©

The Essentials
valựiona
 origins, natural goodness and reduced food waste are some of the issues raised by professionals and increasing numbers of committed enthusiasts.

Striving for excellence can include searching for greater meaning in everything we do, which is why gastronomy is also becoming more concerned about and respectful of the planet.

This kind of awareness is developing and becoming more and more refined, and it is set to make a wholehearted contribution to our positive impact on everything from sourcing to tasting.

In the world of pastry-making, this shift is certainly more recent, but no less powerful. At Valrhona, these beliefs are part of our DNA, and with you at our side, we see them become stronger every day. Having been faithful advocates of handcrafted skills for many years, we love to demonstrate that it is possible to look after people's health and the environment without compromising on taste and conviviality.

Together, as flavor artists, let's continue to live out and share our strong values rooted in our passion for chocolate.
The Galnhona Tearn
 Campuses, Laboratory Kitchens and an online program.

From Tain l'Hermitage to Brooklyn via Tokyo and now even in the heart of Paris, L'École offers outstanding training courses in which flavor professionals can develop their talent and learn from one another, pushing the limits of creativity!

L'École Valrhona and its pastry chefs have also set up a network of Laboratory Kitchens in Europe and Asia to guide you on your journey towards your unique creative identity, wherever you might be in the world. These local kitchens offer workshops and training in key skills, so everyone can expand their chocolate education.

Strengthened by its diversity, L'École Valrhona enables flavor creatives to learn and gather new experiences so that, together, we can imagine the best of chocolate.


This booklet aims to enrich your expertise
 we can imagine the best of chocolate.

You can find portraits and learn more about the backgrounds of our pastry chefs and passionate instructors at valrhona.com


L'École Valrhona
V Valrhona Laboratory Kitchens

- Pastry chef on site

More than 35 PASTRY CHEFS


Pastry-making has always been synonymous with generosity. The ingredients have evolved but the common denominator has always been abundance.

To maintain this level of excellence today, pastry-making's story needs to be not just rewritten but reimagined. Health and nutrition are now central concerns for the public. It is up to us to start our new chapter with a promise - a promise to retain only the essentials when we do our work.

So that we can embody these beliefs, several years ago Frédéric Beau started reflecting on the theme of "Reasonable Indulgence". This modern, bold approach dares to deconstruct and shake up our preconceived ideas about indulgence.

With the support of our Research \& Development departments and nutrition specialists, Valrhona has embodied and explored the concept of Reasonable Indulgence in everything it does since 2015, firm in the belief that a dessert should be beautiful, delicious and healthy. This subtle alchemy favors delicacy and restraint.

However, Reasonable Indulgence isn't about banning things - it is about reflecting on them more effectively. Butter and sugar, for example, are no longer essential unless they serve a demonstrable purpose. All the thinking around Reasonable Indulgence touches on taste, technique and optimal use of ingredients.

The main challenge is unlearning techniques, actions and reflexes that have been repeated and passed down for generations so that we can boost awareness and conceptualize new conventions. These key factors will make it possible to push the limits of creativity so that we all eat more healthily, while our pastries retain all their emotional and gustatory impact and excellence!


Over time, "The Essentials" has become the leading reference guide for all pastry chefs and chocolatiers. We remain as determined as ever to keep developing this collection of pastry techniques so that we can share them with you. Challenging yourself and pushing limits so that we can offer more ethical, perfectly balanced recipes is in L'École Valrhona's DNA.

Several generations of us pastry chefs have graduated from the Écoles Valrhona, and we're proud to have contributed to the development and promotion of this wonderful series. Each of us appreciates how important it is in your day-to-day life. We are developing it once again with a sense of rigor and awareness.

These recipes have emerged out of a close collaboration between chefs at L'École Valrhona and Valrhona's Research \& Development department, the former bringing their pastry-making expertise and the latter their scientific knowledge.
"The Essentials" are part of the trend for using good ingredients to treat consumers to something special so that you can explore your creativity and expand your range of pastries, desserts and chocolates.

We hope that this new edition will be everything you want it to be and that it will help you to continue to ensure that "good becomes better".

We present this new edition of "The Essentials" in which basic recipes that have reached iconic status, such as whipped ganache or chocolate crémeux, are each meticulously reworked using criteria inspired by the Reasonable Indulgence concept.

The team of chaffs
at LEar de various



METHOD \& CRITERIA

## Reworking "The Essentials"

 is a constant challenge.A true kitchen companion for thousands of chefs and restaurateurs around the world, "The Essentials" is a collection of perfectly quantified basic recipes for all Valrhona's products.

This edition has done in-depth research to create and rework recipes using Reasonable Indulgence criteria.

CRITERIA FOR REASONABLE INDULGENCE

- Improve nutritional composition
(calories, fats, sugars)
- Maintain or improve tastes and textures

CHARACTERISTICS FOR
"THE ESSENTIALS"

Limited number of ingredients
Ingredients that are available worldwide

- Uncomplicated recipes
- Recipes that can be used by all gastronomy professions

EXAMPLE
GUANAJA WHIPPED GANACHE


This has helped new techniques to emerge.
In addition to working on the choice of ingredients and their proportions,
we also reconsidered recipes' different steps so that we can analyze them in their totality.

 Ken


Gluten


Eggs


Storing


Nuts


Peanuts


Lactose


Sugar-free

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## Sponȯes <br> doughs ஞ่ bases



## EGG WHITES

We recommend you beat your egg whites at room temperature and at a medium speed.

## FLOURS

There are $\mathbf{2}$ different types of flour:
Bread flour
Use this when you need a strong gluten to bind your product together. When kneaded, this flour forms a dough that can hold the fermented gases that help it rise.

All-purpose flour
This is used in all kinds of sponges as well as any doughs that don't require kneading or fermentation.

## BUTTERS

In cake recipes, clarified liquid butter offers better softness and storage. For our recipes, we use butter $84 \%$ for its plasticity. It can be replaced with $82 \%$ fat butter.

## BAKING

All baking temperatures are for fan-assisted ovens. Increase the temperature by about $70^{\circ} \mathrm{F}\left(20^{\circ} \mathrm{C}\right)$ if you are using a deck oven.

The temperatures and baking times vary depending on the sponge's thickness (thick sponge bakes for longer but at a lower temperature).

To make baking as even as possible, use perforated aluminum trays for sponges and perforated silicone sheets for shortcrust pastry.

All shortcrust pastry is baked at $300^{\circ} \mathrm{F}\left(150^{\circ} \mathrm{C}\right)$ to make sure it cooks evenly right to the middle.
1.1 NUT-BASED SPONGE

150g Hazelnut flour, almond flour, etc
190 g Egg yolks
135g Caster sugar
230 g Egg whites
85 g Caster sugar
130g All-purpose flour
85 g Butter 84\%
Roast the nut flour at $300^{\circ} \mathrm{F}\left(150^{\circ} \mathrm{C}\right)$ for approx.
15 minutes (optional).
Beat the yolks and the larger portion of sugar.
Whisk the egg whites while gradually adding the smaller portion
of sugar.
Mix part of the whipped egg whites with the yolks and sugar.
Incorporate the sifted dry ingredients, the rest of the beaten
whites and, finally, the melted butter at $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$.

Roast the nut flour at $300^{\circ} \mathrm{F}\left(150^{\circ} \mathrm{C}\right)$ for approx.
15 minutes (optional).
the yolks and the larger portion of sugar.
In a mold, ring or
on a baking sheet at $340-375^{\circ} \mathrm{F}$
$\left(170-190^{\circ} \mathrm{C}\right)$
1000 g to 2400 g
for a $40 \times 60 \mathrm{~cm}$ mold.
1.2 FLOURLESS CHOCOLATE SPONGE

Baking

| 95 g | Butter 84\% |
| ---: | :--- |
| 400 g | Egg whites |
| 130 g | Caster sugar or <br> maltitol (if using |
|  | XOCOLINE 65\% |

Melt the chocolate and butter at $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$.
Whisk the egg whites while gradually adding the sugar.
Fold the yolks gently into the beaten whites and add them into On a baking sheet at $355^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$ the melted chocolate and butter mixture heated to $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$.

600 g to 1000 g
for a $40 \times 60 \mathrm{~cm}$ mold.

DARKCHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉOUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{3 5 0 g}$ | $\mathbf{4 2 0 g}$ | $\mathbf{4 0 0 g}$ | $\mathbf{3 8 5 g}$ | $\mathbf{4 2 0 g}$ | $\mathbf{4 5 5 g}$ | $\mathbf{4 4 0 g}$ | $\mathbf{4 4 0 g}$ |
| $\mathbf{G U A N A J A}$ | ILLANKA | KOMUNTU | $\mathbf{M A C A E ́}$ | MANJARI | $\mathbf{N Y A N G B O}$ | $\mathbf{~ O R I A D O ~}$ | SATILIA <br> DARK |
| $\mathbf{3 9 5 g}$ | $\mathbf{4 5 5 g}$ | $\mathbf{3 5 0 g}$ | $\mathbf{4 4 0 g}$ | $\mathbf{4 3 0 g}$ | $\mathbf{4 1 0 g}$ | $\mathbf{4 3 0 g}$ | $\mathbf{4 4 0 g}$ |


| TAÏNORI | XOCOLINE |
| :---: | :---: |
| $\mathbf{4 3 0 g}$ | $\mathbf{4 0 0 g}$ |

1.3 FLOURLESS CHOCOLATE \& ALMOND SPONGE

200g 50\%, 55\% or 70\% Provençal almond paste
100 g Egg yolks
120 g Butter 84\%
500 g Egg whites
170g Caster sugar

Using the flat beater in a mixer, soften the almond paste by gradually adding in the yolks.
Make the mixture smooth, but don't incorporate any air bubbles. Incorporate the melted butter and chocolate at approx. $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$. At the same time, whisk the egg whites while gradually adding the caster sugar.
Fold in a few stiffened whites to soften the mixture, then gently fold in the remainder.

On a baking sheet at $355-375^{\circ} \mathrm{F}$
$\left(180-190^{\circ} \mathrm{C}\right)$
700 g to 750 g
for a $40 \times 60 \mathrm{~cm}$ mold.

DARKCHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{1 7 5 g}$ | $\mathbf{2 1 0 g}$ | $\mathbf{2 0 0 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{2 1 0 g}$ | $\mathbf{2 2 5 g}$ | $\mathbf{2 2 0 g}$ | $\mathbf{2 2 0 g}$ |  |
| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | MILLOT | NYANGBO | ORIADO | SATILIA <br> DARK |
| $\mathbf{2 0 0 g}$ | $\mathbf{2 2 5 g}$ | $\mathbf{1 7 5 g}$ | $\mathbf{2 2 0 g}$ | $\mathbf{2 1 5 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{2 0 5 g}$ | $\mathbf{2 1 5 g}$ | $\mathbf{2 2 0 g}$ |

TAÏNORI
$215 g$

360 g Egg whites
Whisk the egg whites while gradually adding the caster sugar.
Baking
220 g Caster sugar
200g Egg yolks Gently incorporate the beaten egg yolks into the whites,

125 g Cornstarch
65g Cocoa powder
65 g All-purpose flour
then add the sifted dry ingredients.
On a baking sheet
Before baking, sprinkle your biscuits with sugar once, then again 5 minutes later to create an attractive pearly finish.
or piped out at $390^{\circ} \mathrm{F}\left(200^{\circ} \mathrm{C}\right)$.
650 g to 750 g
for a $40 \times 60 \mathrm{~cm}$ mold.
If you want your ladyfingers plain, swap the cocoa powder for all-purpose flour.
1.5 CHOCOLATE LADYFINGER

| 360 g | Egg whites | Beat the whites while adding the powdered egg whites and caster | Baking |
| ---: | :--- | :--- | ---: |
| 8 g | Powdered egg whites | sugar mixture quickly. | - |
| 125 g | Caster sugar | Gently fold in the yolks. | On a baking sheet |
| 200 g | Egg yolks | Take out a small portion of your mixture and use it to thin out the | or piped out at $355-375^{\circ} \mathrm{F}$ |
| 90 g | Butter $84 \%$ | chocolate and butter, which you have melted together | $\left(180-190^{\circ} \mathrm{C}\right)$. |
| 40 g | Cocoa powder | at $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$. | 650 g to 750 g |
| 65 g | All-purpose flour | Combine the two preparations, then add the sifted dry ingredients. | for a $40 \times 60 \mathrm{~cm} \mathrm{mold}$. |
| 60 g | Cornstarch | Spread or pipe out the mixture. |  |

DARKCHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAOUE | ÉOUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{1 7 0 g}$ | $\mathbf{2 0 5 g}$ | $\mathbf{1 9 5} \mathbf{g}$ | $\mathbf{1 9 0 g}$ | $\mathbf{2 0 5 g}$ | $\mathbf{2 2 0 g}$ | $\mathbf{2 1 5 g}$ | $\mathbf{2 1 5 g}$ |
| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADO | SATILIA <br> DARK |
| $\mathbf{1 9 0 g}$ | $\mathbf{2 2 0 g}$ | $\mathbf{1 7 0 g}$ | $\mathbf{2 1 5 g}$ | $\mathbf{2 1 0 g}$ | $\mathbf{2 0 0 g}$ | $\mathbf{2 1 0 g}$ | $\mathbf{2 1 5 g}$ |

TAÏNORI

210g
1.6 EMMANUEL SPONGE

| 370 g | Whole eggs | Mix the eggs and invert sugar using a paddle attachment in a stand | Baking |
| ---: | :--- | :--- | ---: |
| 195 g | Invert sugar | mixer or in a food processor. | - |
| 370 g | All-purpose flour | Add the sifted dry ingredients, fleur de sel, milk and the melted | In a mold, ring or |
| 180 g | Confectioners' sugar | butter at a temperature of $115-120^{\circ} \mathrm{F}\left(45-48^{\circ} \mathrm{C}\right)$. | on a baking sheet at $340-390^{\circ} \mathrm{F}$ |
| 15 g | Baking powder | Leave to rest overnight before use. | $\left(170-200^{\circ} \mathrm{C}\right)$. |
| 4 g | Fleur de sel |  | 600 g to 2400 g |
| 75 g | Whole milk | Butter's melting temperature is important because if it is too hot, | for a $40 \times 60 \mathrm{~cm} \mathrm{mold}$. |
| 300 g | Butter $84 \%$ | it will activate the baking powder in the dough, causing it to stop |  |
|  |  | working during the baking process. |  |


| 195 g | Whole eggs | Whisk together the eggs, almond flour and confectioners' sugar |
| :--- | :--- | :--- |
| 120 g | Almond flour | Whisk the egg whites while gradually adding the caster sugar. |
| 120 g | Confectioners' sugar | Mix some stiffened egg whites into the first mixture. |
| 155 g | Egg whites | Sift together the flour and cocoa powder and add them in, |
| 40 g | Caster sugar | followed by the rest of the whites, and finish with the melted |
| 40 g | All-purpose flour | butter heated to $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$. |

### 1.8 SOFT CHOCOLATE SPONGE

400g Egg whites
Whisk the egg whites while gradually adding the caster sugar.
Baking
220 g Caster sugar or maltitol (if using Add the egg yolks to the melted chocolate and butter at $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$.

