# METEORITES



#### MAKES 12 PIECES

#### **VANILLA AND RUM BRIOCHE**

Sourdough starter	230g
Live yeast	3.5g
Bread flour	210g
Sugar	
Salt	
Thick crème fraîche	
Eggs	_
Sugar	
European-style butter	
NOROHY organic bourbon vanilla extract	
Dark rum	

**Put** the sourdough starter, yeast, flour, sugar, salt, thick crème fraiche and eggs in the bowl of a stand mixer.

Use a dough hook to **knead** the mixture for 3 minutes at low speed, then on a slightly higher speed for 5 minutes.

Gradually **add in** the sugar, followed by the butter. **Finish** off by adding the vanilla extract and rum. **Stop** mixing the dough when it is 75°F (24°C). **Leave** it to rise for 2 hours.

**Knock** it back and leave it at 40°F (4°C) for 12 hours.

## **SOURDOUGH STARTER**

Strong flour	140g
Whole milk	_
Live yeast	_

**Mix** the flour, cold milk and yeast using the paddle attachment of a stand mixer. **Leave** to rise at room temperature for 3 hours.

## **ALMOND MACAROON**

Extra fine blanched almond flour	30g
Sugar	50g
Cornstarch	
Sunflower oil	4g
Egg whites	

Combine all the ingredients together.



#### **ESSENTIAL ALMOND STREUSEL**

Brown sugar	.45g
Extra fine blanched almond flour	_
All-purpose flour	.45g
European-style butter	.45g

**Mix** the brown sugar, almond flour, flour, butter and salt using the paddle attachment in a stand mixer until it forms into small balls.

**Spread** the streusel out evenly on a silicone-coated baking mat.

Bake at 320°F (160°C).

## **ASSEMBLY AND FINISHING**

**Make** the almond macaroon and the almond crumble mix and bake the latter at 300°F (150°C) for 10 minutes. **Shape** the dough into twelve 60g brioches.

**Roll** the brioches into balls and place them in a 7.7cm-diameter, 2cm-deep micro-perforated flexible mold (ref. Demarle SF1675).

Leave to rise at 80°F (27°C) for 3 hours.

Leave at 40°F (4°C) for 10 minutes.

Use a piping bag (with no nozzle) to **pipe** 10g of almond macaroon all over the brioche and sprinkle on 12g of almond crumble.

Bake at 355°F (180°C) for 10 minutes.

**Leave** to cool and sprinkle on some icing sugar or snow sugar.

This recipe is brought to you by:

