <b>1600g</b>	Vegan custard-style sauce AMATIKA 46%	 Gradually combine the hot vegan custard-style sauce (which you have strained) with the melted AMATIKA couverture. Whip the coconut cream. Mix the sauce and when it has reached 90-95°F (32-35°C), add the
1300g	Coconut cream (17% fat)	whipped coconut cream. Use straight away.

# AMATIKA AND COCONUT GLAZE

# AMATIKA AND COCONUT GLAZE

as many air bubbles as possible.
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# AMATIKA JELLY

### AMATIKA 46% JELLY ..... 600g Oat drink : Mix the sugar and acid-free pectin together. 20g Sugar Warm the oat drink and whisk in the sugar-pectin mixture. 4g Acid-free pectin Boil the mixture, stirring all the while. 250g AMATIKA 46% Gradually combine with the melted AMATIKA 46%, mixing all the while with a spatula to obtain a smooth, shiny, elastic texture. This is a sign that you are starting to make an emulsion. Continue to gradually add the milk, taking care to maintain the emulsion until mixing is complete. Leave to cool to 85-95°F (30-35°C) and pour out. Important: This jelly cannot be frozen.

AMATIKA GANACHE (FOR USE WITH A 34 × 1CM FRAME)

# AMATIKA 46% GANACHE FOR FRAMING

475g 30g 4.5g <b>897g</b> 45g	Oat drink Glucose DE 60 Thickener AMATIKA 46% Deodorized coconut oil	<ul> <li>Bring the oat drink, glucose and thickener to a boil.</li> <li>Leave to cool to 140/149°F (60/65°C), then pour half onto the chocolate and coconut oil.</li> <li>Mix using an immersion blender, add the rest of the liquid and mix until you make a perfect emulsion, which may take a while.</li> <li>At 90-95°F (32-34°C), pour the ganache into a frame, which you have attached to a guitar sheet covered with a fine layer of couverture.</li> <li>Leave to set for 24 to 36 hours at 60-65°F (16-18°C) and a 60% relative humidity level.</li> <li>Turn out the ganache, coat it with a fine layer of couverture and cut it into your chosen shape.</li> <li>Allow it to set completely if necessary, then coat.</li> </ul>

# Allergens: Oats, almonds.

If you wish to provide allergen information, don't forget to mention the allergens given in the ingredient list of the products you use.



With notes of cereals and roasted almond, Amatika 46% is also a great addition to non-vegan creations. You can find the equivalences for Namelaka and light chocolate mousse here.

# NAMELAKA

# AMATIKA 46% NAMELAKA

200g 400g <b>280g</b> 4g 20g	Whole milk Heavy cream 36% <b>AMATIKA 46%</b> Gelatin Water for the gelatin	<ul> <li>Bring the milk to a boil and add the rehydrated gelatin.</li> <li>Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula.</li> <li>Immediately mix using an immersion blender to make a perfect emulsion.</li> <li>Add the cold cream then mix again.</li> <li>Leave to set in the refrigerator.</li> </ul>
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# LIGHT CHOCOLATE MOUSSE

LIGHT AMATIKA 46% CHOCOLATE MOUSSE

500g 1000g <b>560g</b> 7g 35g	Whole milk Heavy cream 36% <b>AMATIKA 46%</b> Gelatin Water for the gelatin	Heat the milk and add the rehydrated gelatin. Gradually combine the hot milk with the partially melted chocolate, taking care to form a smooth emulsion. Immediately mix using an immersion blender to make a perfect emulsion. Check the temperature – It should be 80-85°F (31-34°C). Combine with the airy whipped cream. Pour immediately and leave to set. Freeze.
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The ideal serving temperature for this mousse is 40-42°F (4-6°C).

# Allergens: Almonds, milk, cream.

If you wish to provide allergen information, don't forget to mention the allergens given in the ingredient list of the products you use.



Amatika brings a new plant-based alternative to the world of dark chocolate. The advantage is that it can be used like a non-vegan chocolate as well. Whether for vegan uses or not, the notes of roasted almond will add an extra touch of indulgence to any creation.





# PLANT-BASED BANANA SPONGE

1000g 260g 3g <b>1000g</b>	Banana Grape seed oil Vanilla pod 50% ALMOND PASTE FROM PROVENCE
220g	Pastry flour
13g	Baking powder
160g	Blanched almond flour

Blend the bananas with the grape seed oil, scraped vanilla pod and almond paste in a food processor. Add the sifted flour, baking powder and almond flour. Beat the mixture for 5 minutes in the food processor. On silicone mats, spread out 1300g for each frame and bake for approx. 25 minutes at 310°F (155°C).

120g 120g 110g 2g 100g 30g	Blanched almond flour Brown sugar Rice flour Fleur de sel Deodorized coconut oil Water	Mix together the almond flour, brown sugar, rice flour and fleur de sel. Melt the coconut oil at 105°F (40°C). Add the water at 105°F (40°C). Mix together. Spread out evenly onto a tray covered with a perforated mat. Bake at 300°F (150°C) until a warm blond color is achieved.	
PLANT-E	BASED ALMOND AND (	COCONUT CRUNCH	
	• • • • • • • • • • • • • • • • • • • •		• •

# 450g ALMOND STREUSEL Break the streusel into crumbs, then incorporate the chocolate and praliné.

75g	55% ALMOND & COCONUT
	PRALINÉ

# RUM BANANA COMPOTE

50g 480g 170g 25g 12g 2g 50g 25g	Sugar Banana Passion fruit purée Sugar Pectin NH Vanilla pod Cornstarch Rum	Caramelize 50g of sugar. Deglaze the caramel with the blended banana and the warmed passion fruit purée. When it reaches 105°F (40°C), add 25g of sugar mixed with pectin NH. Add the split vanilla pods, then the cornstarch. Bring to a boil and add the rum to finish it off.
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# VEGAN CUSTARD-STYLE SAUCE

# 30gCornstarchMix the starch and sugar together.70gSugarWarm the oat drink and add the starch and sugar.880gOat drinkCook at 200°F (95°C). Strain, then mix using an immersion blender.Note: Use 14% oat drink.

