

DESSERTS RECIPE BOOK





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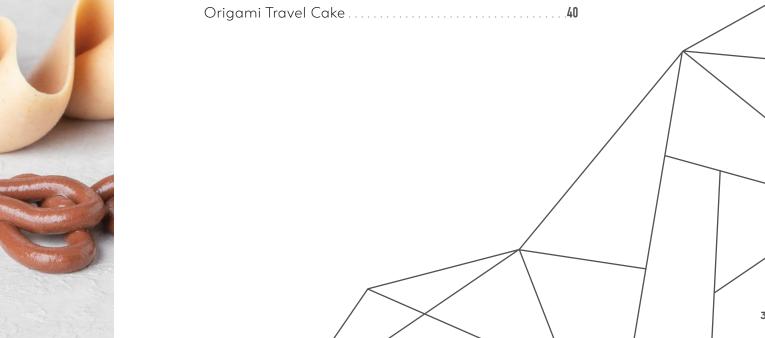


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A complete MARKET SHIFT...

Key Shifts in the Food **Industry**









NATURAL

HEALTHY

ETHICAL

Why are **People Eating Dairy Free?**

Lactose Intolerance • Dairy Allergies • Avoiding Hormones and Antibiotics in Milk Saturated Fat Concerns • Animal Rights • Environmental Concerns • Health Halo Weight Concerns • General Wellbeing • Elimination Diets (Paleo, Whole 30, etc)

Who is Going **Dairy Free?**



are twice as likely to avoid dairy





Gen Z (born 1995-2015) drinks 550% more Dairy Free Milk and uses 667% more coconut oil than any other generation

Most Common Dietary Restrictions











Food Allergy Growth by the Numbers





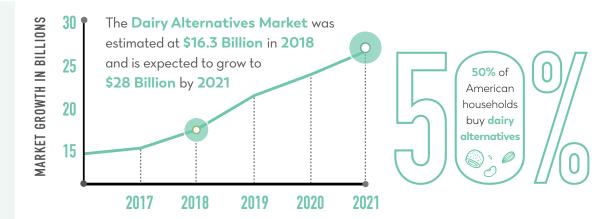


is lactose intolerant

SOURCES Mintel, Cargill, CityAM, FDA, NIH.

NO LONGER just a trend

Dairy Free Market **Potential**







U.S. Milk consumption has decreased by 22% since 2000

12% of people in the U.S. often avoid Dairy

33% of Americans do not regularly consume dairy

U.S. Non-Dairy product sales increased by 61% between 2012-2017

> **39%** of Americans are incorporating more plant-based foods into their diets



Search **Statistics**



Forbes reported that restaurants have seen increased profits after switching to plant-based menus

In 2017, 6% of the US population described themselves as **vegan** (up from 1% in 2014).

There was a 19% growth in **vegan** food ordered through GrubHub in 2017





"Vegan desserts" pins on Pinterest saw a 329% increase in 2017

"Non-dairy" searches went up 222% in 2016 on Instacart

"Vegan" has surpassed "gluten free" in Google searches with a 90% increase in 2016 alone

SOURCES Cargill, Forbes, GrubHub, One Green Planet, Morning Advert, VegNews, Google, Nielsen.

ALTERNATIVE DIETS...

WHAT'S THE DIFFERENCE?

	Diet	DAIRY FREE	LACTOSE FREE	VEGAN	VEGETARIAN
Dis	Key	No consumption of products made with milk or milk derivatives	Avoidance of foods with lactose	No consumption of animal products or byproducts	No consumption of animal products
	Reasons For Diet	Allergy, lactose intolerance, health, environmental concerns, animal rights, dietary concerns	Lactose intolerance: Sensitivity to lactose, an enzyme in milk products	Animal rights, environmental concerns, health concerns	Animal rights, environmental concerns, health concerns
	Dairy Milk		LACTOSE FREE		
Z	Dairy Cream		LACTOSE FREE		
	Dairy Butter				
	Eggs				
	Honey	88 (A)	88 (A)		(A)
	Cheese				000

DAIRY FREE In Pastry

HOW TO REPLACE MILK, CREAM, AND BUTTER IN PASTRY

Butter

The main role of butter in pastry is to provide texture. This versatile fat also helps enhance the other flavors, gives its own flavor, and can create different textures based on its use in different forms (melted, cold, or creamed). Butter can help create tender, flakey, fluffy, and smooth pastry preparations that "melt in your mouth" due to the perfect body temperature melting point. In addition to fat, butter has a significant water content, so adjustments are sometimes necessary when replacing with other fats.









Cocoa Butter Coconut Oil

Vegan Butter/ Vegan Margarine

Dairy Milk

Milk is used in pastry to provide a liquid content which improves the taste of the pastry. It hydrates and gives flexibility to doughs, and generally is not used with chocolate ganache due to its high water content. The liquid content in milk hydrates the protein, starch and leavening agent in baked goods, giving structure, moistness, and helps build texture.







Nut Milks



Other Non-Dairy Milks

Dairy Cream

Cream brings both liquid and fat to pastry preparations, making it a great tool for enhancing flavor, providing texture, and binding ingredients. Cream gives flexibility and strength in ganaches, provides aeration in mousses, and binds and emulsifies ingredients. It also provides shine, smoothness, and great mouthfeel through its high fat content. While replacements can be used to create many of the same textures as dairy cream, there is no perfect substitute to create the same texture as aerated whipped cream.

(gluten free)





(gluten free)





Fat

In recipes made without dairy, often the ingredients used contain more water and less fat than dairy ingredients. When using dairy free ingredients in pastry, it is important to keep this in mind. Emulsifiers and certain types of fats can help provide

the correct stability and texture.

ALTERNATIVE Ingredient Highlights

OAT MILK (GLUTEN FREE)

A dairy free milk alternative which offers a great substitute for dairy milk in pastry. It's mild flavor works well with chocolate compared with other non-dairy milk alternatives. Be sure to select a gluten free oat milk if you are making a gluten free dish.



MIYOKO'S EUROPEAN STYLE CULTURED VEGAN BUTTER

This innovative vegan butter utilizes techniques from traditional cultured dairy butter to create a great flavored and perfectly workable vegan alternative to butter.

The spread is light textured with a hint of the same flavor you get from cultured butter and has a nice, even melt. It has the same workability as butter and is great for use in shortbread doughs amongst other pastry applications.



COCOA BUTTER

A great ingredient for replacing fat in dairy free recipes. It regulates texture and has a higher melting point than other types of fat. It can also be used in certain preparations in place of gelatin to make a recipe vegan.

FABA BUTTER

Faba Butter is an innovation utilizing aquafaba - the viscous liquid leftover from cooking chickpeas - to bind the water, coconut oil, and plant-based liquid oil to create a vegan buttery spread.

This product has similar properties to margarine, a neutral flavor, and good workability in baking applications, especially in almond shortbread.

INULIN

Inulin is a fiber derived from fructose extracted naturally from roots like chicory. It is used as a bulking agent (dry extract) to increase the volume of a preparation in pastry without adding too much fat or sweetness.

COCONUT OIL

A fat ingredient that has almost the same physical properties of butter and a melting point similar to butter.

There are several different types of coconut oil on the market. Refined coconut oil will have the least coconut flavor, and act more neutral for cooking.

NATUR EMUL

A natural emulsifier derived from citrus designed to permit water and fat to link.