In a mold, frame or
200 g Egg yolks
220 g Butter 84\%
$70 \mathrm{~g} \quad$ All-purpose flour
Incorporate a small amount of beaten egg whites to make the mixture more liquid, followed by the remaining egg whites and
( $170-190^{\circ} \mathrm{C}$ ).
600 g to 2400 g

DARKCHOCOLATES

| ABINAO | ALPACO | ANDOA DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE DARK | EXTRA BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 385g | 460g | 440g | 425g | 460g | 495g | 485g | 485g |
| GUANAJA | ILLANKA | KOMUNTU | J MACAÉ | MANJARI | NYANGBO | ORIADO | SATILIA DARK |
| 435g | 495g | 385g | 485g | 470g | 450g | 470g | 485g |
| TAİNORI | XOCOLINE |  |  |  |  |  |  |
| 470g | 440g |  |  |  |  |  |  |

### 1.9 ALMOND SPONGE

| 360 g | Almond flour | Using a Robot-Coupe blender, mix the almond flour, the larger |
| :--- | :--- | :--- |
| 290 g | Caster sugar | portion of sugar and the eggs. Whisk. |
| 530 g | Whole eggs | Once it is at approx. $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$, add the tempered butter. |
| 145 g | Butter $84 \%$ | Whisk the egg whites while gradually adding the smaller portion |
| 115 g | Egg whites | of sugar. |
| 70 g | Caster sugar | Gently combine these two mixtures. |

- The almond flour can be replaced with other nut flours. It is also possible to start this recipe using whole nuts.

430g 50\%, 55\% or 70\%
Using the flat beater in a mixer, mix the almond paste with the first portion of sugar, then soften it by gradually incorporating paste
130g Caster sugar the yolks and eggs

210g Egg yolks
150g Whole eggs Beat until a ribbon forms.
on a baking sheet at $340-390^{\circ} \mathrm{F}$
Whisk the egg whites while gradually adding the second portion
250g Egg whites
130g Caster sugar
100 g P125 CGUR DE GUANAJA
100 g Butter $84 \%$
100 g All-purpose flour of sugar.

600 g to 2400 g
Mix a small portion of the stiffened whites with the chocolate and butter melted at $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$.
Add the mixture of almond paste, eggs, egg yolks and sugar. Incorporate the sifted flour and finish off with the rest of the beaten egg whites.

> You can soften your almond paste in the microwave to make it easier
to incorporate your eggs.

## VIENNESE SPONGE

| 90 g | Egg yolks | Using a whisk, beat the yolks, eggs and larger portion of sugar. | Baking |
| :---: | :---: | :---: | :---: |
| 240 g | Whole eggs | Whisk the egg whites while gradually adding the smaller portion |  |
| 185g | Caster sugar | of sugar. | On a baking sheet at $390-430^{\circ} \mathrm{F}$ |
| 150g | Egg whites | Mix the whisked whites with the other mixture and finally add | $\left(200-220^{\circ} \mathrm{C}\right)$. |
| 60 g | Caster sugar | the sifted flour. | 600 g to 800g |
| 120g | All-purpose flour |  | for a $40 \times 60 \mathrm{~cm}$ mold. |

This sponge is very supple and rolls up perfectly (for example in rolled Yule logs)

### 1.12 P125 CGUR DE GUANAJA CHOCOLATE GÉNOISE SPONGE

Using the whisk attachment in a food processor, whisk the eggs
100 g Caster sugar into the sugar and salt
Melt the P125 Cœur de Guanaja chocolate and the oil
In a mold, ring or
2 g Fine salt
200g P125 CGUR at $130^{\circ} \mathrm{F}\left(55^{\circ} \mathrm{C}\right)$.
et at $355-375^{\circ} \mathrm{F}$
Add the egg whites and warmed cream and blend them together
$\left(180-190^{\circ} \mathrm{C}\right)$ until they are emulsified and a ganache forms

750 g to 2000 g
80 g Grape seed oil
Use a spatula to gently fold the beaten eggs into the ganache, then add the sifted flour.
100 g Cream 35\%

| 500g | Whole eggs |
| :---: | :---: |
| 150 g | Invert sugar |
| 250g | Caster sugar |
| 150g | Almond flour |
| 240g | All-purpose flour |
| 50g | Cocoa powder |
| 15 g | Baking powder |
| 240g | Cream 35\% |
| 100g | Chocolate liqueur (optional) |

DARK CHOCOLATES


| 1.15 NUT DACQUOISE | On a baking sheet |
| :--- | :--- |
| 115 g | All-purpose flour |$\quad$| Sift the flour with the nut flour and confectioners' sugar. |
| :--- |
| 340 g |
| Almond flour, |
| hazelnut flour, etc. |$\quad$| Beat the whites while adding the powdered egg whites |
| :--- |
| and sugar mixture quickly. |

### 1.16 COCOA OR PLAIN MACARONS

Cook the larger portion of sugar and water at $245^{\circ} \mathrm{F}\left(118^{\circ} \mathrm{C}\right)$,

| 300g | Caster sugar | Cook the larger portion of sugar and water at $245^{\circ} \mathrm{F}\left(118^{\circ} \mathrm{C}\right)$, | Baking |
| :---: | :---: | :---: | :---: |
| 100 g | Water | then combine with your first portion of egg whites whipped |  |
| 110 g | Egg whites | together with the smaller portion of caster sugar. | Leave it to form a crust for approx. |
| 40 g | Caster sugar | Whisk until almost completely cooled. | 15 minutes then bake at $285^{\circ} \mathrm{F}$ |
| 250g | Almond flour | Sift together the almond flour, confectioners' sugar and cocoa | $\left(140^{\circ} \mathrm{C}\right.$ ). |
| 300g | Confectioners' sugar | powder. |  |
| 50g | Cocoa powder or almond flour | Mix the dry ingredients with the second portion of unbeaten whites, then incorporate the meringue. |  |
| 110g | Egg whites | Use a soft spatula to crush and mix your preparation until it has a smooth, shiny texture and a ribbon forms. Pipe out onto a silicone sheet or some parchment paper. |  |

[^0]| 500 g | Whole eggs | Mix the eggs and sugar and add the butter and chocolate mixture | Baking |
| :--- | :--- | :--- | ---: |
| 300 g | Caster sugar | melted at $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$, followed by the sifted flour. | - |
| 300 g | Butter $84 \%$ | Store in the refrigerator for at least 12 hours. | In a stainless |
| 130 g | All-purpose flour | Line some stainless-steel rings with baking paper, then fill them <br> three-quarters full with mixture. | steel ring at $375^{\circ} \mathrm{F}\left(190^{\circ} \mathrm{C}\right)$ |
|  |  | for 7 to 9 minutes. |  |

DARKCHOCOLATES

| ABINAO | ALPACO | ANDOA DARK | ARAGUANI | CARAİBE C | CARAQUE É | ÉOUATORIALE DARK | EXTRA BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 285g | 340g | 325g | 315g | 340g | 370g | 360g | 360g |
| GUANAJA | ILLANKA | KOMUNTU | U MACAÉ | MANJARI | NYANGBO | ORIADO | SATILIA DARK |
| 320g | 370g | 285g | 360g | 350g | 3309 | 350g | 360g |

TAÏNORI

350g
1.18 PAIN DE XAVIER

| 560 g | Whole eggs | Mix together the eggs, egg yolks, invert sugar and glucose syrup. | Baking |
| :--- | :--- | :--- | :--- |
| 240 g | Egg yolks | Heat in a bain-marie at $130-140^{\circ} \mathrm{F}\left(55-60^{\circ} \mathrm{C}\right)$, then beat with | the whisk attachment in a food processor. |$\quad$ In a mold or ring at $320^{\circ} \mathrm{F}\left(160^{\circ} \mathrm{C}\right)$

> This sponge can be included in your desserts, but if you store it at room temperature, it also makes for a good treat on the go. Before you bake the cake, it is possible to sprinkle the bottom of the frame or mold with various ingredients (such as nuts, dried
> fruit or granulated sugar).

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{4 1 5 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{4 7 0 g}$ | $\mathbf{4 6 0 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{5 4 0 g}$ | $\mathbf{5 2 5 g}$ | $\mathbf{5 2 5 g}$ |


| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADOSATILIA <br> DARK |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{4 7 0 g}$ | $\mathbf{5 4 0 g}$ | $\mathbf{4 1 5 g}$ | $\mathbf{5 2 5 g}$ | $\mathbf{5 1 0 g}$ | $\mathbf{4 9 0 g}$ | $\mathbf{5 1 0 g}$ | $\mathbf{5 2 5 g}$ |

## TAÏNOR

510 g

### 1.19 PAIN DE GÊNES

$320 \mathrm{~g} 50 \%, 55 \%$ or $70 \%$ Provençal almond paste
315 g Whole eggs
100g Butter 84\%
60 g All-purpose flour
$4 g$

Gradually add the eggs to give your almond paste a more liquid consistency.
Beat until a ribbon forms.
Mix part of your beaten mixture with the melted butter at $120^{\circ} \mathrm{F}$

You can soften your almond paste in the microwave to make it easier to incorporate the eggs.

## CHOCOLATE SOUFFLÉ

| 300g | Whole milk | Mix a small portion of the milk with the cornstarch. Set aside. | Baking |
| :---: | :---: | :---: | :---: |
| 20 g | Cornstarch | Heat the remaining milk to $185-195^{\circ} \mathrm{F}\left(85-90^{\circ} \mathrm{C}\right)$. |  |
| 200g | Egg whites | Pour part of the hot milk over the milk-starch mixture. | At $375{ }^{\circ} \mathrm{F}\left(190^{\circ} \mathrm{C}\right)$ |
| 80 g | Caster sugar or | Put everything back in the pan and bring to a boil. | for 6-7 minutes, |
|  | maltitol (if using XOCOLINE 65\%) | Add the egg yolks. | depending on the size. |
| 60g | Egg yolks | Slowly combine the warm mixture with the partially melted |  |
| 60 g | Egg yolks | chocolate to make an emulsion using a spatula. |  |
|  |  | Immediately mix to make a perfect emulsion. |  |
|  |  | Whisk the egg whites while gradually adding the sugar. |  |
|  |  | Add some of the beaten egg whites to your first mixture. |  |
|  |  | Finish off with the remaining egg whites. |  |
|  |  | Pour your mixture into greased ramekins which you have sprinkled with sugar, then smooth away any excess. |  |

Before you bake them, store your soufflés in the refrigerator for a few hours (or for a few days in the freezer).

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE DARK | EXTRA DARK |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 265g | 315g | 300g | 290g | 315g | 340g | 330g | 405g |
| GUANAJA | ILLANKA | KOMUNT | U MACAÉ | MANJAR | NYANGBO | 0 ORIADO | SATILIA DARK |
| 295g | 340g | 265g | 3309 | 325g | 305g | 325g | 330g |


| P125 CGEUR <br> DE GUANAJA | TAÏNORI | XOCOLINE |
| :---: | :---: | :---: |
| $\mathbf{2 2 0 g}$ | $\mathbf{3 2 5} \mathbf{g}$ | $\mathbf{3 0 0 g}$ |


| 500 g | Bread flour |
| ---: | :--- |
| 400 g | Whole eggs |
| 8 g | Fine salt |
| 40 g | Live yeast |
| 125 g | Caster sugar |
| 300 g | Butter $84 \%$ |

Use a dough hook in a mixer to knead the flour, eggs, salt and
Baking
400 g Whole eggs
yeast until the dough comes away from the sides of the bowl.
Gradually add in the sugar, followed by the butter.
At $390^{\circ} \mathrm{F}\left(200^{\circ} \mathrm{C}\right)$
40 g Live yeast
Put the dough in the molds.
Leave to rest at $79^{\circ} \mathrm{F}\left(26^{\circ} \mathrm{C}\right)$.
for a few minutes,

300g Butter 84\%

## BRIOCHE DOUGH

| 500 g | Bread flour | Basic mixing temperature: $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$. |
| ---: | :--- | :--- |
| $\mathbf{2 5 0 g}$ | Whole eggs | Using a kneader, mix together all the ingredients except |
| 50 g | Whole milk | the butter and sugar. |
| 50 g | Caster sugar | Knead for 5 minutes at the lowest speed, then 7 minutes at the |
| 10 g | Fine salt | next highest speed, and gradually incorporate the butter and sugar. |
| 12 g | Live yeast | Knead at the lowest speed until the dough comes away from |
| 300 g | Butter $84 \%$ | the sides of the bowl and it starts to take in air. <br> Leave to rise at room temperature for 2 hours. <br>  |
|  | Fold and flatten the dough, then cover it with plastic wrap and <br> store it in the refrigerator at $35^{\circ} \mathrm{F}\left(2^{\circ} \mathrm{C}\right)$ for at least 12 hours. <br> Weigh out, shape, and glaze. <br> Leave to rest at $79^{\circ} \mathrm{F}\left(26^{\circ} \mathrm{C}\right)$, then glaze it again. | At $320-355^{\circ} \mathrm{F}\left(160-180^{\circ} \mathrm{C}\right)$. |

1.23 CHOUX DOUGH



| 500g | Bread flour | Basic mixing temperature: $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$. | Baking |
| :---: | :---: | :---: | :---: |
| 12 g | Fine salt | Mix all the ingredients (except the butter 84\%) at your mixer's |  |
| 60 g | Caster sugar | lowest speed. | At $340^{\circ} \mathrm{F}\left(170^{\circ} \mathrm{C}\right)$. |
| 15g | Invert sugar | Knead the dough for 8-10 minutes at the second lowest speed |  |
| 20g | Live yeast | in a food processor until it starts to take on air. |  |
| 100g | Butter 84\% | Leave to rise in a ball for 15 minutes at room temperature. |  |
| 240g | Whole milk | Shape the dough into a rectangle and cover it with plastic wrap, |  |
| 250g | Butter 84\% | then store it in the refrigerator at $35^{\circ} \mathrm{F}\left(2^{\circ} \mathrm{C}\right)$ for at least 12 hours. |  |
|  | (tourage) | Leave it in the freezer for 15 minutes before adding the butter 84\%. |  |
|  |  | Fold using a book turn, followed by a single fold. |  |
|  |  | Leave to rest for 30 minutes in the refrigerator at $35^{\circ} \mathrm{F}\left(2^{\circ} \mathrm{C}\right)$. |  |
|  |  | Spread it out to a depth of 3.5 mm using a pastry roller and cut it |  |
|  |  | into triangles. Shape and glaze the triangles. |  |
|  |  | Leave to rest at $79^{\circ} \mathrm{F}\left(26^{\circ} \mathrm{C}\right)$, then glaze it again. |  |

80g Butter 84\%
Mix the creamed butter and raw cane sugar using the flat beater of a food processor.
55 g Whole eggs Incorporate the eggs, followed by the flour and baking powder
(which you have sifted together in advance).
Add the chopped and roasted pecans, then the dark chocolate pearls.
150 g Pecans Store in the refrigerator.
150g Dark chocolate pearls

### 1.26 PUFF PASTRY DOUGH

Baking
500g All-purpose flour

Using a dough hook, mix together all the ingredients except
10 g Fine salt the butter $84 \%$.
260 g Water
25 g Butter $84 \%$
Preform the dough into a rectangular shape, cover it with plastic
At $340-390^{\circ} \mathrm{F}\left(170-200^{\circ} \mathrm{C}\right)$

250g Butter 84\%
wrap, and then store in the refrigerator for at least 12 hours. Incorporate the butter 84\%.
Give the dough 5 single folds, leaving it to rest in the refrigerator for at least 4 hours between each fold.