# **VEGAN AMATIKA AND COCONUT MOUSSE**

880g <b>1600G</b> 1300g	Vegan custard-style sauce <b>AMATIKA 46%</b> Coconut cream (17% fat)	Once the vegan custard-style sauce has been warmed and strained, gradually combine with the partially melted chocolate. Immediately mix using an immersion blender to make a perfect emulsion.	
		: Once the mixture is at 90-95°F (32-35°C), incorporate the whipped coconut cream. Use straight away.	

# AMATIKA AND COCONUT GLAZE

1200g	Coconut cream (17% fat) AMATIKA 46% COCOA BUTTER ABSOLU CRISTAL NEUTRAL GLAZE Water	<ul> <li>Heat the coconut cream.</li> <li>Slowly combine with the melted chocolate and cocoa butter.</li> <li>Heat the Absolu Cristal with the water until it comes to a boil.</li> <li>When it reaches 105°F (40°C), add it to the base mixture.</li> <li>Mix together. Leave to set in the refrigerator for 24 hours before use.</li> <li>Reheat the glaze slowly and mix it using an immersion blender to remove as many air bubbles as possible.</li> </ul>
		Use at 85-95°F (30-35°C).

# ASSEMBLY AND FINISHING

Make the vegan streusel. Weigh out 80g for each 14cm diameter circle, spread it out and leave to set in the refrigerator.

- Make the banana sponge and compote. Cut out 16 disks with a diameter of 14cm. Spread 45g of banana compote on each disk.
- Place one disk of banana sponge with compote on top of another, to make inserts. Freeze.

# Assembly:

Make the vegan mousse and pour 270g into each 16cm diameter ring. Add the insert. Cover with 100g of mousse and finish with crunchy topping. Freeze. Finishing:

Temper the AMATIKA chocolate and pipe 20g onto a guitar sheet that you have previously sprinkled cocoa powder onto. Place another guitar sheet on top and gently press to flatten. Leave to set between the two sheets for a few hours. Glaze the desserts and place the chocolate decoration on top.

VALRHONA: AMATIKA 46% (28074), ALMOND PASTE FROM PROVENCE 50% (3211), 55% ALMOND & COCONUT PRALINÉ (19822), ABSOLU CRISTAL NEUTRAL GLAZE (5010), COCOA BUTTER (160). Allergens: Almonds, oats. If you wish to provide allergen information, don't forget to mention the allergens given in the ingredient list of the products you use.



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1900g 120g 1300g 810g 12g 1400g 60g 450g	Sugar Chia seeds Water Coconut cream (17% fat) Salt Bread flour Baking powder Deodorized coconut oil	<ul> <li>Grind the chia seeds to a powder.</li> <li>Weigh out the sugar, ground chia seeds, water, coconut cream and salt.</li> <li>Whisk to mix.</li> <li>Add the sifted flour and baking powder.</li> <li>Add the melted coconut oil at 150°F (65°C) and beat lightly.</li> <li>Lightly coat the molds with coconut oil and parchment paper trimmed to the size of the molds.</li> <li>Weigh out 250g of cake mixture into each mold.</li> <li>Leave in the refrigerator, preferably overnight.</li> <li>Cook at 310°F(155°C) for 40 minutes.</li> </ul>
66% WH	IPPED HAZELNUT PRAL	INÉ
380g	66% HAZELNUT PRALINÉ AMATIKA 46%	<ul> <li>Melt the couverture at 115°F (45°C), then mix into the praliné.</li> <li>Temper at 75°F (24°C).</li> <li>Leave to set on a tray.</li> <li>Use a stand mixer with a paddle attachment to whip up the mixture, but make sure its temperature does not rise above 75-80°F (25-26°C).</li> </ul>
46% AM	ATIKA CAKE GLAZE	
<b>910g</b> 91g	AMATIKA 46% Grape seed oil	Melt the couverture at 115°F (45°C). Add the oil and mix. Use at 85-105°F (30-40°C).
сносог	ATE & RICE CLUSTERS	
250g <b>250g</b>	Wild black rice AMATIKA 46%	<ul><li>Pop the wild black rice in a non-stick pan like popcorn.</li><li>Once cooled, cover the rice in tempered AMATIKA 46% couverture.</li></ul>
LEMON	AND DARK BROWN SUG	AR SYRUP
360g 140g	Water Dark brown sugar Vanilla pod	Bring the water, sugar, and split and scraped vanilla bean to a boil. Place in the refrigerator.

# ASSEMBLY AND FINISHING

2g Vanilla pod

Make the whipped praliné and the chocolate & rice clusters. Set aside on a baking sheet.

Make the syrup.

Make and bake the cake mixture.

As soon as you have taken the cakes out of the oven, pour a little syrup over the top of each one.

Freeze.

Using a piping bag fitted with a plain no. 16 nozzle, pipe approx. 60g of whipped praliné along the middle of each cake. Place pieces of chocolate & rice clusters on the whipped praliné.

Freeze the cakes, then glaze and place a logo on top.

VALRHONA: AMATIKA 46% (28074), 66% HAZELNUT PRALINÉ (7531), COCOA BUTTER (160).

Allergens: Almonds, oats. If you wish to provide allergen information, don't forget to mention the allergens given in the ingredient list of the products you use.



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