In dairy free recipes, the ingredients often contain more water and less fat content than dairy recipes. This natural emulsifier helps link the water and fat, creating greater stability.

PECTIN

Different types of pectin can be used to create jelly or creamy textures with watery ingredients.

Unlike gelatin, pectin is vegan, and comes in different forms that accomplish different textures. Pectin NH or X58 create creamy textures, and Agar Agar creates stiff jelly textures.



Why should my menu accommodate special diets?



Globally, and especially in North America, we've seen an ever increasing number of people with special diets and allergies. This segment is vocal, often spends more, and desires better quality dishes to meet their needs. Traditionally ignored, people with special diets have embraced the companies and establishments who have paid attention to them. It is important to have high quality offerings to meet this growing consumer need

"Everyone knows that the **vegan** chooses where the group eats."

-Dawn Sweeney, National Restaurant Association President

Is this DAIRY FREE?

NOT DAIRY FREE:



MIGHT NOT BE DAIRY FREE:



NON-DAIRY VALRHONA PRODUCTS

ABINAO 85% **ARAGUANI 72%** ANDOA DARK 70% GUANAJA 70% SAKANTI 68% NYANGBO 68% ALPACO 66% CARAÏBE 66% MANJARI 64% TAÏNORI 64% ILLANKA 63% MACAÉ 62%

SATILIA DARK 62% **EXTRA BITTER 61%** ORIADO 60% CARAQUE 56% **ÉQUITORIALE DARK 55%** TROPILIA DARK 53% **EXTRA NOIR 53%** PI25 COEUR DE GUANAJA XOCOLINE DARK 65% STRAWBERRY INSPIRATION **ALMOND INSPIRATION** PASSION FRUIT INSPIRATION 60% HAZELNUT PRALINÉ 60% ALMOND PRALINÉ

50% ALMOND HAZELNUT PRALINÉ 50% CRUNCHY ALMOND HAZELNUT PRALINÉ 50% PECAN PRALINÉ 42% PISTACHIO PRALINÉ EXTRA COCOA PASTE COCOA POWDER COCOA BUTTER DARK CHOCOLATE BATONS XOCOPILI DARK CHOCOLATE CHIPS 60%

DARK CHOCOLATE CHIPS 52% **COCOA NIBS** ABSOLU CRISTAL **NEUTRAL GLAZE**



OUR CHEFS



Philippe Givre L'ÉCOLE VALRHONA EXECUTIVE PASTRY CHEF

With over 25 years of experience working as a Pastry Chef, Philippe Givre has acquired an outstanding understanding of all aspects of the world of pastry. Today, through his position as Executive Pastry Chef in charge of the coordination of knowledge for Valrhona chefs at L'École Valrhona, Philippe leads the team of Valrhona Pastry Chefs, manages classes and various projects outside of L'École, offers technical assistance to chef customers, and ensures the sustainability of the L'École philosophy and teaching values.



Derek Poirier L'ÉCOLE VALRHONA PASTRY CHEF, WEST COAST

Derek Poirier, named one of the 2014 Top 10 Pastry Chefs in America, brings his experience and skills honed in US and Canada's top hotels to his work at Valrhona. He teaches and conducts demonstrations in restaurants, hotels and culinary schools throughout North America. He also develops recipes and teaches master classes attended by an international array of pastry chefs.



Sarah Tibbetts L'ÉCOLE VALRHONA PASTRY CHEF, CENTRAL

A graduate of Culinary Institute of America, Sarah Tibbetts' stellar career includes experience at some of the most renowned restaurants and hotels in the country. Chef Tibbetts joined Valrhona as a l'École Valrhona North American Pastry Chef, through which she conducts classes for professionals, one-on-one culinary consultations and media outreach, communicating the tastes and tales of Valrhona chocolate.



Guillaume Roesz L'ÉCOLE VALRHONA NORTH AMERICA PASTRY CHEF

Guillaume Roesz began his pastry career in Alsace before moving to Paris to work for Maison Ladurée. He went on to open 3 locations for Ladurée in the Middle East before joining L'École Valrhona as the Corporate Pastry Chef for the Middle East, Africa and South Asia. In 2019, Chef Guillaume joined the Valrhona North America Team.



Paul Saiphet L'ÉCOLE VALRHONA ASSISTANT PASTRY CHEF

Paul Saiphet began his career in San Francisco working with Top Chef Alumni, Chef Ryan Scott. He then worked with Chef Yigit Pura at Pâtisserie Tout Sweet, focusing on elegant, French-style desserts. Later, Chef Paul focused on fine dining plated desserts at 2 Michelin Star outposts: Quince and Cotogna. In 2014, Chef Paul joined the l'École Valrhona Brooklyn team lending his skills and talents in support of l'École Valrhona Professional Classes.

ALTERNATIVE BASICS BY VALRE









DARK CHOCOLATE OR ALMOND CRÉMEUX

- 530 g oat milk (gluten free)
- 60 g / 70 g powdered glucose
 - 10 g SOSA Natur Emul
 - * g ALMOND INSPIRATION OR
 - * g VALRHONA COUVERTURE
 - 80 g coconut oil (only if using a Couverture)
- · Heat the oat milk to 77°F (25°C). Add the glucose and Natur Emul and heat to 185°F (85°C).
- · If making a Dark Chocolate Crémeux, melt the coconut oil and mix with the melted couverture.
- · Pour the hot liquid over the couverture in 4 additions, mixing to emulsify.
- · Blend with an immersion blender to perfect the emulsion. Refrigerate overnight.

CONVERSIONS

COUVERTURE.....

310 g

GUANAJA NYANGBO 315 g 330 g

CARAÏBE 340 g

375 g









STRAWBERRY CRÉMEUX

- 450 g strawberry purée
- 150 g water
- 50 g powdered glucose
- 20 g SOSA Inulin
- 50 g sugar
- 6 g SOSA Pectin NH
- 6 g SOSA Natur Emul
- 165 g STRAWBERRY INSPIRATION
- 25 g coconut oil
- 5 g lemon juice

- · Heat the fruit purée and water with the glucose and inulin to around 77-86°F (25-30°C), then add the sugar mixed with the pectin NH and Natur Emul.
- · Slowly heat the mixture to a boil to activate the pectin.
- · Slowly pour this mixture over the melted STRAWBERRY INSPIRATION and coconut oil in several additions.
- · Immediately mix using an immersion blender to make a perfect emulsion.
- · Mix using an immersion blender again and add lemon juice.
- · Leave to crystalize in the refrigerator.





PASSION FRUIT CRÉMEUX

- 300 g passion fruit purée
- 250 g water
 - 75 g powdered glucose
- 30 g SOSA Inulin
- 50 g sugar
- 10 g SOSA Pectin NH
- 10 g SOSA Natur Emul
- 190 g PASSION FRUIT INSPIRATION 60 g VALRHONA COCOA BUTTER
- · Slowly heat the mixture to a boil to activate the pectin.
 - · Slowly pour this mixture over the melted PASSION FRUIT INSPIRATION and COCOA BUTTER in several additions.

· Heat the fruit purée and water with the glucose and inulin to around 77-86°F

(25-30°C), then add the sugar mixed with the pectin NH and Natur Emul.

- · Immediately mix using an immersion blender to make a perfect emulsion.
- · Mix using an immersion blender again and add lemon juice.
- · Leave to crystalize in the refrigerator.