Use the flat beater in a food processor to mix the dry ingredients in to create a homogeneous paste
240 g Butter 84\%
100 g Whole eggs
50g Cocoa powder or all-purpose flour

To make a plain almond shortcrust pastry, use all-purpose flour instead of cocoa powder

| $\mathbf{2 0 0 g}$ | P125 CGUR | Using the flat beater in a food processor, mix the cold cubed | butter until it has a soft and fluffy creamed texture. |
| ---: | :--- | :--- | :--- |$\quad$ Baking

Make sure the chocolate and butter mixture is the right temperature so the preparation retains its malleability.

| 160 g | Egg yolks | Mix the yolks and sugar using the flat beater in a food processor. | Baking |
| ---: | :--- | :--- | :--- |
| 320 g | Caster sugar | Add the creamed butter, then sift together the flour, baking | - |
| 320 g | Butter $84 \%$ | powder and salt and add them in. | At $300^{\circ} \mathrm{F}\left(150^{\circ} \mathrm{C}\right)$. |
| 450 g | All-purpose flour | Store in the refrigerator or spread out immediately. |  |
| 15 g | Baking powder |  |  |
| 4 g | Fine salt |  |  |

## Doughs

1.30 COCOA OR PLAIN STREUSEL

150g Raw cane sugar 150g Almond flour

1 g Fine salt
125 g All-purpose flour
25g Cocoa powder or all-purpose flour 150 g Butter 84\%

Using the flat beater in a food processor, mix the dry ingredients with the cold cubed butter until they take on a crumbly, grainy texture.

To make a plain streusel, use all-purpose flour instead of cocoa powder

## Bases

### 1.31 CHOCOLATE OR PLAIN FRANGIPANE CREAM

600g
55\% or 70\%
Provençal almond paste
300g
75 g Almond flou
12 g Vanilla bean
300g Butter 84\%
30 g Cornstarch
300 g Crème pâtissière (see Recipe 2.1 on p. 29 = crème pâtissière)

Using the flat beater in a mixer, soften the almond paste by gradually adding in the eggs. Add the almond flour, vanilla and creamed butter.
Add the cornstarch, the tempered crème pâtissière and finally the melted couverture at $95-105^{\circ} \mathrm{F}\left(35-40^{\circ} \mathrm{C}\right)$.
Store the mixture in the refrigerator or use immediately.

You can soften your almond paste in the microwave to make it
easier to incorporate your eggs.
Add chocolate chips or pearls for an even more intense chocolate
flavor and to add an extra dash of texture.
Don't use chocolate if you want to make a plain frangipane cream

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{1 6 0 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{1 8 5 g}$ | $\mathbf{1 8 0 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{2 1 0 g}$ | $\mathbf{2 0 5 g}$ | $\mathbf{2 0 5 g}$ |
| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADO | SATILIA <br> DARK |
| $\mathbf{1 8 5 g}$ | $\mathbf{2 1 0 g}$ | $\mathbf{1 6 0 g}$ | $\mathbf{2 0 5 g}$ | $\mathbf{2 0 0 g}$ | $\mathbf{1 9 0 g}$ | $\mathbf{2 0 0 g}$ | $\mathbf{2 0 5 g}$ |

TAİNORI
200g

| 250 g | Egg whites | Whisk the egg whites while gradually adding the caster sugar. |
| :--- | :--- | :--- |
| 200 g | Caster sugar | Once the egg whites have been thoroughly beaten, incorporate |
| 200 g | Confectioners' sugar | the sifted confectioners' sugar. |
|  |  | Pipe the mixture out. | At | At $185-195^{\circ} \mathrm{F}\left(85-90^{\circ} \mathrm{C}\right)$ for |
| :--- |
| approx. 2 hours, |

1.33 P125 CUR DE GUANAJA FRENCH MERINGUE

| $\mathbf{4 0 0 g}$ | Egg whites | Whisk the egg whites while gradually adding the caster sugar． |
| :--- | :--- | :--- |
| $\mathbf{4 0 0 g}$ | Caster sugar | Once they have stiffened，add the sifted confectioners＇sugar，then |
| $\mathbf{4 0 0 g}$ | Confectioners＇sugar | the P125 Cœur de Guanaja melted at approx． $115-120^{\circ} \mathrm{F}\left(45-50^{\circ} \mathrm{C}\right)$. |

## 1．34 SWISS MERINGUE

In a mixing bowl in a bain－marie，mix the whites and sugar at a
temperature of up to $130-140^{\circ} \mathrm{F}\left(55-60^{\circ} \mathrm{C}\right)$ ．
Remove the bowl from the bain－marie and beat with a whisk．

Pipe the mixture out

Baking

Bake at $185-195^{\circ} \mathrm{F}\left(85-90^{\circ} \mathrm{C}\right)$ for approx． 2 hours，then store in a

Sprinkle on some P125 Cœur de Guanaja shavings before baking to give it a more intense cocoa flavor．

Baking hot cupboard．


Bake at $185-195^{\circ} \mathrm{F}\left(85-90^{\circ} \mathrm{C}\right)$ for approx． 2 hours，then store in a
hot cupboard

## 羡 Reasonable Indulgence recipe

1.35 SWISS MERINGUE WITH LEMON

| 120 g | Egg whites | In a mixing bowl in a bain－marie，mix the whites，sugars，inulin | Baking |
| ---: | :--- | :--- | ---: |
| 40 g | Powdered glucose | and zest at a temperature of up to $130-140^{\circ} \mathrm{F}\left(55-60^{\circ} \mathrm{C}\right)$. | － |
|  | DE33 | Remove the bowl from the bain－marie and beat with a whisk． | Bake at $185-195^{\circ} \mathrm{F}\left(85-90^{\circ} \mathrm{C}\right)$ for |
| 60 g | Caster sugar | Pipe out using a piping bag． | approx． 2 hours，then store in a |
| 25 g | Cold inulin |  | hot cupboard． |
| 5 g | Lemon zest |  |  |

The inulin adds fiber and reduces the final sugar content．

300 g Caster sugar Cook the sugar and water at $250^{\circ} \mathrm{F}\left(121^{\circ} \mathrm{C}\right)$
75 g Water Combine it with the airy whites and beat using the whisk attachment in a food processor．
150 g Egg whites Pipe the mixture out

## 1．37 CRISPY PRALINÉ

| 400g | 66\％nutty <br> hazelnut praliné |
| ---: | :--- |
| 80g | JIVARA 40\％ |

160 g Éclat d＇or （Crispy wheat flake cereal）

Add the melted chocolate praline
Add the crispy wheat flake cereal and mix it in gently
Spread it out and store it in the refrigerator

> You can choose whichever praline or chocolate suits your taste and needs.
> You can use different proportions of ingredients depending on how firm you want your praline to be and the texture you are after.
> This crispy praliné is ideal for assembling desserts.

500 g Almond shortcrust pastry
Recipe 1.27 on
p．23）
Once it is cooked and cooled，break the shortcrust pastry into fairly large pieces．
Mix it with the melted chocolate and crispy wheat flake cereal．
Spread it out and store it in the refrigerator

You can use other shortcrust bases and crispy ingredients instead of almond shortcrust pastry and crispy wheat flake cereal．
$r^{\prime}$


# Creamy <br> textures 

## Tips tricks

## GELATIN

All recipes that include gelatin use 220 bloom gelatin powder rehydrate in 5 times its weight in water.

Example: for 10 g of gelatin powder, add 50 g of water.

## XOCOLINE/XOCOLINE MILK

It is possible to replace caster sugar with maltitol if you are making a custard.

## CUSTARD

Due to their low sugar or glucose content, basic custards can form lumps more quickly during cooking.

## EMULSION

To make an emulsion, your mixture must be hotter than $95^{\circ} \mathrm{F}\left(35^{\circ} \mathrm{C}\right)$ so that the cocoa butter melts completely.

It is important to blend the preparations thoroughly. This will help them emulsify and give them a better texture.

## SETTING

Crémeux must be crystallised before it can be given the desired texture.

If you are using your crémeux as it is (as an insert for a dessert, for instance), let it set in the refrigerator before freezing.

If this happens, simply blend the custard after cooking to give it back its smooth look.

Remember that every crémeux has its own custard recipe.

## Reasonable Indulgence recipe

### 2.1 CHOCOLATE OR PLAIN CRÈME PÂTISSIÈRE



## Reno rouble Tremalgnece recipe

Custard
600 g Whole milk
255 g Cream 35\%
170 g Whole eggs
70 g Caster sugar
Dark chocolate crémeux
1000 g Custard

Mix the eggs and sugar without beating too much. Bring the cream and milk to a boil and combine
the two mixtures.
Heat to $185^{\circ} \mathrm{F}\left(84^{\circ} \mathrm{C}\right)$.
Use immediately or cool quickly in the refrigerator.

Weigh out the amount of hot custard required for the recipe.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula.
Immediately mix using an immersion blender to create a perfect emulsion.
Ideally, leave to set in the refrigerator for 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{4 1 5 g}$ | $\mathbf{4 8 5 g}$ | $\mathbf{4 4 0 g}$ | $\mathbf{4 3 0 g}$ | $\mathbf{4 6 5 g}$ | $\mathbf{5 3 0 g}$ | $\mathbf{5 3 0} \mathbf{g}$ | $\mathbf{4 8 5 g}$ |
| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | $\mathbf{O R I A D O}$ | SATILIA <br> DARK |
| $\mathbf{4 4 0 g}$ | $\mathbf{5 3 5 g}$ | $\mathbf{4 1 5 g}$ | $\mathbf{5 3 5 g}$ | $\mathbf{4 7 0 g}$ | $\mathbf{4 5 0 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{5 2 5 g}$ |

TAÏNORI XOCOLINE
515g $\quad 475 \mathrm{~g}$

# * Reasonable Indulgence recipe 

2.3 INTENSE MILK AND WHITE CHOCOLATE CRÉMEUX

Custard
630 g Whole milk
270g Cream 35\%
180 g Whole eggs
18g Caster sugar
Milk and white chocolate
crémeux
1000 g Custard

Mix the eggs and sugar without beating too much. Bring the cream and milk to a boil and combine
the two mixtures.
Heat to $185^{\circ} \mathrm{F}\left(84^{\circ} \mathrm{C}\right)$.
Use immediately or cool quickly in the refrigerator.

Weigh out the amount of hot custard needed for the recipe, then add the rehydrate gelatin.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula.
Immediately mix using an immersion blender to create a perfect emulsion.
Ideally, leave to set in the refrigerator for 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.

+ Gelatin powder

MILK CHOCOLATES

| ANDOA <br> MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉQUATORIALE <br> MILK | HUKAMBI | JIVARA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{6 2 5 g}$ | $\mathbf{7 0 5 g}$ | $\mathbf{6 1 0 g}$ | $\mathbf{7 9 0}$ | $\mathbf{7 2 0 g}$ | $\mathbf{6 0 0} \mathbf{g}$ | $\mathbf{5 9 0}$ |
| +8.5 g | +6.5 g | +8.5 g | +10 g | +9 g | +7.5 g | +8.5 g |


| ORIZABA | SATILIA <br> MILK | TANARIVA | XOCOLINE <br> MILK |
| :---: | :---: | :---: | :---: |
| $\mathbf{7 4 0 g}$ | $\mathbf{7 0 5 g}$ | $\mathbf{7 8 0} \mathbf{g}$ | $\mathbf{6 3 5 g}$ |
| +10 g | +10 g | +10 g | +8.5 g |

WHITE CHOCOLATES

| IVOIRE | BLOND <br> DULCET | OPALYS | SATLLIA <br> WHITE | WAIN | ALMOND <br> INSPIRATION | AMATIKA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{7 0 0}$ | $\mathbf{6 0 0 g}$ | $\mathbf{7 6 0 g}$ | $\mathbf{8 2 0}$ | $\mathbf{8 2 0 g}$ | $\mathbf{5 5 0}$ | $\mathbf{6 1 0 g}$ |
| +8 g | +8 g | +8 g | +10 g | +12.5 g | +7.5 g | +8.5 g |

## Reasonable Trdulgancerecipe

### 2.4 CHOCOLATE SUPREME

Custard
385 g Whole milk
80 g Glucose syrup DE6O
80 g Egg yolks

Chocolate supreme
500 g Custard
150g Cream 35\%

+ Gelatin powder

[^1]DARK CHOCOLATES



## MILK CHOCOLATES

| ANDOA <br> MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉQUATORIALE <br> MILK | HUKAMBI | JIVARA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{4 7 5 g}$ | $\mathbf{5 2 0 g}$ | $\mathbf{4 5 0 g}$ | $\mathbf{5 2 0 g}$ | $\mathbf{5 2 0 g}$ | $\mathbf{4 2 0 g}$ | $\mathbf{4 7 0 g}$ |
| +6 g | +6 g | +6 g | +7 g | +6 g | +6 g | +6 g |


| ORIZABA | SATILIA <br> MILK | TANARIVA |
| :---: | :---: | :---: |
| $\mathbf{4 6 5 g}$ | $\mathbf{5 2 0 g}$ | $\mathbf{5 5 0 g}$ |
| +6 g | +6 g | +6 g |

WHITE CHOCOLATES

| IVOIRE | BLOND <br> DULCET | SATILIA <br> WHITE | OPALYS | WAINA |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{4 8 0 g}$ | $\mathbf{4 8 0 g}$ | $\mathbf{4 8 0 g}$ | $\mathbf{5 1 0 g}$ | $\mathbf{4 7 0 g}$ |
| +6 g | +7 g | +6 g | +6 g | +6 g |

## INSPIRATION

| ALMOND <br> INSPIRATION | AMATIKA |
| :---: | :---: |
| $\mathbf{4 8 0 g}$ | $\mathbf{4 1 5 g}$ |
| +7 g | +6 g |

## Creamy textures

2.5 CHOCOLATE \& CARAMEL CRÉMEUX

| 345 g | Caster sugar |
| ---: | :--- |
| $\mathbf{6 8 0} \mathrm{g}$ | Cream 35\% |
| $\mathbf{4 5 g}$ | Glucose syrup <br>  <br> $\mathbf{1 2 5 g}$DE35/40 <br> Clarified <br> butter |

Use the sugar to make a dry caramel, then deglaze it with the hot cream and glucose.
If necessary, add rehydrated gelatin.
At a temperature of $165-175^{\circ} \mathrm{F}\left(75-80^{\circ} \mathrm{C}\right)$, slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula.
Immediately mix using an immersion blender to create a perfect emulsion.
At $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$, add the liquid butter and mix again.
Leave to set in the refrigerator for at least 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.

DARKCHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉOUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 6 5 g}$ | $\mathbf{3 1 5 g}$ | $\mathbf{3 1 0 g}$ | $\mathbf{2 9 0} \mathbf{g}$ | $\mathbf{3 3 0 g}$ | $\mathbf{3 7 5 g}$ | $\mathbf{3 9 5 g}$ | $\mathbf{3 6 5 g}$ |
| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADO | SATILIA <br> DARK |
| $\mathbf{3 0 5 g}$ | $\mathbf{3 5 0 g}$ | $\mathbf{2 8 0 g}$ | $\mathbf{3 4 5 g}$ | $\mathbf{3 2 5 g}$ | $\mathbf{3 1 5 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 5 0 g}$ |

TAÏNORI
345g


| ORIZABA | SATILIA <br> MILK | TANARIVA |
| :---: | :---: | :---: |
| $\mathbf{3 9 0 g}$ | $\mathbf{4 4 0 g}$ | $\mathbf{4 5 5 g}$ |
| - | $+2 g$ | - |

WHITECHOCOLATES

| IVOIRE | BLOND <br> DULCEY | OPALYS | SATILIA <br> WHITE | WAINA |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{4 3 5 g}$ | $\mathbf{4 3 5 g}$ | $\mathbf{4 6 0 g}$ | $\mathbf{5 2 0 g}$ | $\mathbf{4 5 0 g}$ |

INSPIRATION

| ALMOND <br> INSPIRATION | AMATIKA |
| :---: | :---: |
| $\mathbf{4 3 5 g}$ | $\mathbf{3 2 0 g}$ |

Reastrable Tromlagencerecipe

2.6 INTENSE PRALINÉ CRÉMEUX
(A) $\Leftrightarrow$ (丹) 3 days $/ 35-40^{\circ} \mathrm{F}\left(2-4^{\circ} \mathrm{C}\right)$

500 g Whole milk Heat the milk to $140-160^{\circ} \mathrm{F}\left(60-70^{\circ} \mathrm{C}\right)$ and add the rehydrate gelatin.

+ Gelatin powder
+ Cocoa butter
Using a spatula, gradually emulsify it with the praline and melted cocoa butter.
Mix straight away thoroughly using an immersion blender to make a perfect emulsion.
Ideally, leave it to set in the refrigerator for 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.

PRALINÉS \& CO

| PECAN | PISTACHIO | $\mathbf{7 0 \%}$ NUTTY <br> ALMOND | $\mathbf{6 0 \%}$ CARAMELIZED <br> ALMOND | $\mathbf{5 0 \%}$ CARAMELIZED <br> ALMOND |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{6 7 0 g}$ | $\mathbf{5 5 5 g}$ | $\mathbf{6 5 5 g}$ | $\mathbf{6 4 0 g}$ | $\mathbf{6 4 0} \mathbf{g}$ |
| +11 g | +7 g | +7.5 g | +8.5 g | +8.5 g |
| +110 g | +80 g | +75 g |  | +105 g |


| $\mathbf{6 0 \%}$ CARAMELIZED <br> HAZELNUT | $\mathbf{5 5 \%}$ NUTTY <br> HAZELNUT | $\mathbf{5 0 \%}$ CARAMELIZED <br> HAZELNUT |
| :---: | :---: | :---: |
| $\mathbf{6 6 0 g}$ | $\mathbf{7 0 0 g}$ | $\mathbf{6 7 0 g}$ |
| +7.5 g | +8 g | +8.5 g |
| +85 g | +110 g | +90 g |


| $\mathbf{6 0 \%}$ NUTTY ALMOND <br> \& HAZELNUT | $\mathbf{5 0 \%}$ NUTTY ALMOND <br> \& HAZELNUT | $\mathbf{5 0 \%}$ CARAMELIZED <br> ALMOND \& HAZELNUT |
| :---: | :---: | :---: |
| $\mathbf{5 6 5 g}$ | $\mathbf{6 4 5 g}$ | $\mathbf{6 4 5 g}$ |
| +8 g | +8.5 g | +8.5 g |
| +100 g | +105 g | +105 g |

GIANDUJA STYLE

## NOISETTE LAT NOISETTE DARK

$+7.5 \mathrm{~g}$

Reasonable Indulgence recipe

Pectin base
825 g Whole milk
220g Cream 35\%
50 g Caster sugar
3g Pectin X58

Dark chocolate crémeux
1000 g Pectin base

Heat the milk and cream to $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$.
Stir in the sugar and pectin mixture and bring it to a boil for a few seconds to activate the pectin.

Weigh out the amount of pectin base required for the recipe.
When the pectin base is hot, emulsify it using a spatula by gradually combining it with the partially melted chocolate.
Immediately mix using an immersion blender to create a perfect emulsion.
Ideally, leave to set in the refrigerator for 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.

- This crémeux was designed for use in plated desserts.
- After it has set for 12 hours, this crémeux will keep its optimal
texture for 24 hours.

DARK CHOCOLATES



## Creamy textures

| 200 g | Whole milk |
| :--- | :--- |
| 400 g | Cream $35 \%$ |

+ Gelatin powder

Bring the milk to a boil and add the rehydrated gelatin.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula. Immediately mix using an immersion blender to create a perfect emulsion.
Pour out at $115-120^{\circ} \mathrm{F}\left(45-50^{\circ} \mathrm{C}\right)$.
Ideally, leave to set in the refrigerator for 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 1 5 g}$ | $\mathbf{2 6 0 g}$ | $\mathbf{2 6 5 g}$ | $\mathbf{2 6 0 g}$ | $\mathbf{2 6 5 g}$ | $\mathbf{2 6 5 g}$ | $\mathbf{2 8 5 g}$ | $\mathbf{2 8 0 g}$ |
| +5 g | +5 g | +5 g | +5 g | +5 g | +5 g | +5 g | +5 g |


| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADO | SATILIA <br> DARK |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 5 0 g}$ | $\mathbf{2 9 0 g}$ | $\mathbf{2 4 0 g}$ | $\mathbf{2 8 0} \mathbf{g}$ | $\mathbf{2 7 0 g}$ | $\mathbf{2 5 5 g}$ | $\mathbf{2 8 0} \mathbf{g}$ | $\mathbf{2 9 0 g}$ |
| +5 g | +5 g | +5 g | +5 g | +5 g | +5 g | +5 g | +6 g |


| TAÏNORI |
| :---: |
| $\mathbf{2 7 0 g}$ |
| +5 g |


| ANDOA MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉQUATORIALE MILK | HUKAMBI | JIVARA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 355g | 385g | 330g | 380g | 380g | 310g | 350g |
| + 5g | + 5g | + 5g | + 5g | + 5g | + 5g | + 5g |


| ORIZABA | SATILIA <br> MILK | TANARIVA |
| :---: | :---: | :---: |
| $\mathbf{3 6 0 g}$ | $\mathbf{3 9 0} \mathbf{g}$ | $\mathbf{3 9 0} \mathbf{g}$ |
| +5 g | +5 g | +5 g |

WHITECHOCOLATES

| IVOIRE | BLOND <br> DULCEY | OPALYS | SATILIA <br> WHITE | WAINA |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{3 4 0} \mathbf{g}$ | $\mathbf{3 4 0 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 8 5 g}$ | $\mathbf{3 4 0} \mathbf{g}$ |
| $+\mathbf{4 g}$ | +4 g | +5 g | +5 g | +4 g |

INSPIRATION

| ALMOND |
| :---: |
| INSPIRATION |
| $\mathbf{3 3 0 g}$ |
| +4 g |



VEGAN AMATIKA

280g
$+4 g$

## Creamy textures

## * Reasonable Indulgence recipe

## 2.9) CHOCOLATE JELLY

(ㄹ) (3) 2 days /35-40 ${ }^{\circ}\left(2-4^{\circ} \mathrm{C}\right)$

| 600 g | Whole milk |
| ---: | :--- |
| 20 g | Caster sugar |

Heat the milk to $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$.
20 g Caster sugar
Stir in the sugar and pectin mixture and bring it to a boil for a few seconds to activate the pectin. When the pectin milk is hot, emulsify it using a spatula by gradually combining it with the partially melted chocolate.
Immediately mix using an immersion blender to create a perfect emulsion.
Pour out at $115-120^{\circ} \mathrm{F}\left(45-50^{\circ} \mathrm{C}\right)$

```
IMPORTANT: This jelly cannot be frozen.
If you plan to use it at a later date, heat it to 120}\mp@subsup{0}{}{\circ}\textrm{F}(5\mp@subsup{0}{}{\circ}\textrm{C})\mathrm{ , then
pour it out and leave it to set.
```


## DARK CHOCOLATES



| TAÏNORI |  |
| :--- | :--- |
| $\mathbf{1 9 0 g}$ |  |
| $+3 g$ |  |



MILK CHOCOLATES


## Creamy textures

*Reasonable Indulgence recipe
2.10 PRALINÉ JELLY
600 g Whole milk Heat the milk to $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$.

20 g Caster sugar Stir in the sugar and pectin mixture and bring it to a boil for a few seconds to activate the pectin.
20g Cocoa butter

+ Pectin X58
When the pectin milk is hot, emulsify it using a spatula by gradually combining it with the praline and melted cocoa butter.
Immediately mix using an immersion blender to create a perfect emulsion.
Pour out at $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$.

```
IMPORTANT: This jelly cannot be frozen
If you plan to use it at a later date, heat it to 120}\mp@subsup{}{}{\circ}\textrm{F}(5\mp@subsup{0}{}{\circ}\textrm{C})\mathrm{ ,
then pour it out and leave it to set.
```


## PRALINÉS \& CO



## Creamy textures

## Reasonable Indulgence recifoe



### 2.11 INTENSE DARK CHOCOLATE GANACHE FOR ENTREMETS, TARTS AND MACARONS

| 300 g | Whole milk |
| ---: | :--- |
| 200 g | Cream 35\% |
| 90 g | Glucose syrup DE6O |
| 16 g | Caster sugar |
| 4 g | Pectin X58 |

Heat the milk, cream and glucose DE6O to $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$.
Stir in the sugar and pectin mixture and bring it to a boil for a few seconds to activate the pectin.
When the pectin base is hot, emulsify it using a spatula by gradually combining it with the partially melted chocolate.
Immediately mix using an immersion blender to create a perfect emulsion.
Pour out at $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$
For tarts and desserts: leave to set for at least 2 hours in the refrigerator at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.
For macarons: leave to set for at least 12 hours in a chocolate chamber at $60^{\circ} \mathrm{F}\left(16^{\circ} \mathrm{C}\right)$.

The small amount of caster sugar in the recipe is required to disperse the pectin.

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{3 2 0 g}$ | $\mathbf{4 1 0 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 5 0 g}$ | $\mathbf{4 1 0 g}$ | $\mathbf{4 4 0 g}$ | $\mathbf{4 4 0 g}$ | $\mathbf{4 3 0 g}$ |
| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADO | SATILIA <br> DARK |
| $\mathbf{3 7 0 g}$ | $\mathbf{4 4 0 g}$ | $\mathbf{3 5 0 g}$ | $\mathbf{4 3 0 g}$ | $\mathbf{4 2 0 g}$ | $\mathbf{3 9 0 g}$ | $\mathbf{4 3 0 g}$ | $\mathbf{4 3 0 g}$ |

TAÏNORI

420g


䉼 Reasonable Indulgence recipe

### 2.12 INTENSE MILK AND WHITE CHOCOLATE GANACHE FOR ENTREMETS, TARTS AND MACARONS

| 300 g | Whole milk | Heat the milk and cream to $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$. |
| ---: | :--- | :--- |
| 200 g | Cream $35 \%$ | Stir in the caster sugar and pectin mixture and bring it to a boil for a few seconds to activate the pectin. |
| 16 g | Caster sugar | When the pectin base is hot, emulsify it with a spatula by gradually combining it with the cocoa butter |
| 4 g | Pectin X58 | and partially melted chocolate. <br> Immediately mix using an immersion blender to create a perfect emulsion. <br> Cocoa butter |
|  |  |  |
|  | Fort at $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$. |  |

The small amount of caster sugar in the recipe is required to disperse the pectin.


MILK CHOCOLATES

| ANOA <br> MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA ÉOUATORIALE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MILK |  |  |  | HUKAMBI | JIVARA |
| :---: | ORIZABA


| SATILIA <br> MILK | TANARIVA |
| :---: | :---: |
| $\mathbf{6 6 0 g}$ | $\mathbf{6 8 0 g}$ |
| +100 g | +100 g |

White chocolates

| IVOIRE | BLOND <br> DULCEY | OPALYS | SATILIA <br> WHITE | WAINA |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{6 7 0 g}$ | $\mathbf{6 6 0 g}$ | $\mathbf{6 8 0 g}$ | $\mathbf{7 0 0 g}$ | $\mathbf{6 7 0 g}$ |
| +90 g | +90 g | +90 g | +100 g | +90 g |

INSPIRATION
VEGAN

| ALMOND <br> INSPIRATION | AMATIKA |
| :---: | :---: |
| $\mathbf{6 0 0 g}$ | $\mathbf{5 7 0 g}$ |
| 60 g | +60 g |




Mousse textures


## CREAM

## We use cream 35\% in our recipes.

Most recipes use stabilizers and/or thickeners to make them easy to whip up and help them hold their airy texture

When you whip cream, it should be at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.
When mixing mousses, it is best to whip the cream until reaching a soft airy texture to make it easier to mix and incorporate the most amount of air.

## EGG WHITES

We recommend you beat your egg whites at room temperature and at a medium speed.

## GLUCOSE DE60

Glucose DE6O was chosen for its high hygroscopic and low sweetening powers.

## GELATIN

All recipes that include gelatin use 220 bloom gelatin powder rehydrated in 5 times its weight in water.

Example: for 10 g of gelatin powder, add 50 g of water.

## CUSTARD

Low sugar or glucose custards can form lumps quicker during cooking.

If this is the case, simply mix the custard after cooking to restore it to its smooth appearance.

## Remember that every recipe has

 its own custard recipe.
## STARCH BASE

It is important to disperse the starch thoroughly by mixing it with some cold milk (about 20\%) before you start cooking
Be careful not to pour too much hot milk onto the starch and cold milk mixture as this could start cooking the starch base.

## EMULSION

To make an emulsion, your mixture must be hotter than $95^{\circ} \mathrm{F}\left(35^{\circ} \mathrm{C}\right)$ so that the cocoa butter melts completely.

It is important to blend the preparations thoroughly.

## THE TEMPERATURE \& TEXTURE OF YOUR MIXTURES

Chocolate mousses' final mixing temperature has to be similar to cocoa butter's setting point ( $79-82^{\circ} \mathrm{F}$ or $26-28^{\circ} \mathrm{C}$ depending on the chocolate).

If it is too cold, it will start to set prematurely.
If it is too hot, it will not whip up as effectively.

The preparation's final volume will be directly linked to how the cream or whites take on air, as well as compliance with recommended temperatures and mixing processes.

