



### FT AMATIKA BISCUIT

Potato Whip

Water

4,5 g

110 g

In a bowl, melt together the Amatika and sunflower oil at 115°F (45°C). 150 g **AMATIKA 46%** 

50 g Sunflower oil In another bowl, mix together the plain wheat flour, bicarbonate of soda, salt and Potato Whip. 70 g Plain wheat flour

Mix together the melted Amatika and oil, the dry ingredients and water for 2 minutes until homogenous.

2 g Bicarbonate of soda Pour the mixture out onto a non-stick mat to a depth of 5mm. 2 g Salt

Leave to cool in the refrigerator for 10 minutes. Bake at 390°F (200°C) for 6-7 minutes.

Store in the refrigerator until completely cool.

Cut into 6cm disks.

## MANDARIN AND HAZELNUT CARAMEL

Put the glucose syrup and sugar in a saucepan and cook at 390°F (200°C). Glucose syrup

175 g Sugar Gradually pour in the 135g portion of (warmed) water. Once you have combined all the water, heat the mixture 135 g

Water to 226°F (108°C).

60 g Hazelnut paste Pour the caramel, hazelnut paste, cocoa butter, mandarin juice, lecithin and salt into a jug and emulsify the Cocoa butter 60 g

mixture in a Turmix (food processor). 50 g Mandarin juice

Leave to cool to 95°F (35°C) and emulsify again in a Turmix (food processor). Liquid soy lecithin 5 g

Pour the mixture into 1.5-2cm deep, 5-6cm silicone molds and store in the freezer.

### APRICOT AND MANDARIN CREMEUX

220 g Put the apricot purée and mandarin juice in a saucepan and warm them to 85°F (30°C). Apricot purée (10% sugar)

42 g Mandarin juice Mix the inulin, pectin and carob gum in a bowl, then gradually pour this into a saucepan, stirring all the while.

12 g Cold inulin Cook to 185°F (85°C).

2,4 g Pectin NH In a jug, blend together the ingredients from the saucepan, the Natur Emul and the coconut oil. 0,6 g

Carob gum Leave to cool to 130°F (55°C) and emulsify again. 3 g Natur Emul

Mix a small amount of crémeux into the caramel and store in the freezer. 30 g Flavorless coconut oil

#### **MERINGUE**

100 g Beat the aquafaba until stiff peaks form. Add in the glucose and inulin.

45 g Glucose powder Mix on a medium speed for 5 minutes so that all the dry ingredients are dissolved.

30 g Cold inulin Mix at high speed for 1 minute.

# AMATIKA MOUSSE

Put the water, mandarin juice and salt in a saucepan and cook to 115°F (45°C). 130 g Water

40 g Mandarin juice Melt the Amatika and hazelnut paste to 115°F (45°C).

1,2 g Salt Emulsify the liquid from the saucepan with the Amatika and hazelnut. 200 g **AMATIKA 46 %** 

Gradually mix the results into the meringue, stirring all the while. 40 g Hazelnut paste

Use the mousse you have just made to fill two thirds of the Universo 90 mold and add in the caramel 170 a Merinaue

and crémeux insert and a biscuit disk.

Store in the freezer for 24 hours.

# CHOCOLATE GLAZE

190 g Water Put the water, cocoa, glucose, sugar and salt in a saucepan.

20 g Cacao powder Cook until the mixture boils. 50 g Glucose syrup

Mix it into the chocolate and soy lecithin. 115 g Sugar Emulsify in a Turmix (food processor). Salt

1 g Leave the glaze to cool to 100°F (38°C). 190 g **ANDOA NOIRE 70 %** Emulsify it gently so that no air bubbles form. 9 g

Liquid soy lecithin Store in the refrigerator.

### TORRONCINO ALLE MANDORLE

30 g Water Put the water, margarine and glucose syrup in a saucepan and warm it to 115°F (45°C).

65 g Margarine Mix the sugar, pectin and salt in a bowl.

30 g Glucose syrup Pour them into a saucepan and stir until the pectin dissolves.

80 g Sugar Cook until the mixture boils. 1,5 g Pectin NH Pour in the nibs and almonds

1 g Salt Cook on a medium heat for 30 seconds.

20 g Cocoa nibs (optional) Pour out onto a non-stick mat. 100 g Almonds

Leave to cool at room temperature for 1 hour.

Bake at 355°F (180°C) until it is completely golden brown.

Leave to cool for 1 minute at room temperature and cut into 3-4cm rings.

Decorate each one

## **ASSEMBLY AND FINISHING**

Use a 6cm cutter to cut the soft biscuit into pieces and store them in the freezer. Turn out the apricot crémeux and hazelnut caramel insert and store them in freezer. Store the nougatine in a sealed container with a silica gel sachet to stop it absorbing any moisture before use. Put the mousse in a piping bag,

Assembly: Pour 45g of mousse in a Silikomart Universo 90 mold. Put the insert in the middle of the mousse, pressing down a little. Add on the soft biscuit while it is as cold as possible, pressing down firmly. Store in the freezer for 24 hours.

Finishing: Melt the glaze at 105°F (40°C) and emulsify it in a Turmix (food processor) to get rid of any air bubbles. Leave to cool a little to 97-100°F (36-38°F). Place the turned out frozen desserts on a cooling rack. Coat them with chocolate glaze.

Temper some Andoa Noire or Amatika chocolate and pour a small amount on a 4cm by 24cm strip of acetate. Leave it until it starts to set, then cut away the edges and slice diagonally. Roll it around a 7cm ring and leave to set. Decorate the dessert with a piece of chocolate and almond nougatine.

+ The Chef's Word +

#### Why did you choose these tasty flavor combinations for Amatika 46%?

Amatika includes almonds and an absolutely delicious chocolate flavor, so it slips down very easily. I think you'd be able to combine it with almost all fruit or nut combinations.