ALTERNATIVE BASICS CONTINUED





ALMOND SHORTBREAD DOUGH

- 360 g vegan butter
 - 6 g salt
- 270 g confectioner's sugar
- 90 g almond flour
- 55 g egg replacer powder
- 125 g water (for egg replacer powder)
- 180 g all-purpose flour
- 525 g high gluten flour

- · Cream the butter with the salt, sugar and almond flour.
- Add the water to the egg replacer powder and let sit several minutes. Then add it to mixture and mix well.
- Add the all-purpose flour first, mix, then add the high gluten flour and mix just until the dough comes together.
- Roll out between two sheets of parchment to 2mm, and freeze until ready to use.









BUCKWHEAT SABLÉ

- 315 g gluten-free flour blend
- 115 g buckwheat flour
- 25 g baking powder
- 8.5 g salt
- 275 g vegan butter
- 240 g sugar
- 30 g egg replacer powder
- 65 g water (for egg replacer powder)
- · Combine all the dry ingredients in a bowl and set aside.
- · Cream the butter with the sugar.
- Add the water to the egg replacer powder and let sit several minutes.
 Then add it to the creamed butter and sugar and mix well.
- · Add the dry ingredients and mix just until the dough comes together.
- Roll out between two sheets of parchment to 2mm, and freeze until ready to use.





SOFT ALMOND BISCUIT

- 280 g egg whites
- 155 g sugar
- 140 g confectioner's sugar
- 140 g almond flour
- 45 g rice flour
- 95 g egg whites

- · Whip the egg whites and slowly add the sugar.
- At the same time, mix together the almond flour, confectioner's sugar, rice flour and the second quantity of egg whites.
- · When the egg whites are whipped, combine the two mixtures.
- · Spread the biscuit out on parchment paper. Bake at 374°F (190°C).





COCONUT CAKE

- 170 g vegan butter
- 200 g sugar
- 190 g eggs
- 120 g coconut milk
- 150 g almond flour
- 70 g coconut flour
- 3 g baking powder

- · Cream the vegan butter with the sugar and then add the eggs one at a time.
- · Mix in the almond flour, coconut flour and baking powder.
- · Add the coconut milk and mix until smooth.
- Bake in a 30x50cm mold at 350°F (177°C) for 25 minutes.
- · When baked, cool and then freeze.

ALTERNATIVE BASICS CONTINUED







ALMOND STREUSEL

- 160 g almond flour
- 160 g raw cane sugar
- 2.5 g fleur de sel
- 140 g rice flour
- 120 g coconut oil
- 35 g water

- · Combine the dry ingredients.
- Combine the melted coconut oil and warm water. Add it to the dry ingredients and mix with the paddle attachment until small pieces form.
- · Set aside in the refrigerator or freezer until ready for baking.
- To bake, spread the streusel evenly on a baking sheet. Bake at 302-320°F (150-160°C) until golden brown.





COCONUT TUILE

- 45 g vegan butter
- 65 g light brown sugar
- 80 g glucose
- 25 g pastry flour
- 90 g dessicated coconut (toasted)
- · Combine the butter, sugar and glucose in a pot and bring to a boil.
- · Pour in a bowl and add the flour and coconut.
- · Bake at 340°F (171°C) until golden brown.
- · Let cool until ready to use.







COCONUT FOAM

- 800 g coconut milk
- 200 g coconut purée
 - 75 g SOSA Pro Espuma Cold
- · Add the defrosted coconut purée to the coconut milk.
- · Mix with the SOSA Pro Espuma Cold. Refrigerate.







CHOCOLATE OAT MILK ICE CREAM

USING ILLANKA 63% COUVERTURE:

- 1180 g oat milk (gluten free)
 - 44 g coconut oil
- 122 g SOSA Inulin
- 96 g sugar
- 120 g powdered glucose
- 40 g invert sugar
- 8 g dairy free sorbet stabilizer
- 390 g ILLANKA 63% COUVERTURE

USING CARAÏBE 66% COUVERTURE:

- 1170 g oat milk (gluten free)
 - 50 g coconut oil
- 125 g SOSA Inulin
- 115 g sugar
- 120 g powdered glucose
- 40 g invert sugar
- 8 g dairy free sorbet stabilizer
- 376 g CARAÏBE 66% COUVERTURE

- · Combine the stabilizer with 10% of the sugar. Set aside.
- · Heat the oat milk in a saucepan. At 77°F (25°C), add the inulin.
- At 86°F (30°C), add the invert sugar, glucose, and sugar. At 104°F (40°C), add the coconut oil. At 113°F (45°C), add the stabilizer and sugar mixture.
- At 140°F (60°C), in 3 additions, add the hot liquid to the couverture, stirring to emulsify.
- Pasteurize at 85°C (185°F) for two minutes before rapidly chilling to 39°F (4°C). Homogenize.
- Chill for 12 hours at 39°F (4°C). Blend and churn between 21°F (-6°C) and 50°F (-10°C). Blast freeze at -22°F (-30°C). Store at -0.4°F (-18°C).



BOUNTIFUL BAR (1966)

ORIGINAL RECIPE BY L'ÉCOLE VALRHONA PASTRY CHEF DEREK POIRIER

MAKES 36 BARS

COCONUT BASE

150 g sugar

75 g water

225 g glucose

300 g dessicated coconut

15 g coconut rum

- Combine the sugar, water, and glucose together in a pot and heat to 228°F (109°C).
- · Place the coconut in a mixing bowl.
- · Once the sugar mixture reaches 228°F (109°C), pour over the coconut.
- · Add the coconut rum to the mixture, and then mix all the ingredients well.
- Pour mixture into a 4mm (34x34cm) ganache frame and allow to set overnight in a cool room.
- · Once set, cut into 11 x 3cm rectangles. Set aside.

PASSION FRUIT MARSHMALLOW

340 g sugar

35 g invert sugar

25 g water

90 g passion fruit purée

25 g SOSA powdered gelatin (220 bloom)

110 g invert sugar

100 g PASSION FRUIT INSPIRATION

- Combine the sugar, water, 35g invert sugar, and passion fruit purée in a pot. Heat to 230°F (110°C).
- · Hydrate the gelatin with 5 times its weight in water.
- $\boldsymbol{\cdot}$ Combine the 110g invert sugar and bloomed gelatin in the bowl of a stand mixer.
- Once the sugar mixture reaches 230°F (110°C), pour it into the bowl with the gelatin, and start mixing on medium speed.
- Melt the PASSION FRUIT INSPIRATION to 113°F (45°C).
- Allow the marshmallow mixture to increase in volume. When it reaches 90°F (32°C), stop the mixer.
- Remove from the mixer, and then fold the PASSION FRUIT INSPIRATION (at a temperature of 95°F [35°C]) into the marshmallow by hand.

ASSEMBLY & FINISHING

- With a plain piping tip, pipe the Passion Fruit Marshmallow onto the prepared Coconut Base rectangles and allow to crystallize overnight in a cool room.
- Enrobe with with your Dairy Free VALRHONA Dark Chocolate of choice, and decorate with grated PASSION FRUIT INSPIRATION
 and coconut.

"I love revisiting the candies I ate as a youngster. This was one of my sister's favorites, with a **modern twist**." -Chef Derek Poirier

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ORIGINAL RECIPE BY **L'ÉCOLE VALRHONA PASTRY CHEF SARAH TIBBETTS**

MAKES 16 PLATED DESSERTS

STRAWBERRY CRÉMEUX

675 g strawberry purée

225 g water

75 g powdered glucose

30 g SOSA Inulin

60 g sugar

9 g SOSA Pectin NH

9 g SOSA Natur Emul

270 g STRAWBERRY INSPIRATION

40 g coconut oil

7.5 g lemon juice

• Heat the fruit purée and water with the glucose and inulin to around 77-86°F (25-30°C), then add the sugar mixed with the pectin NH and Natur Emul.