You need to adapt the temperature of your mixture to suit the temperature of your kitchen, as well as the amount of mousse you are making and how long you intend to use it for.

The mixture's final texture - supple and not set or jellied - makes assembly easier.

## Reasonable Indulgence recipe

### 3.1 INTENSE DARK CHOCOLATE CUSTARD-BASED MOUSSE

Custard
Bring the milk and glucose DE60 to a boil and combine it with the yolks.
Heat to $185^{\circ} \mathrm{F}\left(84^{\circ} \mathrm{C}\right)$.
Use immediately or cool down quickly and store in the refrigerator
80 g Glucose syrup DE6O
80 g Egg yolks

Dark chocolate custard-based mousse

Weigh out the amount of hot custard required for the recipe
If necessary, add the rehydrated gelatin.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula
Mix straight away thoroughly using an immersion blender to make a perfect emulsion.

Check the temperature $\left(113-117^{\circ} \mathrm{F}\right.$ or $45-47^{\circ} \mathrm{C}$ for dark chocolate; $95-99^{\circ} \mathrm{F}$ or $35-37^{\circ} \mathrm{C}$ for milk and Amatika; and $86-89^{\circ} \mathrm{F}$ or $30-32^{\circ} \mathrm{C}$ for white, blond and Almond Inspiration) and gradually fold in the airy whipped cream using a spatula.
Use immediately and freeze.

The ideal serving temperature for this mousse is $42-46^{\circ} \mathrm{F}\left(6-8^{\circ} \mathrm{C}\right)$.

DARK CHOCOLATES


TAİNORI
$540 g$


MILK CHOCOLATES


### 3.2 CHOCOLATE CHANTILLY MOUSSE

| 250 g | Whole milk |
| ---: | :--- |
| 1000 g | Cream $35 \%$ |

Gelatin powder

Heat the milk to $140-160^{\circ} \mathrm{F}\left(60-70^{\circ} \mathrm{C}\right)$ and add the rehydrated gelatin if necessary.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula. Mix straight away thoroughly using an immersion blender to make a perfect emulsion.

Check the temperature $\left(131-136^{\circ} \mathrm{F}\right.$ or $55-58^{\circ} \mathrm{C}$ for dark chocolate; $122-127^{\circ} \mathrm{F}$ or $50-53^{\circ} \mathrm{C}$ for milk and Amatika; and $113-118^{\circ} \mathrm{F}$ or $45-48^{\circ} \mathrm{C}$ for white, blond and Almond Inspiration) and gradually fold in the airy whipped cream using a spatula. Use immediately and freeze.

```
The ideal serving temperature for this mousse is 53-57'}\textrm{F}(12-1\mp@subsup{4}{}{\circ}\textrm{C})
```

DARK CHOCOLATES


| TAÏNORI |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{6 2 0 g}$ |  |  |  |  |



WHITECHOCOLATES

| IVOIRE | BLOND <br> DULCEY | OPALYS | WAINA |
| :---: | :---: | :---: | :---: |
| $\mathbf{9 0 0 g}$ | $\mathbf{9 0 0 g}$ | $\mathbf{9 5 0 g}$ | $\mathbf{9 0 0 g}$ |
| +12 g | +12 g | +12 g | +12 g |



INSPIRATION
ALMOND
INSPIRATION
$\mathbf{8 8 0 g}$
+12 g

VEGAN | AMATIKA |
| :---: |
| $\mathbf{7 7 0 g}$ |
| - |

GIANDUJA STYLE

| NOISETTE <br> LAIT | NOISETTE <br> DARK |
| :---: | :---: |
| $\mathbf{8 9 0 g}$ | $\mathbf{8 3 0 g}$ |
| - | - |

### 3.3 LIGHT CHOCOLATE MOUSSE

$$
\begin{aligned}
& 500 \mathrm{~g} \text { Whole milk } \\
& 1000 \mathrm{~g} \text { Cream 35\% } \\
& 80 \mathrm{~g} \text { Glucose syrup } \\
& \text { DE6O (Only for } \\
& \text { dark chocolates) }
\end{aligned}
$$

+ Gelatin powder
Heat the milk and if needed the glucose to $140-160^{\circ} \mathrm{F}\left(60-70^{\circ} \mathrm{C}\right)$ and add the rehydrated gelatin.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula. Mix straight away thoroughly using an immersion blender to make a perfect emulsion.

Check the temperature ( $102-108^{\circ} \mathrm{F}$ or $39-42^{\circ} \mathrm{C}$ for dark chocolate; $88-93^{\circ} \mathrm{F}$ or $31-34^{\circ} \mathrm{C}$ for milk and Amatika; and $79-84^{\circ} \mathrm{F}$ or $26-29^{\circ} \mathrm{C}$ for white, blond and Almond Inspiration) and gradually fold in the airy whipped cream using a spatula.
Use immediately and freeze.

The ideal serving temperature for this mousse is $42-46^{\circ} \mathrm{F}\left(6-8^{\circ} \mathrm{C}\right)$

DARKCHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{5 1 0 g}$ | $\mathbf{6 3 0 g}$ | $\mathbf{5 8 0}$ | $\mathbf{5 6 0 g}$ | $\mathbf{5 7 0 g}$ | $\mathbf{6 9 0}$ | $\mathbf{6 9 0}$ | $\mathbf{6 6 0 g}$ |
| +10 g | +10 g | +6 g | +6 g | +8 g | +8 g | +8 g | +8 g |


| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADO | SATILIA <br> DARK |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{5 7 0} \mathbf{g}$ | $\mathbf{6 8 0} \mathbf{g}$ | $\mathbf{5 1 0 g}$ | $\mathbf{6 8 0 g}$ | $\mathbf{6 1 0 g}$ | $\mathbf{5 8 0}$ | $\mathbf{6 6 0 g}$ | $\mathbf{6 2 0 g}$ |
| $+\mathbf{6 g}$ | +10 g | +10 g | +10 g | +8 g | +8 g | +8 g | +8 g |


| TAÏNORI |
| :---: |
| $\mathbf{6 1 0 g}$ |
| +8 g |


| $\begin{aligned} & \text { ANDOA } \\ & \text { MILK } \end{aligned}$ | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉOUATORIALE MILK | HUKAMBI | JIVARA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 690g | 800g | 655g | 740g | 720g | 600g | 680g |
| + 10g | + 10g | + 10 g | + 12g | + 12g | + 10g | + 10g |


| ORIZABA | SATILIA <br> MILK | TANARIVA |
| :---: | :---: | :---: |
| $\mathbf{6 8 5 g}$ | $\mathbf{7 5 0 g}$ | $\mathbf{7 8 0 g}$ |
| +12 g | +12 g | +10 g |

WHITECHOCOLATES

| IVOIRE | BLOND <br> DULCEY | OPALYS | SATILIA <br> WHITE | WAINA |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{9 3 0 g}$ | $\mathbf{9 3 0 g}$ | $\mathbf{9 8 5 g}$ | $\mathbf{1 0 0 0 g}$ | $\mathbf{9 3 0} \mathbf{g}$ |
| $+\mathbf{2 0 g}$ | +20 g | +20 g | +20 g | +20 g |



INSPIRATION

| ALMOND |
| :---: |
| INSPIRATION |
| $\mathbf{9 3 0 g}$ |
| +10 g |

VEGAN

AMATIKA 560 g
$+7 g$

### 3.4 CARAMEL CHOCOLATE MOUSSE

| Caramel custard |  |
| ---: | :--- |
| 130 g | Caster sugar |
| 300 g | Cream 35\% |
| 75 g | Egg yolks |

Caramel \& chocolate mousse
460g Caramel custard
900 g Cream 35\%

Cook the sugar to make a dry caramel with a frothy texture.
Deglaze this caramel by adding the warmed cream.
Combine this with the yolks and cook at $185^{\circ} \mathrm{F}\left(84^{\circ} \mathrm{C}\right)$.
Use immediately or cool down quickly and store in the refrigerator.
Weigh out the amount of caramel custard required for the recipe.
After blending the warm custard, add the rehydrated gelatin if necessary.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula Mix straight away thoroughly using an immersion blender to make a perfect emulsion.

Check the temperature ( $126-131^{\circ} \mathrm{F}$ or $52-55^{\circ} \mathrm{C}$ for dark chocolate; $108-113^{\circ} \mathrm{F}$ or $42-45^{\circ} \mathrm{C}$ for milk and Amatika; and $104-109^{\circ} \mathrm{F}$ or $40-43^{\circ} \mathrm{C}$ for white, blond and Almond Inspiration) and gradually fold in the airy whipped cream using a spatula.
Use immediately and freeze.

$$
\text { The ideal serving temperature for this mousse is } 42-46^{\circ} \mathrm{F}\left(6-8^{\circ} \mathrm{C}\right)
$$

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{3 9 0} \mathbf{g}$ | $\mathbf{4 3 0 g}$ | $\mathbf{4 3 5 g}$ | $\mathbf{4 2 5 g}$ | $\mathbf{4 5 0 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{4 8 0 g}$ |


| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADO |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{4 3 0 g}$ | $\mathbf{4 6 0 g}$ | $\mathbf{4 1 5 g}$ | $\mathbf{4 6 5 g}$ | $\mathbf{4 6 0 g}$ | $\mathbf{4 4 0 g}$ | $\mathbf{4 6 0 g}$ |


| SATILIA <br> DARK | TAÏNORI |
| :---: | :---: |
| $\mathbf{4 7 5 g}$ | $\mathbf{4 3 0 g}$ |



MILK CHOCOLATES

| ANDOA <br> MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉQUATORIALE <br> MILK | HUKAMBI | JIVARA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{4 6 5 g}$ | $\mathbf{5 3 0 g}$ | $\mathbf{4 5 5 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{5 5 0 g}$ | $\mathbf{4 3 0 g}$ | $\mathbf{4 6 0 g}$ |
| +8 g | +8 g | +8 g | +8 g | +10 g | +8 g | +8 g |


| ORIZABA | SATILIA <br> MILK | TANARIVA |
| :---: | :---: | :---: |
| $\mathbf{4 5 0 g}$ | $\mathbf{5 1 0 g}$ | $\mathbf{5 6 0 g}$ |
| +10 g | +10 g | +8 g |

WHITECHOCOLATES

| IVOIRE | BLOND <br> DULCEY | OPALYS | WAINA |
| :---: | :---: | :---: | :---: |
| $\mathbf{4 6 0 g}$ | $\mathbf{4 6 0 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{4 5 0 g}$ |
| +10 g | +10 g | +10 g | +10 g |

INSPIRATION

| ALMOND <br> INSPIRATION | AMATIKA |
| :---: | :---: |
| $\mathbf{4 6 0 g}$ | $\mathbf{3 8 0 g}$ |
| +8 g | +8 g |

些 Reasonable Indulgence recipe
3.5 INTENSE DARK CHOCOLATE WHIPPED GANACHE

Starch base
1000 g Whole milk
30 g Potato starch
80g Glucose syrup DE6O

Dark chocolate whipped ganache
1000 g Starch base
360g Cream 35\％

Mix together a small portion of the cold milk with the potato starch．
Set aside．
Heat the rest of the milk with the glucose between $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$ and $195^{\circ} \mathrm{F}\left(90^{\circ} \mathrm{C}\right)$ ．
Pour part of the hot glucose－milk mixture over the milk－starch mixture．
Put everything back in the pan and bring to a boil．
Weigh out the amount of hot starch base required for the recipe．
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula． Immediately mix to make a perfect emulsion．
Add the cold cream．
Mix again．
Ideally，leave to set in the refrigerator for 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$ ．
Whisk until the texture is firm enough to use in a piping bag or with a spatula．

The ideal tasting temperature for whipped ganache is $40-43^{\circ} \mathrm{F}\left(4-6^{\circ} \mathrm{C}\right)$ ．

DARK CHOCOLATES


| SATILIA <br> DARK | TAÏNORI | XOCOLINE |
| :---: | :---: | :---: |
| $\mathbf{6 2 0 g}$ | $\mathbf{6 4 0 g}$ | $\mathbf{6 4 0 g}$ |

### 3.6 INTENSE MILK CHOCOLATE WHIPPED GANACHE

Sugar-free starch base
1080 g Whole milk
32g Potato starch

Milk chocolate whipped ganache
1000 g Sugar-free
starch base
400 g Cream 35\%

+ Gelatin powder

Mix together a small portion of the cold milk with the potato starch.
Set aside.
Heat the rest of the milk to between $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$ and $195^{\circ} \mathrm{F}\left(90^{\circ} \mathrm{C}\right)$.
Pour part of the hot milk over the milk-starch mixture.
Put everything back in the pan and bring to a boil.
Weigh out the amount of hot sugar-free starch base required for the recipe and add
the rehydrate gelatin.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula. Immediately mix using an immersion blender to create a perfect emulsion.
Add the cold cream.
Mix again.
Ideally, leave to set in the refrigerator for 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.
Whisk until the texture is firm enough to use in a piping bag or with a spatula.

The ideal tasting temperature for whipped ganache is $40-43^{\circ} \mathrm{F}\left(4-6^{\circ} \mathrm{C}\right)$.

MILK CHOCOLATES

| ANDOA <br> MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉQUATORIALE <br> MILK | HUKAMBI | JIVARA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{7 4 0 g}$ | $\mathbf{7 8 0 g}$ | $\mathbf{6 8 0 g}$ | $\mathbf{8 0 0 g}$ | $\mathbf{7 8 0}$ | $\mathbf{6}$ | $\mathbf{6 3 0 g}$ |
| +6 g | +4 g | +7 g | +10 g | +6 g | +7 g | +6 g |


| ORIZABA | SATILIA <br> MILK | TANARIVA | XOCOLINE <br> MILK | AMATIKA |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{7 0 0 \mathbf { g }}$ | $\mathbf{7 6 0 g}$ | $\mathbf{8 0 0 g}$ | $\mathbf{6 8 0}$ | $\mathbf{6 0 0 g}$ |
| +6 g | +6 g | +6 g | +6 g | +6 g |

### 3.7 INTENSE WHITE CHOCOLATE WHIPPED GANACHE

Sugar-free starch base 1080g Whole milk 32g Potato starch

White chocolate whipped ganache
1000 g Sugar-free
starch base
600g Cream 35\%

+ Gelatin powder

Mix together a small portion of the cold milk with the potato starch.
Set aside.
Heat the rest of the milk to between $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$ and $195^{\circ} \mathrm{F}\left(90^{\circ} \mathrm{C}\right)$.
Pour part of the hot milk over the milk-starch mixture.
Put everything back in the pan and bring to a boil.

Weigh out the amount of hot sugar-free starch base required for the recipe and add
the rehydrate gelatin.
Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula. Immediately mix to make a perfect emulsion
Add the cold cream.
Mix again.
Ideally, leave to set in the refrigerator for 12 hours at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.
Whisk until the texture is firm enough to use in a piping bag or with a spatula.

