Chocolate Myangpo Millefenille







CHOCOLATE PUFF PASTRY

500g 60g 25g 10g 300g 250g 1145g	Soft flour T55 cocoa powder Beurre Noisette Salt Water Dry butter 84% Total weight	In the bowl of an electric mixer fitted with the paddle mix the flour, cacao powder, hazelnut butter, salt and the water until a smooth consistency. Do not over mix. Refrigerate overnight at 5 C. The following day, rollout the dough and place the tourage butter in the centre. Fold the dough on the side over the butter like an envelope. Give 5 single turns with resting time of min 1 hour. Refrigerate overnight.
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CHOCOLATE NYANGBO TRUFFLE BEANS

660g 72g 1 150g 50g 120g 54g 400g	Whole milk Cream 35% fat Vanilla pod Egg yolk Whole egg Caster sugar Custard powder NYANGBO 68%	 Boil milk with vanilla pod in a pan. Mix together the powders with the egg yolk, pour it in your milk and bring it to boil again. Cook the mixture for 1 min, then emulsify with a spatula over the partially melted chocolate, as for a ganache, to obtain a smooth and glossy mixture with a certain elasticity. To perfect the emulsion, mix with a handblender, taking care not to incorporate any air bubbles. Set aside in the fridge for 2 hours. Cut in small square, shape it as cacao beans and roll it in the cacao powder.
1506g	Total weight	

CHOCOLATE NYANGBO CARAMEL MOUSSE

40g 160g 4g 78g 5 250g 600g	Caster sugar Cream 35% fat Salt Unsalted butter Gelatine leaves NYANGBO 68% Cream 35% fat	Warm the cream. Make a dry caramel with the sugar and then stir in the cream. Keep cooking for about 1-2 min. Let it cool for 5 min and add the butter and salt. Add the soaked gelatine before pouring the caramel over the chocolate. Mix well and allow to cool. Fold in the whipped cream until smooth consistency.
1137g	Total weight	

CARAMEL SAUCE

100g 50g 200g 2g 1.5 60g	Caster sugar Glucose syrup 40 Cream 35% fat Salt Gelatine leaves Unsalted butter	Make caramel with sugar and glucose Deglaze with the warmed cream Add salt and gelatine, mix well. Mix in the butter when the caramel has cool down using a hand blender.
410g	Total weight	

VANILLA NYANGBO CREMEUX

125g 125g 40g 30g 175g 1	Whole Milk Cream 35% fat Egg yolk Sugar NYANGBO 68% Vanilla pod	Cook the milk, cream, yolk, sugar and vanilla as for a crème anglaise. Emulsify the custard with a spatula with the partially melted chocolate to obtain a smooth and glossy mixture with a certain elasticity. To perfect the emulsion, mix with a hand held blender, taking care not to incorporate any air bubbles. Set aside in the fridge.
495g	Total weight	

CHOCOLATE FONDANT

	Cocoa powder	Melt the fondant with cocoa powder, add syrup as needed.
450g	Total weight	:

PAIN DE GENE CHOCOLATE

32g 290g 320g 60g 5g 90g 1 15g	Sugar Almond paste 70% Whole eggs Soft flour, T55 Baking powder Unsalted butter, melted Vanilla pod Cocoa powder	Whip Marzipan, sugar and whole eggs with the whisk for 20 min make sure you don't have pieces of marzipan. Add flour, cocoa powder and baking powder. Finish to add the vanilla and melted butter. Spread the mixture on a 1/1 gastro tray with a frame Cook at 160c in a fan oven for 10 min.
812g	Total weight	

HAZELNUT GLAZE

270g 45g 90g	JIVARA 40% Grapeseed oil Chopped roasted hazelnut	Roast the hazelnut at 150°C until well roasted, then chop to a small size. Add it to the melted chocolate and oil.
405g	Total weight	

ASSEMBLY AND FINISHING

Cook the chocolate puff pastry at 180°C for 20 min, leave to cool.

Cut the pain de gene in a small cacao bean shape and glaze it with the Hazelnut glaze.

Cut three puff pastry with a stencil in the shape of Cacao pod.

Pipe the Nyangbo cremeux around two cut puff chocolate pastry pieces.

Inside one of the pieces, pipe the chocolate caramel mousse and put the glazed chocolate pain de gene.

Inside the other layer pipe chocolate caramel mousse and add in the middle the caramel sauce

Glaze the last cut puff pastry with the chocolate fondant and straight away pipe a thin line of Jivara with a small cornet, chill for 10 mins.

Then cut with a small paring knife to allow filling with the chocolate truffles.

Build the mille feuille, starting with the layer with the pain de gene, followed by the layer with the caramel sauce and finish by the fondant glazed layer. Add the chocolate beans truffle in the middle and the chocolate décor

Enjoy it!