· Slowly heat the mixture to a boil to activate the pectin.

 Slowly pour this mixture over the melted STRAWBERRY INSPIRATION and coconut oil in several additions.

· Immediately mix using an immersion blender to make a perfect emulsion.

· Mix using an immersion blender again and add lemon juice.

· Pour into molds (Silikomart SF268) and freeze.

BUCKWHEAT SABLÉ

315 g gluten-free flour blend

115 g buckwheat flour

25 g baking powder

8.5 g salt

275 g vegan butter

240 g sugar

30 g egg replacer powder

65 g water (for egg replacer powder)

- · Combine all the dry ingredients in a bowl and set aside.
- · Cream the butter with the sugar.
- Add the water to the egg replacer powder and let sit several minutes. Then add it to the creamed butter and sugar and mix well.
- · Add the dry ingredients and mix just until the dough comes together.
- · Roll out between two sheets of parchment to 2mm, and freeze until ready to use.

RASPBERRY BEET SAUCE

95 g roasted beets (about 2 medium beets)

110 g raspberry purée

9 g lemon juice

115 g ABSOLU CRISTAL NEUTRAL GLAZE

· Roast, cool and peel the beets.

 In a blender or pitcher using an immersion blender, combine all ingredients and blend until smooth. Refrigerate until ready to use.

BERRY BEET "SALAD"

AN raspberries (sliced)

AN strawberries (sliced)

AN beets (roasted and cubed)

AN buckwheat groats (toasted)

AN freeze dried strawberry pieces

- · Combine the sliced berries and beets to be used as garnish on the finished dessert.
- · Use the buckwheat groats and freeze dried strawberries a la minute.

ABSOLU CRISTAL SPRAY GLAZE

1000 g ABSOLU CRISTAL NEUTRAL GLAZE

100 g water

- · Combine the ABSOLU CRISTAL and water, then bring to a boil.
- · Spray immediately using a spray gun with the glaze at 176°F (80°C).

BEET RED CONTINUED

- · Blast freeze the molded Strawberry Crémeux and unmold.
- · Place on a Silpat and spray with the ABSOLU CRISTAL Spray Glaze. Return to the freezer.
- · Cut the Buckwheat Sablé with an 8cm round cutter, then use a 4.5cm cutter to remove the center and create a donut shape.
- Bake the bases on a Silpain-lined perforated sheet pan at 310-315°F (154-157°C) until light golden brown.
- Create décor for garnish by spreading tempered STRAWBERRY INSPIRATION between two rectangular strip guitar sheets.

 Using a bicycle cutter, cut strips on an angle of various widths, then place in a curved tuile mold.
- Once crystalized, remove the guitar sheets and use a paper coronet to pipe thin lines on the end of the décor. Dust with beet powder and set aside.
- · Once the Buckwheat Sablé bases are cooled, place the sprayed Strawberry Crémeux on the base and allow to defrost slightly.
- · On a white place a spoonful of the Raspberry Beet Sauce and spread with a small offset spatula.
- · Place the Strawberry Crémeux with the base on the Sauce, then pipe an additional 20g of Sauce in the center of the ring.
- · Garnish with STRAWBERRY INSPIRATION décor, Berry Beet "Salad", toasted buckwheat and freeze dried strawberry pieces.

"I'm a big fan of vegetables in desserts. The earthy flavor of the beets compliments the sweetness and acidity of the berries, and the buckwheat **ties the flavors together** for a perfect combination of sweet and savory."

-Chef Sarah Tibbetts





BAHAMA MAMA





ORIGINAL RECIPE BY L'ÉCOLE VALRHONA PASTRY CHEF DEREK POIRIER

MAKES 6-8 SERVINGS

DRINK BASE

400 g coconut milk

115 g passion fruit purée

50 g coconut purée

125 g PASSION FRUIT INSPIRATION

75 g white rum

- · Defrost the frozen fruit purées.
- · Melt the PASSION FRUIT INSPIRATION.
- Heat the coconut milk and pour over the PASSION FRUIT INSPIRATION in several additions, stirring to create a proper emulsion.
- · Finish by adding the purées then the white rum.
- · Refrigerate.

COCONUT FOAM

800 g coconut milk

200 g coconut purée

75 g SOSA Pro Espuma Cold

- · Add the defrosted frozen coconut purée to the coconut milk.
- · Mix with the SOSA Pro Espuma Cold. Refrigerate.

ASSEMBLY & FINISHING

- · Pour the Drink Base into your glass of choice.
- · Put the Coconut Foam into a siphon and charge with 2 charges.
- · Deposit the Foam on top of the Drink Base.
- · Finish with a PASSION FRUIT INSPIRATION decoration (optional).

"I was inspired by the **delicate foam** from the crashing waves against the beach, sunset, passion fruit and local rum. This is Bahama Mama."

-Chef Derek Poirier

COCONUT FOAM:

Foam with coconut milk and stabilizer

DRINK BASE:A creamy emulsion with just enough rum

for a kick





ORIGINAL RECIPE BY L'ÉCOLE VALRHONA EXECUTIVE PASTRY CHEF PHILIPPE GIVRE

MAKES 60 BARS

LIME ALMOND PASTE

180 g ALMOND PASTE 55%

4 g lime zest

2.5 g lime juice

- · Add the lime zest directly to the lime juice.
- · Add the juice to the Almond Paste and mix.

PASSION FRUIT VANILLA PÂTE DE FRUIT

325 g passion fruit purée

30 g sugar

7 g SOSA Slow Set Yellow Pectin

295 g sugar

65 g glucose

5 g Citric Acid Solution

5 g lime zest

1.5 ea vanilla bean

- Mix the pectin with the small quantity of sugar. Heat the fruit purée and vanilla to 104°F (40°C), the stir in the pectin and sugar mixture. Add the lime zest.
- · Bring to a boil, then gradually add the remaining sugar.
- Boil again, then add the glucose. Cook to 75° brix or 223°F (106°C).
- · When cooked, add the Citric Acid Solution and pour immediately into a mold.

CITRIC ACID SOLUTION

2.5 g water

2.5 g citric acid

- · Heat the water and incorporate the citric acid.
- · Mix and allow to dissolve.

ITAKUJA WATER BASE FRAMED GANACHE

175 g water

135 g invert sugar*

590 g ITAKUJA 55% COUVERTURE

- · Bring the water to a boil with the glucose.
- · Gradually pour onto the melted ITAKUJA 55% couverture, stirring to emulsify.
- · Process with an immersion blender to perfect the emulsion. Pour into a frame.
- * For a less sweet ganache, substitute with the same quantity of glucose DE60.

COCONUT TUILE

45 g vegan butter

65 g light brown sugar

80 g glucose

25 g gluten-free flour blend

90 g dessicated coconut (toasted)

- · Combine the butter, sugar and glucose in a pot and bring to a boil.
- · Pour in a bowl and add the flour and coconut.
- · Bake at 340°F (171°C) until golden brown.
- · Let cool until ready to use.

- · Spread the Lime Almond Paste out to a thickness of 2mm into a 34 x 34cm frame.
- · Immediately pour the Pate de Fruit over the Lime Almond Paste in the frame, to a height of 4mm. Let cool at room temperature.
- · Pour the ITAKUJA Ganache over the chilled frame to a height of 6mm.
- · Leave to set in a cool place for several hours at 63°F (17°C) and 60% relative humidity, so that it can be easily cut.
- · Coat with dark chocolate couverture, then cut into strips 22.5mm wide. Cut the strips into 8cm slices.
- · After baking, cut the Coconut Tuile in half sphere shapes, and insert into the ganache after making an incision with a warm knife.
- · Enrobe with with your Dairy Free VALRHONA Dark Chocolate of choice and let crystallize.



VERDE NATURE







ORIGINAL RECIPE BY L'ÉCOLE VALRHONA EXECUTIVE PASTRY CHEF PHILIPPE GIVRE

MAKES 20 PLATED DESSERTS

ALMOND INSPIRATION CRÉMEUX

860 g oat milk (gluten free)

100 g powdered glucose

15 g SOSA Natur Emul

730 g ALMOND INSPIRATION

- Heat the oat milk to 77°F (25°C). Add the glucose and Natur Emul and heat to 185°F (85°C).
- Pour the hot liquid over the melted couverture in 4 additions, mixing to form an emulsion.
- · Blend with an immersion blender for several minutes to perfect the emulsion.
- · Let set in refrigerator overnight.

ALMOND STREUSEL

160 g almond flour

160 g raw cane sugar

2.5 g fleur de sel

140 g rice flour

120 g coconut oil

35 g water

- · Combine the dry ingredients.
- · Melt the coconut oil and add the warm water.
- Pour the coconut oil and water into the dry ingredients in the bowl of a stand mixer fitted with a paddle attachment.
- · Mix until the mixture forms small pieces. Stop mixing.
- $\boldsymbol{\cdot}$ Set aside in the refrigerator or freezer until ready for baking.
- * To bake, spread the streusel evenly on a baking sheet, and bake at 302-320°F (150-160°C) until golden brown.

ALMOND INSPIRATION COATED STREUSEL

270 g Almond Streusel

135 g ALMOND INSPIRATION

- · After the streusel is baked and cooled, process it into a coarse, ground texture.
- · Mix it with the melted ALMOND INSPIRATION.
- · Use immediately or let set at room temperature.

APPLE CELERY GINGER JELLY

335 g granny smith apple juice

150 g celery juice

15 g fresh ginger juice

30 g lime juice

110 g ABSOLU CRISTAL NEUTRAL GLAZE

40 g SOSA Gelcrem Cold

- · Prep all the fresh juice with a juicer.
- Scale and mix all of the juices, then add the ABSOLU CRISTAL and blend with an immersion blender.
- · Gradually add the Gelcrem Cold and finish mixing with an immersion blender.
- · Let set for 15-20 minutes in the refrigerator and use immediately.

APPLE CELERY GINGER COMPOTE

495 g Apple Celery Ginger Jelly

165 g celery

290 g granny smith apple

- · Peel and cut the green apple and the celery in mini cubes (like a brunoise).
- · Combine the cubed apple and celery and add the Apple Celery Ginger Jelly.
- · Use immediately.

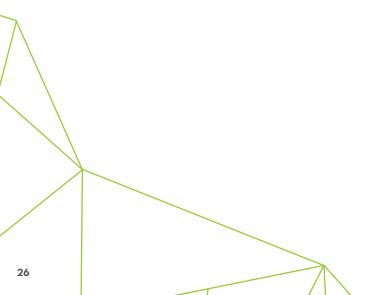
VERDE NATURE CONTINUED

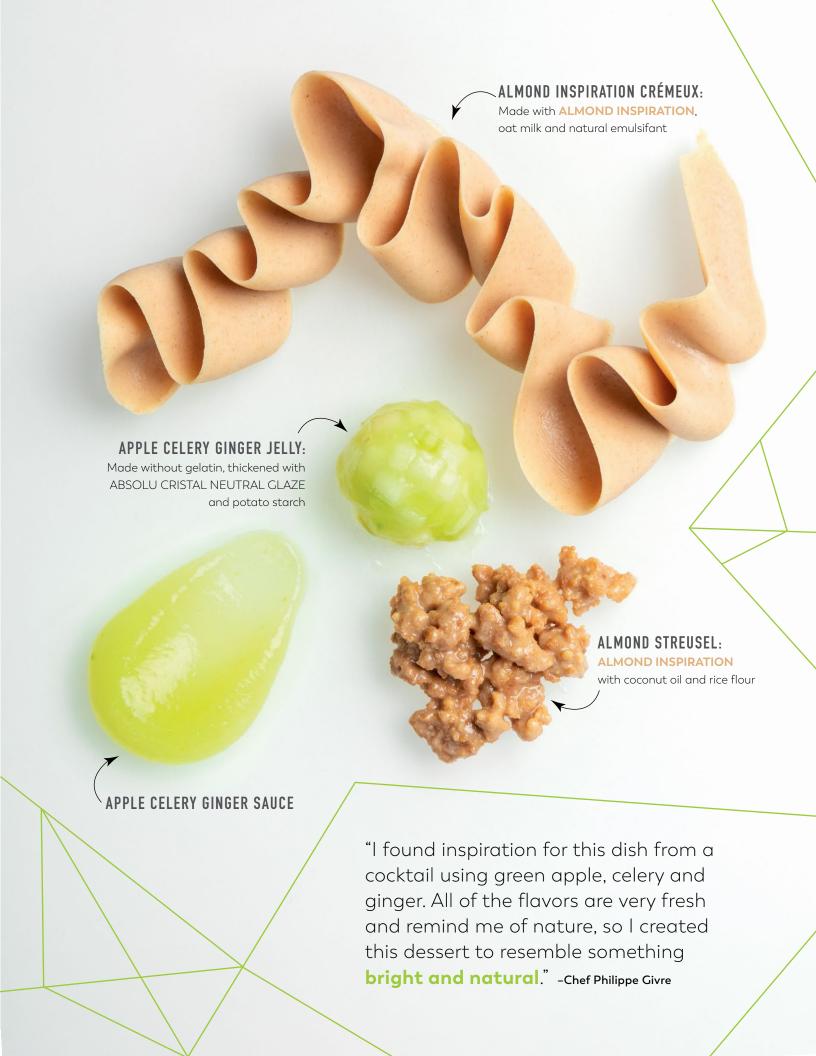
APPLE CELERY GINGER SAUCE

175 g Apple Celery Ginger Jelly75 g granny smith apple juice

- Use the base of apple celery ginger jelly and add the green apple juice to obtain the desired consistency.
- · Blend to combine.

- · Set aside a portion of the Almond Streusel and roll it out between parchment paper to a thickness of 2.5mm.
- Let chill in the refrigerator and cut 3cm discs (3 per plate). Bake at 302°F (150°C).
- · When the Compote is ready, spoon into 2.5cm half sphere silicon molds and freeze. Reserve a portion for plating.
- On a long plate, pipe the Crémeux (using a special petal piping tip) in a wavy line (see picture), and with a large round tip, also pipe 3 drops of Crémeux.
- · With a spoon, add the Coated Streusel and the reserved Apple Celery Ginger Compote.
- · On top of the Crémeux drops, place a disc of Streusel.
- · Unmold the half spheres of Compote, and let defrost several minutes before plating.
- · Place the half spheres of Compote on the Streusel discs and finish decorating with Apple Celery Ginger Sauce.