WHITE CHOCOLATES

| IVOIRE | BLOND <br> DULCEY | OPALYS | SATILIA <br> WHITE | WAINA |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{7 0 0 g}$ | $\mathbf{7 4 0 g}$ | $\mathbf{7 4 0 g}$ | $\mathbf{8 0 0 g}$ | $\mathbf{7 0 0 g}$ |
| +12 g | +12 g | +12 g | +12 g | +12 g |

INSPIRATION

ALMOND INSPIRATION 830 g

+ 12g



## Mousse Textures

3.8 INTENSE PRALINÉ WHIPPED GANACHE

| Sugar-free starch base |  |
| ---: | :--- |
| 650 g | Whole milk |
| 20 g | Potato starch |

Praliné whipped ganache
600 g Sugar-free
starch base
400g Cream 35\%
10 g Gelatin powder

+ Cocoa butter

Mix together a small portion of the cold milk with the potato starch
Set aside.
Heat the rest of the milk to $185-195^{\circ} \mathrm{F}\left(85-90^{\circ} \mathrm{C}\right)$.
Pour part of the hot milk over the milk-starch mixture.
Put everything back in the pan and bring to a boil.

Weigh out the amount of hot sugar-free starch base required for the recipe and add the rehydrated gelatin.
Using a spatula gradually emulsify it with the praline and melted cocoa butter
Immediately mix using an immersion blender to create a perfect emulsion.
Add the cold cream.
Mix again
Leave to set in the refrigerator, preferably for 12 hours.
Whisk until the texture is firm enough to use in a piping bag or with a spatula.

The ideal tasting temperature for this praliné whipped ganache is $40-43^{\circ} \mathrm{F}\left(4-6^{\circ} \mathrm{C}\right)$

PRALINÉS \& CO

| PECAN | PISTACHIO | 60\% CARAMELIZED <br> ALMOND |
| :---: | :---: | :---: |
| $\mathbf{5 4 0 g}$ | $\mathbf{5 6 0 g}$ | $\mathbf{5 2 0 g}$ |
| +180 g | +180 g | +180 g |

## 60\% CARAMELIZED

HAZELNUT
520 g
$+180 \mathrm{~g}$
GIANDUJASTYLE

## 50\% CARAMELIZED <br> ALMOND \& HAZELNUT

## 560 g

+ 180g

| NOISETTE <br> LAIT | NOISETTE <br> DARK |
| :---: | :---: |
| $\mathbf{6 0 0 g}$ | $\mathbf{5 4 5 g}$ |
| +40 g | - |

(A)CO 2 days $/ 35-40^{\circ} \mathrm{F}\left(2-4^{\circ} \mathrm{C}\right)$

| 125 g | Whole milk |
| ---: | :--- |
| 125 g | Cream $35 \%$ |
| 200 g | Egg whites |
| 60 g | Caster sugar |

+ Gelatin powder

> Heat the milk and cream to $140-160^{\circ} \mathrm{F}\left(60-70^{\circ} \mathrm{C}\right)$ and add the rehydrated gelatin.
> Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula. Immediately mix using an immersion blender to create a perfect emulsion.
> Check the temperature $\left(102-108^{\circ} \mathrm{F}\right.$ or $\left.39-42^{\circ} \mathrm{C}\right)$ and incorporate a quarter of the beaten whites into the sugar, mix it in and finish off by incorporating the rest of the beaten whites. Use immediately and freeze.

[^2]DARKCHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 5 5 g}$ | $\mathbf{2 9 5 g}$ | $\mathbf{2 7 0 g}$ | $\mathbf{2 6 0 g}$ | $\mathbf{2 8 0} \mathbf{g}$ | $\mathbf{3 3 0 g}$ | $\mathbf{3 2 0 g}$ | $\mathbf{3 1 5 g}$ |
| +3 g | +3 g | +3 g | +3 g | +3 g | +3 g | +3 g | +3 g |


| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO | ORIADO |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 7 0} \mathbf{g}$ | $\mathbf{3 0 5 g}$ | $\mathbf{2 5 5 g}$ | $\mathbf{2 9 5 g}$ | $\mathbf{2 9 5 g}$ | $\mathbf{2 8 0} \mathbf{g}$ | $\mathbf{3 1 5 g}$ |
| +3 g | +3 g | +3 g | +3 g | +3 g | +3 g | +3 g |


| SATILIA <br> DARK | TAÏNORI |
| :---: | :---: |
| $\mathbf{3 0 0} \mathbf{g}$ | $\mathbf{3 0 0 g}$ |
| +3 g | +3 g |


3.10 INTENSE PRALINÉ MOUSSE
(A) $\theta$ 然然 2 days $/ 35-40^{\circ} \mathrm{F}\left(2-4^{\circ} \mathrm{C}\right)$

| Sugar-free starch base |  |
| :---: | :--- |
| 500 g | Whole milk |
| 15 g | Potato starch |

Praliné mousse
465 g Sugar-free starch base
400g Cream 35\%

+ Gelatin powder

Mix together a small portion of the cold milk with the potato starch.
Set aside.
Heat the rest of the milk to between $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$ and $195^{\circ} \mathrm{F}\left(90^{\circ} \mathrm{C}\right)$.
Pour part of the hot milk over the milk-starch mixture.
Put everything back in the pan and bring to a boil.

Weigh out the amount of hot sugar-free starch base required for the recipe and add the rehydrate gelatin.
Slowly combine the warm mixture with the praline to make an emulsion using a spatula. Immediately mix using an immersion blender to create a perfect emulsion.

Check the temperature ( $82-85^{\circ} \mathrm{F}$ or $28-30^{\circ} \mathrm{C}$ ) and gradually fold in the airy whipped cream using a spatula. Use immediately and freeze.

The ideal serving temperature for this praline mousse is $40-43^{\circ} \mathrm{F}\left(4-6^{\circ} \mathrm{C}\right)$.

PRALINÉS \& CO

| PECAN | PISTACHIO | 60\% CARAMELIZED <br> ALMOND |
| :---: | :---: | :---: |
| $\mathbf{3 5 5 g}$ | $\mathbf{3 6 0 g}$ | $\mathbf{3 5 0 g}$ |
| +13 g | +13 g | +13 g |

## 60\% CARAMELIZED

HAZELNUT
350 g
$+13 \mathrm{~g}$
50\% CARAMELIZED
ALMOND \& HAZELNUT
$\mathbf{3 5 0} \mathrm{g}$
+13 g

| NOISETTE <br> LAT | NOISETTE <br> DARK |
| :---: | :---: |
| $\mathbf{5 0 0 g}$ | $\mathbf{5 0 0 g}$ |
| +8 g | +4 g |
| GIANDUJA STYLE |  |

### 3.11 PRALINÉ CHANTILLY

```
250g Whole milk
1800g Cream 35\%
```

+ Gelatin powder

Heat the milk to $140-160^{\circ} \mathrm{F}\left(60-70^{\circ} \mathrm{C}\right)$ and add the rehydrate gelatin.
Slowly combine the warm mixture with the praline to make an emulsion using a spatula. Immediately mix using an immersion blender to create a perfect emulsion.

Check the temperature ( $82-85^{\circ} \mathrm{F}$ or $28-30^{\circ} \mathrm{C}$ ) and gradually fold in the airy whipped cream using a spatula. Use immediately and freeze.

The ideal serving temperature for this mousse is $42-46^{\circ} \mathrm{F}\left(6-8^{\circ} \mathrm{C}\right)$

PRALINÉS\& CO

| PECAN | PISTACHIO | 60\% CARAMELIZED <br> ALMOND |
| :---: | :---: | :---: |
| $\mathbf{3 5 5 g}$ | $\mathbf{3 6 0 g}$ | $\mathbf{3 5 0 g}$ |
| +15 g | +15 g | +15 g |

60\% CARAMELIZED
HAZELNUT
900g
$+15 g$

50\% CARAMELIZED ALMOND \& HAZELNUT

900g

+ 15g


## Reasonable Indulgencereccpe

3.12 INTENSE ALMOND PASTE MOUSSE
(4) $\because 2$ days $/ 35-40^{\circ} \mathrm{F}\left(2-4^{\circ} \mathrm{C}\right)$

Sugar-free starch base
630 g Whole milk
19g Potato starch

Mousse with Provençal almond paste

600 g Sugar-free starch base
12 g Gelatin powder
60 g Water for the gelatin
$\mathbf{2 5 0 g} \mathbf{5 5 \%}$ or 70\% Provençal almond paste
500g Cream 35\%

Mix together a small portion of the cold milk with the potato starch.
Set aside.
Heat the rest of the milk to between $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$ and $195^{\circ} \mathrm{F}\left(90^{\circ} \mathrm{C}\right)$.
Pour part of the hot milk over the milk-starch mixture.
Put everything back in the pan and bring to a boil.
Weigh out the amount of hot sugar-free starch base required for the recipe and add the rehydrate gelatin.

Emulsify it using a blender by gradually combining it with the almond paste.
Check the temperature ( $82-85^{\circ} \mathrm{F}$ or $28-30^{\circ} \mathrm{C}$ ) and gradually fold in the airy whipped cream using a spatula. Use immediately and freeze.

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\end{aligned}
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Fruit

## Tips $\ddagger$ tricks

## 100\% FRUIT PURÉE

Make sure you do not heat the fruit purees more than is strictly necessary so they do not lose any of their flavor.

The recipes use Adamance 100\% fruit puree.
Adamance explores the potential of fruit puree by reworking the fruity recipes used by chefs in their daily operations to better show off the fruit's flavor.

## GELATIN

All recipes that include gelatin use 220 bloom gelatin powder rehydrate in 5 times its weight in water.

Example: for 10 g of gelatin powder, add 50 g of water.

It is recommended you give gelatin powder 15-20 minutes to rehydrate in fruit puree.

## EGG WHITES

We recommend you beat your egg whites at room temperature and at a medium speed.

## SETTING

All crémeux and confits must be allowed to set before you give them the texture you want.

If you are using your crémeux as it is (as an insert for a dessert, for instance), let it set in the refrigerator before freezing.

| 400 g | Oranges |
| ---: | :--- |
| 30 g | Raw cane sugar |
| 30 g | Butter $84 \%$ |
| 100 g | Caster sugar |
| 50 g | Invert sugar |
| 5 g | Potato starch |
| 300 g | 100\% passion fruit |
|  | purée |

Wash and brush the oranges
Boil them for 30 minutes in plenty of water.
Drain.
Halve the oranges and remove their white middles, then weigh them out
Roughly chop and fry in butter with the sugar.
Leave to caramelize on a low heat, add the sugars, then cover with one-third of the passion fruit purée Leave to reduce until it has almost entirely evaporated.
Cover with another third of the passion fruit purée and leave to reduce.
Thoroughly blend the oranges in a food processor.
Add the starch mixed with the final third of passion fruit purée.
Bring to a boil for a few minutes, stirring vigorously.

### 4.3 STRAWBERRY COMPOTE

| 750 g | $100 \%$ strawberry <br> purée |
| ---: | :--- |
| $\mathbf{6 0 0 g}$ | Absolu Cristal <br> neutral glaze |
| 90 g | Lemon juice |
| 900 g | Diced strawberries |

Blend the strawberry purée with the Absolu Cristal neutral glaze and lemon juice.
Gently stir in the diced fruit.
Store in the refrigerator.
900 g Diced strawberries

APRICOT COMPOTE

| 500 g | $100 \%$ <br> purée apricot | Blend the apricot purée with the Absolu Cristal neutral glaze and <br> lemon juice. |
| ---: | :--- | :--- |
| $\mathbf{6 0 0 g}$ | Absolu Cristal <br> neutral glaze <br> 80 g | Lemon juice <br> 800 g | | Gently stir in the diced fruit. |
| :--- |
| Siced apricots |$\quad$| Store in the refrigerator. |
| :--- |



## Gels

4.5 FRUIT GELS

600g

## Absolu Crista neutral glaze

Mix all the ingredients together while cold, then store in the refrigerator.
$100 \%$ FRUIT PURÉE

| LEMON | ORANGE | APRICOT | RASPBERRY |
| :---: | :---: | :---: | :---: |
| $\mathbf{1 8 0 g}$ | $\mathbf{2 0 0 g}$ | $\mathbf{2 5 0 g}$ | $\mathbf{2 0 0 g}$ |

4.6 VANILLA GEL

600g Absolu Cristal
neutral glaze

Split the vanilla beans in half, then scrape their insides to remove the seeds. Mix all the ingredients together, then store in the refrigerator.

```
35-40g Water
8g Vanilla bean
```

4.7 RUM \& LIME GEL

## Absolu Crista

 neutral glaze300g White rum

## Coulis

## Reasonable Indulgence recipe bo Adamance

4.8 FRUIT COULIS

300g
Absolu Crista neutral glaze

Mix all the ingredients together while cold, then store in the refrigerator.

## $100 \%$ FRUIT PURÉE

| APRICOT | BLACKCURRANT | LEMON | LIME | COCONUT | STRAWBERRY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{7 0 0 g}$ | $\mathbf{7 0 0 g}$ | $\mathbf{4 5 0 g}$ | $\mathbf{4 5 0 g}$ | $\mathbf{1 7 0 0 g}$ | $\mathbf{1 2 0 0 g}$ |


| RASPBERRY | PASSION <br> FRUIT | MANGO | BLUEBERRY | PEAR | APPLE |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{7 0 0} \mathbf{g}$ | $\mathbf{4 5 0 g}$ | $\mathbf{1 7 0 0 g}$ | $\mathbf{7 0 0 g}$ | $\mathbf{1 2 0 0 g}$ | $\mathbf{1 2 0 0 g}$ |

16 g Gelatin powder
$1000 \mathrm{~g} 100 \%$ fruit purée
200g Caster sugar

Sift the gelatin powder onto a third of the fruit purée cooled to $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.
Mix thoroughly and wait 15-20 minutes for the gelatin to hydrate.
Heat the gelatin and fruit purée mixture and the sugar to $120^{\circ} \mathrm{F}\left(50^{\circ} \mathrm{C}\right)$.
Add the rest of the fruit purée.
Blend until homogeneous.
Immediately pour the mixture into a frame or ring and leave it to set in the refrigerator
Freeze.

Some purées can be reduced to give them more concentrated aromas.
You can use all kinds of fruit purées for this recipe, including raspberry,
sour cherry, apricot, blackberry, blackcurrant and peach.

## Sauces

### 4.10 EXOTIC SAUCE

| $\mathbf{3 0 0 g}$ | Absolu Cristal <br> neutral glaze <br> 300 g <br> $100 \%$ passion fruit <br> purée | Mix the fruit purées together with the Absolu Cristal neutral glaze. |
| ---: | :--- | ---: |
| 300 g | $100 \%$ mango purée | Min the fresh passion fruit seeds. |
| As needed | Passion fruit seeds |  |

4.11 GREEN APPLE SAUCE

120g Absolu Cristal neutral glaze
360g Granny Smith apple juice
$2 g$ Xanthan gum
6 g Lemon juice

Mix all the ingredients together with an immersion blender, then store in the refrigerator.
4.12 ALMOND \& HAZELNUT PRALINÉ AND LEMON SAUCE

380g 60\% nutty almond \& hazelnut praliné
90 g Water
60 g Lemon juice
7 g Lemon zest
Mix all the ingredients together with an immersion blender, then store in the refrigerator.

