Little Andoa choux buns



LITTLE ANDOA **CHOUX BUNS** An original l'École Gourmet Valabona recipe

CHOUX PASTRY

160g Water 160g Wh 150g But 4q Fin 8g Cas 1q Pov 180g T11 220g Ego 54g Gol 45g Cho

A pinch Pearl sugar

CHOUX PASTRY

Bring the milk, Mater, Batter, Sagar, Salt and Varina to the Bon.
Remove from the heat and add the flour. Then, return to the heat and dry out the dough a little, using a spatula.
Put the dough in a food processor to finish drying out and
leave to cool.
Beat the eggs and gradually incorporate into the dough.
Add the golden flax seeds and the ground hazelnuts when almost entirely mixed in.
Using a piping bag fitted with a n°12 nozzle, pipe the choux
onto a baking tray, making sure that they are all the same size.
Sprinkle pearl sugar onto each choux.
Bake in a fan-assisted oven at 355°F (180°C) for approx.
20 minutes.

ANDOA LAIT 39% WHIPPED GANACHE

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810g Whipping cream 35% (225g + 585g)

- 25q Glucose
- 25g Acacia honey

310g ANDOA LAIT 39% chocolate

Heat 225g of cream with the honey and glucose. Gradually combine with the melted ANDOA LAIT 39%. Mix using a hand blender, adding 585g of cold cream. Leave in the fridge for at least 3 hours before using.

Bring the milk, water, butter, sugar, salt and vanilla to the boil.