TROPIC of CAPRICORN



ORIGINAL RECIPE BY L'ÉCOLE VALRHONA PASTRY CHEF SARAH TIBBETTS

MAKES 20 TARTLETS

PASSION & COCONUT CRÉMEUX

300 g passion fruit purée

250 g coconut purée

75 g powdered glucose

50 g sugar

8 g SOSA Pectin NH

10 g SOSA Natur Emul

190 g PASSION FRUIT INSPIRATION

20 g coconut oil

- In a pot, heat the purées to 77°F (25°C) and add the glucose mixed with the sugar, pectin and Natur Emul. Bring to a boil.
- · In a bowl, melt the PASSION FRUIT INSPIRATION and add the coconut oil.
- Pour the hot liquid over the melted couverture in 4 additions, mixing well after each, to create a proper emulsion.
- · Process with an immersion blender. Use warm or chill until ready to use.

ALMOND SHORTBREAD DOUGH

360 g vegan butter

6 g salt

270 g confectioner's sugar

90 g almond flour

55 g egg replacer powder

125 g water (for egg replacer powder)

180 g all-purpose flour

525 a high gluten flour

- · Cream the butter with the salt, sugar and almond flour.
- Add the water to the egg replacer powder and let sit several minutes. Then add it to mixture and mix well.
- Add the all-purpose flour first, mix, then add the high gluten flour and mix just until the dough comes together.
- · Roll out between two sheets of parchment to 2mm, and freeze until ready to use.

COCONUT CARAMEL

125 g sugar

80 g glucose

205 g coconut cream

65 g PASSION FRUIT INSPIRATION

- In a pot, heat the glucose and slowly add the sugar to create a dry caramel.
- · Cook to medium amber, remove from the heat and add the hot coconut cream.
- · Return to the heat and cook over medium heat until all the sugar is melted.
- Cool slightly before adding the PASSION FRUIT INSPIRATION. Immersion blend until smooth.
- $\boldsymbol{\cdot}$ $\,$ Use warm or chill until ready to use.

COCONUT TUILE

45 g vegan butter

65 g light brown sugar

80 g glucose

25 g all-purpose flour

90 g desiccated coconut

- · Combine the butter, sugar and glucose in a pot and bring to a boil.
- · Pour in a bowl and add the flour and coconut.
- Place 5g of batter in a mold (Fleximold 2269) and bake at 340°F (171°C) until golden brown.
- Cool slightly, remove from the mold and immediately place on a curved tuile mold. Let cool until ready to use.

GARNISH

AN toasted coconut chips

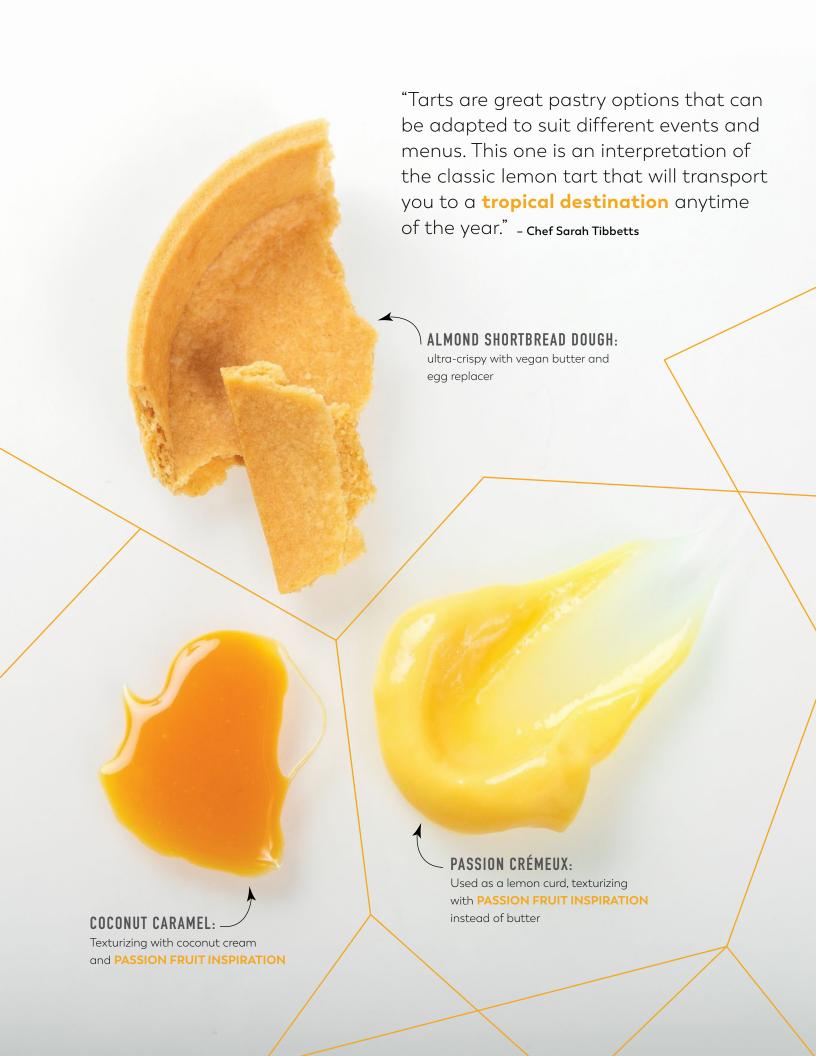
AN lime zest

AN PASSION FRUIT INSPIRATION décor

TROPIC OF CAPRICORN CONTINUED

- Line 7cm tart rings with the Almond Shortbread Dough and bake at 154-157°C (310-315°F) on a Silpain-lined perforated sheet pan until golden brown.
- To make the décor, spread tempered PASSION FRUIT INSPIRATION between two rectangular strips of guitar sheets and cut 5cm rounds with a cutter. Place in a curved tuile mold and allow to crystalize before removing the strips of guitar sheets.
- · Once the tart shell is baked and cooled, warm the Coconut Caramel slightly, then pipe 20g evenly into the bottom of the tart.
- · Place in the freezer briefly to set.
- · Warm the Passion Crémeux until warm but not liquid, and pipe on top of the Caramel to fill the shell (around 35g).
- · Chill the tart to set.
- · Garnish with a Coconut Tuile, a PASSION FRUIT INSPIRATION décor round, toasted coconut chips and lime zest before serving.







ILLANKA INTENSE ICF CREAM CUP



ORIGINAL RECIPE BY L'ÉCOLE VALRHONA EXECUTIVE PASTRY CHEF PHILIPPE GIVRE MAKES 20 CUPS

ILLANKA OAT MILK ICE CREAM

1180 g oat milk (gluten free)

44 a coconut oil

122 g SOSA Inulin

96 g sugar

120 g powdered glucose

40 g invert sugar

8 g dairy free sorbet stabilizer

390 g ILLANKA 63% COUVERTURE

- · Combine the stabilizer with 10% of the sugar. Set aside.
- · Heat the oat milk in a saucepan. At 77°F (25°C), add the inulin.
- At 86°F (30°C), add the invert sugar, glucose, and sugar. At 104°F (40°C), add the coconut oil. At 45°C (113°F), add the stabilizer and sugar mixture.
- At 140°F (60°C), in 3 additions, add the hot liquid to the couverture, stirring to emulsify.
- Pasteurize at 85°C (185°F) for two minutes before rapidly chilling to 39°F (4°C). Homogenize.
- Chill for 12 hours at 39°F (4°C). Blend and churn between 21°F (-6°C) and 50°F (-10°C). Blast freeze at -22°F (-30°C). Store at -0.4°F (-18°C).