## Confits

## FRUIT CONFITS

Mix the caster sugar, powdered glucose and pectin NH, then sprinkle the mixture onto the fruit purée.
Blend until homogeneous
Heat to $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$, stirring all the while.
Pour out immediately.

Once it has gelled, blend it to soften its texture.
$100 \%$ FRUIT PURÉE

|  | APRICOT | BLACKCURRANT | STRAWBERRY | RASPBERRY |
| :---: | :---: | :---: | :---: | :---: |
| Fruit purée | 790g | 7859 | 7909 | 7909 |
| Caster sugar | 1009 | 100 g | 1009 | 100 g |
| Glucose powder | 1009 | 1009 | 1009 | 1009 |
| Pectin NH | 129 | 149 | 129 | 129 |


|  | MANGO | BLUEBERRY | PEAR | APPLE | PEACH |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Fruit purée | 7909 | 7909 | 7909 | 7909 | 7909 |
| Caster sugar | 1009 | 1009 | 1009 | 1009 | 1009 |
| Glucose powder | 1009 | 1009 | 1009 | 1009 | 1009 |
| Pectin NH | 12 g | 149 | 12g | 12g | 12g |



## Crémeux

Heat a third of the fruit purée.
At $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$, add the sugar and pectin mixture, then bring the mix to a boil.
Take it off the heat and add the egg whites, cook at $170^{\circ} \mathrm{F}\left(75^{\circ} \mathrm{C}\right)$, then add the rehydrated gelatin.
Combine this mixture with the rest of the fruit purée, then gradually pour in the cocoa butter, mixing with a blender until an emulsion forms.

|  | $100 \%$ FRUIT P URÉE |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | APRICOT | BLACKCURRANT | LEMON/PEAR | COCONUT |
| Fruit purée | 325g | 325g | 200g lemon <br> + 125g pear | 325g |
| Caster sugar | 45g | 45g | 100g | 45g |
| Pectin NH | 6 g | 59 | 8 g | 7g |
| Egg whites | 45g | 45g | 100g | 45g |
| Gelatin powder | 2g | 2g | 5 g | 3 g |
| Cocoa butter | 100g | 60g | 100g | 60g |
|  | STRAWBERRY | RASPBERRY | PEAR | MANGO/PASSION FRUIT |
| Fruit purée | 325g | 325g | 325g | 175g mango <br> +150g passion fruit |
| Caster sugar | 45g | 45g | 45g | 100g |
| Pectin NH | 8g | 7g | 69 | 6 g |
| Egg whites | 100g | 100g | 45g | 100g |
| Gelatin powder | 6 g | 5 g | 3 g | 3 g |
| Cocoa butter | 100g | 100g | 100g | 100g |



## Reasonable Indulgence recipe by Adamance

### 4.15 STANDARD FRUIT MOUSSE

125 g Caster sugar
35 g Water
75 g Egg whites

Mix the gelatin together with the smaller portion of fruit puree at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$, then wait for 15 to 20 minutes for the gelatin to hydrate.
Cook the water and sugar at $244^{\circ} \mathrm{F}\left(118^{\circ} \mathrm{C}\right)$, then combine this syrup with the airy egg whites Beat on a medium speed in a blender until cool (approx. $85^{\circ} \mathrm{F}$ or $30^{\circ} \mathrm{C}$ ).
Heat the jellied fruit purees to $120-140^{\circ} \mathrm{F}\left(50-60^{\circ} \mathrm{C}\right)$ to melt the gelatin, then combine it with the second portion of puree at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$. Mix with an immersion blender until completely homogenous. Gently fold the jellied fruit puree into the Italian meringue, then add the airy whipped cream. Use immediately and freeze.
$100 \%$ FRUIT PURÉE


## Reasonable Indulgence recipe bo Adamance

### 4.16 INTENSE FRUIT MOUSSE

Fruity Italian meringue
$90 \mathrm{~g} \mathrm{100} \mathrm{\%}$ fruit puree
19 g Powdered egg whites
30g Water
100 g Caster sugar

Mix the fruit puree $\left(40^{\circ} \mathrm{F}\right.$ or $\left.4^{\circ} \mathrm{C}\right)$ with the sifted powdered egg whites.
Wait 15-20 minutes for the whites to hydrate, then slowly whip up the mixture.
Cook the water and sugar at $244^{\circ} \mathrm{F}\left(118^{\circ} \mathrm{C}\right)$, then combine this syrup with the fruit puree and airy egg white mixture.
Beat on a medium speed in a blender until cool (approx. $85^{\circ} \mathrm{F}$ or $30^{\circ} \mathrm{C}$ ).
Combine the gelatin powder with portion (1) of the fruit puree at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$, then wait $15-20$ minutes for the gelatin to hydrate.
Heat this mixture to $120-140^{\circ} \mathrm{F}\left(50-60^{\circ} \mathrm{C}\right)$ so the gelatin melts completely, then combine it with portion
(2) of the fruit puree at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$. Blend until homogeneous

Mix the cream ( $40^{\circ} \mathrm{F}$ or $4^{\circ} \mathrm{C}$ ) and portion ( 3 ) of the fruit puree ( $40^{\circ} \mathrm{F}$ or $4^{\circ} \mathrm{C}$ ). Whisk at medium speed until the mixture has a light texture like a standard whipped cream.
Gently fold the jellied fruit puree into the Italian meringue, then add the airy whipped cream.
Use immediately and freeze.
$100 \%$ FRUIT PURÉE

|  | APRICOT | BLACKCURRANT | STRAWBERRY | RASPBERRY | MANGO |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Gelatin powder | $\mathbf{1 1 g}$ | $\mathbf{2 3 g}$ | $\mathbf{1 6 g}$ | $\mathbf{1 6 g}$ | $\mathbf{1 3 g}$ |  |
| Fruit purée (1) | $\mathbf{2 0 0 g}$ | $\mathbf{2 5 0 g}$ | $\mathbf{2 5 0 g}$ | $\mathbf{2 5 0 g}$ | $\mathbf{2 5 0 g}$ |  |
| Fruit purée (2) | $\mathbf{4 0 0 g}$ | $\mathbf{4 9 5 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{5 0 5 g}$ |  |
| Fruity Italian <br> meringue | $\mathbf{1 9 5 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{1 9 5 g}$ |  |
| Cream $\mathbf{3 5 \%}$ | $\mathbf{1 2 0 g}$ | $\mathbf{1 8 0 g}$ | $\mathbf{1 8 0 g}$ | $\mathbf{1 8 0 g}$ | $\mathbf{1 2 0 g}$ | $\mathbf{1 2 0 g}$ |
| Fruit purée (3) | $\mathbf{8 0 g}$ | $\mathbf{1 2 0 g}$ |  |  |  |  |


|  | BLUEBERRY | PEACH | PEAR | APPLE |
| :---: | :---: | :---: | :---: | :---: |
| Gelatin powder | $\mathbf{1 6 g}$ | $\mathbf{1 1 g}$ | $\mathbf{1 6 g}$ | $\mathbf{1 1 g}$ |
| Fruit purée (1) | $\mathbf{2 5 0 g}$ | $\mathbf{2 0 0 g}$ | $\mathbf{2 5 0 g}$ | $\mathbf{2 0 0 g}$ |
| Fruit purée (2) | $\mathbf{5 0 0 g}$ | $\mathbf{4 0 0 g}$ | $\mathbf{5 0 0 g}$ | $\mathbf{4 0 0 g}$ |
| Fruity Italian <br> meringue | $\mathbf{1 9 5 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{1 9 5 g}$ | $\mathbf{1 9 5 g}$ |
| Cream $\mathbf{3 5 \%}$ | $\mathbf{1 8 0 g}$ | $\mathbf{1 2 0 g}$ | $\mathbf{1 8 0 g}$ | $\mathbf{1 2 0 g}$ |
| Fruit purée (3) | $\mathbf{1 2 0 g}$ | $\mathbf{8 0 g}$ | $\mathbf{1 2 0 g}$ | $\mathbf{8 0 g}$ |

## Reasonable Indulgence recipe by Addamance

4.17) FRUITY CHANTILLY

Mix the sugar with the fruit purée at $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$
Add the cream.
Using a food processor fitted with a whisk, whisk the mixture at medium speed until it has a suitable texture for piping.

IMPORTANT: This chantilly is not freezable.
$100 \%$ FRUIT PURÉE

|  | BLACKCURRANT | LEMON | LIME | COCONUT | STRAWBERRY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Caster sugar | $\mathbf{1 5 0 g}$ | $\mathbf{1 5 0} \mathbf{g}$ | $\mathbf{1 5 0 g}$ | $\mathbf{9 0 g}$ | $\mathbf{9 0 g}$ |
| Fruit purée | $\mathbf{3 4 0} \mathbf{g}$ | $\mathbf{3 4 0 g}$ | $\mathbf{3 4 0 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 7 0 g}$ |
| Cream $35 \%$ | $\mathbf{5 1 0 g}$ | $\mathbf{5 1 0 g}$ | $\mathbf{5 1 0 g}$ | $\mathbf{5 4 0 g}$ | $\mathbf{5 4 0 g}$ |


|  | RASPBERRY | PASSION FRUIT | MANGO | BLUEBERRY | PEAR |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Caster sugar | $\mathbf{9 0 g}$ | $\mathbf{1 5 0} \mathbf{g}$ | $\mathbf{7 5 g}$ | $\mathbf{9 0 g}$ | $\mathbf{9 0 g}$ |
| Fruit purée | $\mathbf{3 7 0 g}$ | $\mathbf{3 4 0 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 7 0 g}$ |
| Cream $\mathbf{3 5 \%}$ | $\mathbf{5 4 0 g}$ | $\mathbf{5 1 0 g}$ | $\mathbf{5 5 0 g}$ | $\mathbf{5 4 0 g}$ | $\mathbf{5 4 0 g}$ |



## 0.

Ice cream


## Tips $\ddagger$ tricks

It is important to incorporate the milk powder into the liquid at $75^{\circ} \mathrm{F}\left(25^{\circ} \mathrm{C}\right)$ so it hydrates optimally.

The stabilizer/emulsifier is a blend of $25 \%$ guar gum, $25 \%$ carob gum and 50\% Natur Emu (citrus fiber).

The Natur Emu is a replacement for the synthetic emulsifier E471.

All ice creams must be pasteurized at $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$.

The recommended maturation time is 6 to 12 hours (maximum) for chocolate ice creams.

Make sure you follow the directions on how much your churn can hold so that your ice cream expands well.

It is important to freeze the ice creams at at least $-22^{\circ} \mathrm{F}\left(-30^{\circ} \mathrm{C}\right)$ as soon as they are out of the churn before storing them at $-1^{\circ} \mathrm{F}\left(-18^{\circ} \mathrm{C}\right)$.

## Ice cream

### 5.1 MILK ICE CREAMS

Carefully weigh all the ingredients.
Mix the stabilizer with $10 \%$ of the caster sugar.
First pour the milk into your cooking pot (a saucepan or pasteurizing machine).
Once it is at $75^{\circ} \mathrm{F}\left(25^{\circ} \mathrm{C}\right)$, add the dry milk.
At $85^{\circ} \mathrm{F}\left(30^{\circ} \mathrm{C}\right)$, add the sugars (caster sugar, glucose powder, invert sugar).
At $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$, incorporate the fats (cream).
At $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$, incorporate the caster sugar and stabilizer mixture.
At $140^{\circ} \mathrm{F}\left(60^{\circ} \mathrm{C}\right)$, add a small portion of the liquid (two-thirds of the weight of the chocolate) and blend to form an emulsion.
Pasteurize it at $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$ for 2 minutes and homogenize it if possible.
Cool quickly to $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.
Leave to sit for at least 6 hours.
Mix using an immersion blender and churn at between $15-20^{\circ} \mathrm{F}\left(-6^{\circ} \mathrm{C}\right.$ to $\left.-10^{\circ} \mathrm{C}\right)$.
Freeze at $-20^{\circ} \mathrm{F}\left(-30^{\circ} \mathrm{C}\right)$.
Store in the freezer at $0^{\circ} \mathrm{F}\left(-18^{\circ} \mathrm{C}\right)$.

DARK CHOCOLATES

|  | CARAÏBE | GUANAJA | MACAÉ | NYANGBO | P125 CGUR DE GUANAJA |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Chocolate | 320g | 300g | 340g | 310g | 360g |
| Whole milk | 1288g | 1286g | 1290g | 1290g | 1280g |
| 1\% fat milk powder | 729 | 729 | 72g | 729 | 72g |
| Caster sugar | 102g | 124g | 80 g | 110g | 889 |
| Glucose powder | 120g | 120g | 120g | 120g | 100g |
| Invert sugar | 80 g | 80 g | 80 g | 80 g | 80 g |
| Cream 35\% | 10g | 10g | 10g | 10 g | 12g |
| Stabilizer/emulsifier | 89 | 8 g | 8 g | 8 g | 89 |
| TOTAL | 2000g | 2000g | 2000g | 2000g | 2000g |

MILK CHOCOLATES
WHITE CHOCOLATES

|  | MIL K C HOC OL ATE S |  |  |
| :---: | :---: | :---: | :---: |
|  | CARAMÉLIA | HUKAMBI | JIVARA |
| Chocolate | $\mathbf{3 8 0 g}$ | $\mathbf{3 6 0 g}$ | $\mathbf{3 6 0 g}$ |
| Whole milk | $\mathbf{1 3 5 6 g}$ | $\mathbf{1 3 3 0 g}$ | $\mathbf{1 3 4 6 g}$ |
| $1 \%$ fat milk powder | $\mathbf{2 6 g}$ | $\mathbf{2 0 g}$ | $\mathbf{-}$ |
| Caster sugar | $\mathbf{7 0 g}$ | $\mathbf{1 1 2 g}$ | $\mathbf{8 6 g}$ |
| Glucose powder | $\mathbf{1 2 0 g}$ | $\mathbf{1 2 0 g}$ | $\mathbf{1 6 0 g}$ |
| Invert sugar | $\mathbf{4 0 g}$ | $\mathbf{4 0 g}$ | $\mathbf{4 0 g}$ |
| Cream 35\% | $\mathbf{-}$ | $\mathbf{1 0 g}$ | $\mathbf{-}$ |
| Stabilizer/emulsifier | $\mathbf{8 g}$ | $\mathbf{8 g}$ | $\mathbf{8 g}$ |
| TOTAL | $\mathbf{2 0 0 0 g}$ | $\mathbf{2 0 0 0}$ | $\mathbf{2 0 0 0}$ |

PRALINÉS \& CO

50\% CARAMELIZED ALMOND \& HAZELNUT

| Flavoring | $\mathbf{4 4 0 g}$ |
| :---: | :---: |
| Whole milk | $\mathbf{1 3 6 6 g}$ |
| $1 \%$ fat milk powder | $\mathbf{4 6 g}$ |
| Caster sugar | $\mathbf{2 0 g}$ |
| Glucose powder | $\mathbf{1 2 0 g}$ |
| Invert sugar | $\mathbf{-}$ |
| Cream $35 \%$ | $\mathbf{-}$ |
| Stabilizer/emulsifier | $\mathbf{8 g}$ |
| TOTAL | $\mathbf{2 0 0 0 g}$ |


| GIANDUJA |
| :---: |
| STYLE |
| NOISETTE LAT |
| 300 g |
| $\mathbf{1 3 5 0 g}$ |
| 38 g |
| $\mathbf{1 4 2 g}$ |
| $\mathbf{1 3 0 g}$ |
| $\mathbf{-}$ |
| $\mathbf{3 2 g}$ |
| $\mathbf{8 g}$ |
| $\mathbf{2 0 0 0 g}$ |



## 些 Reasonable Indulgence recipe

5.2 COCOA NIB GRANITA

830 g Water
200g Cocoa nibs
170 g Caster sugar

Heat the water and infuse the cocoa nibs for 30 minutes, covering the top of the container with film.
Strain to remove the nibs.
Add the sugar and heat to $185^{\circ} \mathrm{F}\left(85^{\circ} \mathrm{C}\right)$.
Cool to $40^{\circ} \mathrm{F}\left(4^{\circ} \mathrm{C}\right)$.
Check the Brix on the refractometer - the syrup should be $17^{\circ} \mathrm{B}$.
Pour it into a container and freeze it at $-1^{\circ} \mathrm{F}\left(-18^{\circ} \mathrm{C}\right)$.
Stir it occasionally to create flakes of ice.

