

## Guanaja & Jivara chocolate duo

# **HALF-SPHERES**

RECIPE CREATED BY VALRHONA'S ÉCOLE GOURMET

To be made the day before: JIVARA 40% crémeux GUANAJA 70% whipped ganache To be made on the day: Puffed rice and quinoa GUANAJA 70% moulded shell Required utensils:

4cm-diameter round cutter 6cm-diameter half-spheres Strainer 2 piping bags 5-mm plain round nozzle

#### MAKES SIX INDIVIDUAL DESSERTS

#### PUFFED RICE AND QUINOA

Preparation time: 15 minutes Leave to sit for: at least 2 hours

> 120g GUANAJA 70% 70g 50% almond & hazelnut nutty

praliné 50g Puffed rice 40g Puffed quinoa

## Melt the **GUANAJA 70%** chocolate and the **50% almond &** hazelnut nutty praliné.

Incorporate the puffed rice and quinoa, then mix everything together. Spread the mixture between two sheets of baking paper, about 1.5cm thick. Refrigerate for at least 2 hours to set.

Cut out 6 discs, 4cm in diameter, using a round cutter.

#### GUANAJA 70% CHOCOLATE MOULDED SHELL

Preparation time: 30 minutes

250g GUANAJA 70%

#### Temper the GUANAJA 70% couverture.

For tempering, melt the chocolate in a bain-marie. Stir and check the temperature regularly. Remove the bowl from the bain-marie when the chocolate reaches a temperature of  $120/130^{\circ}$ F (50/55°C).

Place the bowl of chocolate into a cold water bath. Stir and bring the chocolate down to a temperature of about  $95^{\circ}F(35^{\circ}C)$ .

Remove the chocolate from the cold water bath and continue stirring to bring the chocolate to a temperature of 82/84°F (28/29°C).

Place the chocolate bowl on the bain-marie, but not for too long to avoid overheating it. Bring the temperature back up to  $88/90^{\circ}$ F ( $31/32^{\circ}$ C), then mould the 6cm diameter half-spheres. Leave to set in a warm, dry room, between 60 and 65°F (16 and 18°C) (similar to the temperature of a wine cellar). Turn out the spheres, taking care to touch them as little as possible. If the chocolate has been tempered well, tap the mould with one sharp blow on the worktop to easily remove the chocolate spheres from their mould. Otherwise, place the moulds in the refrigerator for about 10 minutes, and then turn them out.

#### JIVARA 40% CRÉMEUX

Preparation time: 15 minutes Leave to sit for: 12 hours

> 200g Whole milk 400g Cold whipping cream 35% 350g **JIVARA 40%** 5g Gelatine

Soak the gelatine in a large quantity of cold water for about 20 minutes.

Melt the **JIVARA 40%** chocolate at 45/50°C (115/120°C). Bring the milk to the boil and add the wrung-out gelatine. Strain.

Gradually pour the hot milk over the melted chocolate, so as to obtain an elastic and shiny texture, the sign that an emulsion has begun to form.

Mix using a hand blender to perfect the emulsion. Add the cold cream. Mix for a few seconds using a hand blender.

Seal the surface of the crémeux with clingfilm, before letting it set in the refrigerator overnight.

#### GUANAJA 70% WHIPPED GANACHE

Preparation time: 15 minutes Leave to sit for: at least 3 hours

- 110g Whipping cream 35%
- 10g Acacia honey
- 90g GUANAJA 70%

220g Cold whipping cream 35%

Chop the GUANAJA 70% chocolate.

Pour the cream and honey into a saucepan and boil. Slowly pour the cream and boiling honey mixture over the **GUANAJA 70%** chocolate, mixing in the centre using a spatula to create an elastic, shiny texture, the sign that an emulsion has begun to form. Maintain this texture throughout the mixing process.

Continue adding the liquid little by little. Mix a final time, and set aside.

Mix together the ganache base with the cold cream. Allow to set in the refrigerator for a minimum of 3 hours, before whipping the mixture to obtain a thick enough texture for the ganache to be used in a piping bag.

#### ASSEMBLY

18g Caramelised hazelnuts

Place a moulded shell onto each disc of puffed crispy rice and quinoa. If necessary, get it to stick using a little stiff **JIVARA 40%** crémeux. Using a piping bag, pipe out 70g of **JIVARA 40%** crémeux into each **GUANAJA 70%** shell.

Beat the **GUANAJA 70%** ganache using a stand mixer. Using another piping bag with a plain round nozzle, pipe out 70g of **GUANAJA 70%** whipped ganache over the crémeux, forming a flower, then pipe out a sphere of **JIVARA 40%** crémeux into the centre to form the flower's middle. Sprinkle with caramelised hazelnut pieces.

## Chef's Tip

It is easier to temper a large amount of chocolate (500g or more). The surplus may be used at a later date. Mix things up by changing the colour of the chocolate for your half-sphere moulds. Use dark, milk, blonde, or white chocolate, or one of our Inspiration couvertures, recipes made with cocoa butter and fruit.

### Nutrition tip

At the assembly stage, replace the caramelised hazelnut pieces with other caramelised nuts of your choice: almonds, pistachios, cashew nuts, pecans, or even cocoa nibs!