ILLANKA CHOCOLATE CRÉMEUX

185 g oat milk (gluten free)

25 g powdered glucose

3.5 g SOSA Natur Emul

125 g ILLANKA 63% COUVERTURE

25 g coconut oil

- Heat the oat milk to 77°F (25°C). Add the glucose and Natur Emul and heat to 185°F (85°C).
- · Melt the coconut oil and mix with the melted ILLANKA 63% couverture.
- Pour the hot liquid in 4 additions over the melted couverture and stir to form an emulsion.
- ${\boldsymbol{\cdot}}$ Blend with an immersion blender to perfect the emulsion.
- · Let set in refrigerator overnight.

COCONUT PASSION CARAMEL SAUCE

100 g sugar

80 g glucose

175 g coconut purée

55 g PASSION FRUIT INSPIRATION

- · Heat the coconut purée in the microwave.
- In a pot, heat the glucose and slowly add the sugar to create a dry caramel.
- Cook to medium amber, remove from the heat and add the hot coconut purée.
- Return to the heat and cook over medium heat until all the sugar is melted.
- · Cool slightly before adding the PASSION FRUIT INSPIRATION.
- · Immersion blend until smooth. Use warm or chill until ready to use.

ILLANKA INTENSE ICE CREAM CUP CONTINUED

ALMOND STREUSEL

100 g almond flour

100 g raw cane sugar

1.5 g fleur de sel

90 g rice flour

75 g coconut oil

25 g water

- · Combine the dry ingredients.
- · Melt the coconut oil and add the warm water.
- Pour the coconut oil and water into the dry ingredients in the bowl of a stand mixer fitted with a paddle attachment.
- · Mix until the mixture forms small pieces. Stop mixing.
- · Set aside in the refrigerator or freezer until ready for baking.
- To bake, spread the streusel evenly on a baking sheet, and bake at 302-320°F (150-160°C) until golden brown.

ALMOND INSPIRATION COATED STREUSEL

235 g Almond Streusel

120 g ALMOND INSPIRATION

- After the streusel is baked and cooled, process it into a course, ground texture.
- · Mix it with the melted ALMOND INSPIRATION.
- · Use immediately or let set at room temperature.

LIME AND ORANGE MERINGUE

6.5 g SOSA powdered gelatin (220 bloom)

75 g sugar

90 g water

30 g lime juice

50 g orange juice

0.6 g citric acid

- · Soak the gelatin in 5 times its weight of cold water.
- · Make a syrup with the water and sugar, bringing it to a boil.
- · Stir in the lime juice and orange juice and gelatin.
- · Bring back to a boil.
- · Add the citric acid and blend with an immersion blender.
- · Store overnight in the refrigerator until set.
- Whip the set syrup in a stand mixer fitted with the whisk attachment for around 40-45 minutes until it reaches the texture of a foamy mousse.

- Use a piping bag to pipe tempered ILLANKA 63% couverture in a small oval on a guitar sheet, then pipe a small line coming down from the oval. Let crystalize.
- Process COCOA NIBS to obtain a fine powder. Once the chocolate pieces have set, brush the oval tops with melted COCOA BUTTER and dust liberally with the cocoa nib powder. Set aside.
- · Place some ALMOND INSPIRATION Coated Streusel in the bottom of a plate.
- · Pipe a thin line of Chocolate Crémeux.
- Make 2 scoops of Ice Cream and place them on top of the Streusel.
- · Pipe more interlaced lines of Chocolate Crémeux on top.
- · Decorate with the Caramel Sauce.
- · Make a small cloud of the Lime and Orange Meringue with a spoon. Store in the freezer or used immediately.
- · Decorate with Meringue and Chocolate Decorations before serving.















ORIGINAL RECIPE BY **L'ÉCOLE VALRHONA PASTRY CHEF SARAH TIBBETTS**

MAKES 30 BARS

GUANAJA CRÉMEUX

965 g oat milk (gluten free)

125 g powdered glucose

20 g SOSA Natur Emul

575 g GUANAJA 70% COUVERTURE

145 g coconut oil

- Heat the oat milk to 77°F (25°C). Add the glucose and Natur Emul and heat to 185°F (85°C).
- Melt the coconut oil and mix with the melted GUANAJA 70% couverture.
- Pour the hot liquid over the couverture in 4 additions, mixing to emulsify.
- Blend with an immersion blender to perfect the emulsion. Refrigerate overnight.

ALMOND CRÉMEUX

530 g oat milk (gluten free)

60 g powdered glucose

10 g SOSA Natur Emul

450 g ALMOND INSPIRATION

- Heat the oat milk to 77°F (25°C). Add the glucose and Natur Emul and heat to 185°F (85°C).
- Pour the hot liquid over the melted ALMOND INSPIRATION in 4 additions, mixing to emulsify.
- Blend with an immersion blender to perfect the emulsion. Refrigerate overnight.

COCOA CRUMBLE

100 g gluten-free flour blend

50 g COCOA POWDER

90 g almond flour

70 g confectioner's sugar

100 g vegan butter

30 g almond oil

30 g GUANAJA 70% COUVERTURE

- · Combine the dry ingredients in the bowl of a stand mixer.
- Add the cubed vegan butter at room temperature and mix until the dough begins to come together but is still crumbly.
- Spread on a parchment-lined perforated sheet pan and bake at 315°F (157°C) until fully cooked.
- · Cool and place in the bowl of a food processor.
- Add the almond oil and melted GUANAJA 70% couverture and pulse until just combined.
- Roll out the mixture between two sheets of parchment paper to 11x12in.
- · Chill in the refrigerator until ready to use.

CRUNCHY PRALINÉ

75 g GUANAJA 70% COUVERTURE

250 g 60% ALMOND PRALINÉ

50 g almond butter

115 g slivered almonds

- · Toast and chop the slivered almonds.
- Melt the GUANAJA 70% couverture and then combine all of the ingredients.
- Use the mixture at around 72-73°F (22-23°C) and spread out evenly on top of the Cocoa Crumble layer. Place in the freezer to set before cutting.

DY-NO-MITE BAR CONTINUED

COCOA NIB GLAZE

1350 g GUANAJA 70% COUVERTURE 270 g almond oil 135 g COCOA NIBS

- · Melt the GUANAJA 70% couverture.
- · Add the almond oil and COCOA NIBS.
- · Use the glaze at 95°F (35°C).

- Remove the layered Cocoa Crumble and Crunchy Praliné base from the freezer and let warm slightly before cutting. Cut into 12x1.5cm rectangles.
- Separate on a Silpat-lined tray, then using a large round tip, pipe the cold Almond Crémeux on top, smoothing the ends with a hot knife.
- Return the inserts to the freezer. Warm the GUANAJA Crémeux just until liquid but not hot. Pour 50g of GUANAJA Crémeux into a mold (Silikomart SF247) then place the frozen insert inside, making sure the insert is flush with the opening of the mold and the Crémeux is evenly distributed. Repeat with all the inserts, then blast freeze before unmolding.
- Unmold the bars and place on a glazing rack. Heat the Cocoa Nib Glaze to 95°F (35°C) and evenly coat the frozen bars. Place in a covered container and allow to thaw in the refrigerator before serving.







ORIGAMI TRAVEL CAKE

ORIGINAL RECIPE BY L'ÉCOLE VALRHONA EXECUTIVE PASTRY CHEF PHILIPPE GIVRE

MAKES 5 CAKES

SOFT ALMOND BISCUIT

280 g egg whites

155 g sugar

140 g confectioner's sugar

140 g almond flour

45 g rice flour

95 g egg whites

- · Whip the egg whites and slowly add the sugar.
- At the same time, mix together the almond flour, confectioner's sugar, rice flour and the second quantity of eggs whites.
- · When the eggs whites are whipped, combine with the second mixture.
- · Spread the biscuit on parchment paper.
- Bake at 374°F (190°C).

ALMOND SHORTBREAD

180 g vegan butter

3 g salt

135 g confectioner's sugar

45 g almond flour

30 g egg replacer powder

65 g water (for egg replacer powder)

350 g gluten-free flour blend

- · Cream the butter with the salt, sugar and almond flour.
- Add the water to the egg replacer powder and let sit several minutes. Then add it to mixture and mix well.
- · Add the gluten-free flour and mix just until the dough comes together.
- Roll out between two sheets of parchment to 2mm, and freeze until ready to use.

STRAWBERRY INSPIRATION LIGHT PRESSED SHORTBREAD

420 g Almond Shortbread

170 g STRAWBERRY INSPIRATION

7.5 g lemon zest

- Break the Almond Shortbread into pieces in a food processor, then incorporate the melted STRAWBERRY INSPIRATION and add the lemon zest.
- · Store in the refrigerator or use immediately.

STRAWBERRY CRÉMEUX

595 g strawberry purée

200 g water

65 g powdered glucose

25 g SOSA Inulin

65 g sugar

8 g SOSA Pectin NH

8 a SOSA Natur Emul

220 g STRAWBERRY INSPIRATION

30 g coconut oil

6.5 g lemon juice

- Heat the fruit purée and water with the glucose and inulin to around 77-86°F (25-30°C), then add the sugar mixed with the pectin NH and Natur Emul.
- · Slowly heat the mixture to a boil to activate the pectin.
- Slowly pour this mixture over the melted STRAWBERRY INSPIRATION and coconut oil in several additions.
- · Immediately mix using an immersion blender to make a perfect emulsion.
- · Mix using an immersion blender again and add lemon juice.
- · Leave to crystalize in the refrigerator.

CRUNCHY STRAWBERRY INSPIRATION GLAZE

295 g STRAWBERRY INSPIRATION

60 g grapeseed oil

45 g chopped roasted almonds

- Melt the STRAWBERRY INSPIRATION at 95°F (35°C).
- Mix with the grapeseed oil and add the chopped roasted almonds.
- Use at 86-95°F (30-35°C).

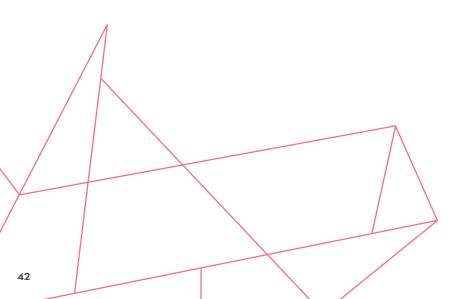
ORIGAMI TRAVEL CAKE CONTINUED

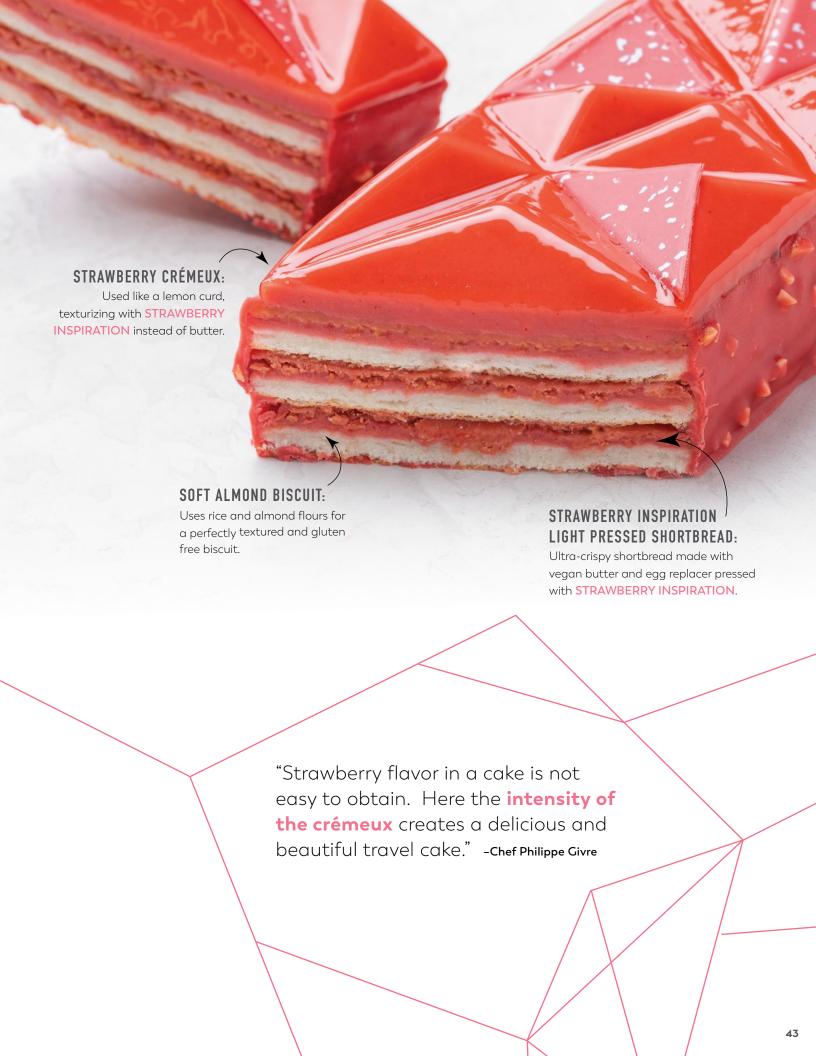
ABSOLU CRISTAL SPRAY GLAZE

15 g water

135 g ABSOLU CRISTAL NEUTRAL GLAZE • Bring the ABSOLU CRISTAL to a boil with the water, and spray at 176°F (80°C).

- · Spread 560g of Strawberry Crémeux on top of the Soft Almond Biscuit. Mold the remaining Crémeux (around 100g per mold) in Pavoni mold (TOP03).
- · After mixing all ingredients for the Pressed Shortbread, spread it out between two sheets of parchment paper, the same size as the Crémeux-topped Biscuit. Let crystalize in the freezer for several minutes to more easily remove the paper.
- · After removing the paper, place the fine layer of Pressed Shortbread on top of the Crémeux.
- · Cut the Biscuit in 3 strips of 21cm and stack them on top of each other. Store in the freezer before cutting.
- · Cut in strips of 21cm x I7cm.
- Prep the Crunchy Glaze and use at 86-95°F (30-35°C).
- · Place two wooden sticks into the cake and dip it into the Crunchy Glaze. Let crystalize in the refrigerator.
- · Unmold the Crémeux and spray with hot Spray Glaze.
- · Place the molded Crémeux decoration on the top of each cake and decorate with a few triangles of STRAWBERRY INSPIRATION.









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