[^3]Carefully weigh all the ingredients.
Bring the milk and glucose to a boil. Mix the egg yolks, sugar and dextrose.
Combine the hot glucose and milk mixture with the yolk and sugar mixture.
Heat the mixture to $185^{\circ} \mathrm{F}\left(84^{\circ} \mathrm{C}\right)$. Gradually combine the custard with the chocolate.
Immediately mix to make a perfect emulsion.
Cool the mixture to $85-95^{\circ} \mathrm{F}\left(30-35^{\circ} \mathrm{C}\right)$ and add the whipped cream (which has the texture of a mousse). Pour it into a mold.

DARK CHOCOLATES

|  | CARAÏBE | GUANAJA | KOMUNTU | MACAÉ | NYANGBO | P125 CGUR DE GUANAJA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chocolate | 4589 | 429g | 390g | 3959 | 400g | 400g |
| Whole milk | 327g | 307g | 330g | 329g | 333g | 3089 |
| Glucose syrup DE35/40 | 235g | 270g | 270g | 263g | 267g | 2719 |
| Egg yolks | 196g | 184g | 180g | 158g | 160 g | 185g |
| Caster sugar | 183g | 245g | 240g | 250g | 253g | 2719 |
| Dextrose | 789 | 749 | 70g | 799 | 80 g | 749 |
| Cream 35\% | 523 g | 492g | 520g | 526g | 507g | 492g |
| TOTAL | 2000g | 2000g | 2000g | 2000g | 2000g | 2000g |

MILK CHOCOLATES

|  | CARAMÉLIA | JIVARA |
| :---: | :---: | :---: |
| Chocolate | $\mathbf{4 8 1 g}$ | $\mathbf{4 8 1 g}$ |
| Whole milk <br> Glucose syrup <br> DE35/40 | $\mathbf{3 1 6 g}$ | $\mathbf{3 1 6 g}$ |
| Egg yolks | $\mathbf{2 5 3 g}$ | $\mathbf{2 5 3 g}$ |
| Caster sugar | $\mathbf{1 8 5 g}$ | $\mathbf{1 5 2 g}$ |
| Dextrose | $\mathbf{7 6 g}$ | $\mathbf{2 4 1 g}$ |
| Cream 35\% | $\mathbf{4 8 1 g}$ | $\mathbf{7 6 g}$ |
| TOTAL | $\mathbf{2 0 0 0 g}$ | $\mathbf{2 0 0 0 g}$ |

WHITECHOCOLATES

| BLOND DULCEY | OPALYS |
| :---: | :---: |
| 395g | 429g |
| 329g | 307g |
| 263g | 270g |
| 158g | 184g |
| 250g | 245g |
| 799 | 749 |
| 526g | 491g |
| 2000g | 2000g |



PRALINÉS \& CO

|  | 50\% CARAMELIZED <br> ALMOND \& HAZELNUT | 50\% NUTTY ALMOND <br> \& HAZELNUT |
| :---: | :---: | :---: |
| Flavoring | $\mathbf{4 7 0 g}$ | $\mathbf{4 7 0 g}$ |
| Whole milk <br> Glucose syrup <br> DE35/40 | $\mathbf{3 3 6 g}$ | $\mathbf{3 3 6 g}$ |
| Egg yolks | $\mathbf{2 6 8 g}$ | $\mathbf{2 6 8 g}$ |
| Caster sugar | $\mathbf{2 0 1 g}$ | $\mathbf{2 0 1 g}$ |
| Dextrose | $\mathbf{1 8 8 g}$ | $\mathbf{1 8 8 g}$ |
| Cream 35\% | $\mathbf{5 3 7 g}$ | $\mathbf{5 3 7 g}$ |
| TOTAL | $\mathbf{2 0 0 0 g}$ | $\mathbf{2 0 0 0 g}$ |


|  |  | GIANDUJA STYLE |
| :---: | :---: | :---: |
|  | 70\% <br> ALMOND PASTE | NOISETTE LAIT |
| Flavoring | 400g | 395g |
| Whole milk | 308g | 329g |
| Glucose syrup DE35/40 | 271g | 263g |
| Egg yolks | 185g | 158g |
| Caster sugar | 270g | 250g |
| Dextrose | 749 | 799 |
| Cream 35\% | 492g | 526g |
| TOTAL | 2000g | 2000g |

## Glazes

### 5.4 CRUNCHY COATING FOR CHILLED PRODUCTS

| $\mathbf{1 0 0 0 g}$ | CHOCOLATE | Melt the chocolate at $115-120^{\circ} \mathrm{F}\left(45-50^{\circ} \mathrm{C}\right)$. |
| ---: | :--- | :--- |
| 200 g | Grape seed oil | Add the oil and almonds and mix. |
| 250 g | Roasted chopped <br> almonds (variants can <br> also be made with cocoa | The mixture must be at $85-95^{\circ} \mathrm{F}\left(30-35^{\circ} \mathrm{C}\right)$. |
| nibs, Éclat d'or crispy |  |  |
| wheat flake cereal and |  |  |
| so on). |  |  |

### 5.5 COLD GLAZE FOR ICE CREAMS

| 120 g | Water |
| ---: | :--- |
| 12 g | Dextrose |
| 40 g | Glucose DE60 |
| 600 g | Absolu Cristal <br> neutral glaze |

Mix and use at approx. $75^{\circ} \mathrm{F}\left(25^{\circ} \mathrm{C}\right)$.
600g Absolu Cristal neutral glaze
5.6 CARAMEL SAUCE

| 150 g | Caster sugar |
| ---: | :--- |
| 150 g | Glucose syrup <br> DE35/4O |
| 115 g | Cream $35 \%$ |
| 115 g | Sweetened <br> condensed milk |
| 4 g | Vanilla bean |

Use the sugar to make a dry caramel.
Add the glucose and deglaze immediately with the warmed mixture of cream, condensed milk and vanilla.
Cook it for 30 seconds and set aside.

### 5.7 TRANSLUCENT JUICE

| 500 g | 100\% fruit purée | Heat a third of the fruit purée and the sugars. |
| ---: | :--- | :--- |
| 115 g | Caster sugar | Add the rest of the fruit purée and the eau de vie. |
| 200 g | Glucose syrup <br> DE35/40 | Store in the freezer. |
| 75 g | Invert sugar <br> 35 g | Fruit eau de vie |

5.8 FRUIT JELLY

| $\mathbf{1 0 0 0 g}$ | Absolu Cristal <br> neutral glaze | Heat the mixture to $140^{\circ} \mathrm{F}\left(60^{\circ} \mathrm{C}\right)$. |
| :--- | :--- | :--- |
| 400 g | $100 \%$ fruit purée | Mix and store in the refrigerator. |
| 200 g | Glucose syrup <br> DE35/40 | Us sour glaze to give your ice creams and sorbets a marbled effect |
|  |  |  |

### 5.9 P125 CGUR DE GUANAJA CHOCOLATE SAUCE

| $\mathrm{150g}$ | Water |
| :--- | :--- |
| $\mathbf{7 2 0 g}$ | Absolu Cristal <br> neutral glaze |
| $\mathbf{2 4 0 g}$ | P125 CGUR <br> DE GUANAJA |

Bring the water and Absolu Cristal neutral glaze to a boil. Slowly combine with the P125 Cœur de Guanaja chocolate. Immediately mix to make a perfect emulsion.
5.10 DULCEY BLOND SAUCE

```
150g Water
720g Absolu Cristal
    neutral glaze
240g BLOND DULCEY 35\%
```

Bring the water and Absolu Cristal neutral glaze to a boil.
Slowly combine with the Dulcey chocolate. Immediately mix to make a perfect emulsion.



## Chocolates

## Tips $\ddagger$ tricks

## PRALINÉ AND COCOA BUTTER

Pralines that contain 11-13\% cocoa butter make them easier to cut using a confectionery guitar cutter and improve the stability when stored.

Pralinés destined to be used as fillings are usually stabilized with a pure cocoa butter content of 6-8\%.

## MILK FAT

We use butter $84 \%$ for our recipes due to its low water content.

We also like its malleability. It can be replaced with $82 \%$ fat butter.

## SUGAR

Glucose DE60 makes creations less sweet on the palate, while preserving a good texture.

If you do not have glucose DE6O, you can use invert sugar instead, but bear in mind it will be sweeter.

XOCOLINE/XOCOLINE MILK
It is possible to replace the glucose syrup with maltitol.

## EMULSION

To get a perfectly smooth emulsion, we recommend you mix your ganaches using an immersion blender. Be careful not to incorporate any air bubbles.

A good emulsion will have a stable texture over time.

## PROCESS AND TEMPERATURE

Following processes and recommended temperatures makes your products set quicker, more evenly and with greater stability.

Heat the cream and glucose to $165-175^{\circ} \mathrm{F}\left(75-80^{\circ} \mathrm{C}\right)$.
Combine half with the chocolate fèves.
Mix well with a spatula, add the rest of the cream, and mix using an immersion blender to form a perfect emulsion.
Once the ganache is at $95-105^{\circ} \mathrm{F}\left(35-40^{\circ} \mathrm{C}\right)$, add the cubed tempered butter, which should be at approx. $65^{\circ} \mathrm{F}\left(18^{\circ} \mathrm{C}\right)$ and mix using an immersion blender again.
At $95-100^{\circ} \mathrm{F}\left(34-36^{\circ} \mathrm{C}\right)$, pour the ganache into a frame $(34 \times 34 \mathrm{~cm}-\mathrm{H}: 10 \mathrm{~mm})$, which you have attached to a guitar sheet covered with a fine layer of couverture. Leave to set for 24 to 36 hours at $60-65^{\circ} \mathrm{F}\left(16-18^{\circ} \mathrm{C}\right)$ and a $60 \%$ humidity level. Turn out, coat with chocolate and cut into your chosen shape.
Allow the ganache to set completely and coat it.
DARK CHOCOLATES

|  | ABINAO | ALPACO | ANDOA DARK | ARAGUANI | CARAİBE | CARAQUE | ÉQUATORIALE DARK |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chocolate | 595g | 680g | 665g | 640g | 700g | 735g | 735g |
| Cream 35\% | 555g | 560g | 570g | 580g | 560g | 540g | 540g |
| Glucose syrup DE60 | 225g | 135g | 145g | 160 g | 120g | 90 g | 90 g |
| Butter 84\% | 759 | 759 | 70g | 709 | 70g | 85g | 85g |


|  | EXTRA <br> DARK | GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chocolate | $\mathbf{7 5 5 g}$ | $\mathbf{6 5 0} \mathbf{g}$ | $\mathbf{7 5 5 g}$ | $\mathbf{5 9 5 g}$ | $\mathbf{7 3 0} \mathbf{g}$ | $\mathbf{7 1 0 g}$ |
| Cream $35 \%$ | $\mathbf{5 1 5 g}$ | $\mathbf{5 8 5 g}$ | $\mathbf{5 2 0 g}$ | $\mathbf{5 5 5 g}$ | $\mathbf{5 3 5 g}$ | $\mathbf{5 6 5 g}$ |
| Glucose syrup DE60 | $\mathbf{1 0 0 g}$ | $\mathbf{1 4 5 g}$ | $\mathbf{1 0 5 g}$ | $\mathbf{2 2 5 g}$ | $\mathbf{1 1 5 g}$ | $\mathbf{1 0 5 g}$ |
| Butter $\mathbf{8 4 \%}$ | $\mathbf{8 0 g}$ | $\mathbf{7 0 g}$ | $\mathbf{7 0 g}$ | $\mathbf{7 5 g}$ | $\mathbf{7 0 g}$ | $\mathbf{7 0 g}$ |


|  | MILLOT | NYANGBO | ORIADO | SATILIA <br> DARK | TAÏNORI | XOCOLINE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chocolate | $\mathbf{6 4 0 g}$ | $\mathbf{6 5 5 g}$ | $\mathbf{7 2 0 g}$ | $\mathbf{7 3 0 g}$ | $\mathbf{7 2 0 g}$ | $\mathbf{7 1 5 g}$ |
| Cream $35 \%$ | $\mathbf{5 8 0 g}$ | $\mathbf{5 7 0 g}$ | $\mathbf{5 3 5 g}$ | $\mathbf{5 2 5 g}$ | $\mathbf{5 6 0 g}$ | $\mathbf{5 3 5 g}$ |
| Glucose syrup DE60 | $\mathbf{1 6 0 g}$ | $\mathbf{1 5 5 g}$ | $\mathbf{1 0 0 g}$ | $\mathbf{1 0 5 g}$ | $\mathbf{1 0 0 g}$ | $\mathbf{1 3 0 g}$ <br> (Maltitol) |
| Butter $\mathbf{8 4 \%}$ | $\mathbf{7 0 g}$ | $\mathbf{7 0 g}$ | $\mathbf{9 5 g}$ | $\mathbf{9 0 g}$ | $\mathbf{7 0 g}$ | $\mathbf{7 0 g}$ |



## Framed ganaches

6.2 MILK AND WHITE CHOCOLATE GANACHE

Heat the cream and glucose to $140-150^{\circ} \mathrm{F}\left(60-65^{\circ} \mathrm{C}\right)$.
Combine half with the partially melted chocolate.
Mix well with a spatula, add the rest of the cream, and mix using an immersion blender to form a perfect emulsion.
Once the ganache is at $95-105^{\circ} \mathrm{F}\left(35-40^{\circ} \mathrm{C}\right)$, add the cubed tempered butter, which should be at approx. $65^{\circ} \mathrm{F}\left(18^{\circ} \mathrm{C}\right)$ and mix using an immersion blender again.
At a temperature of $90-93^{\circ} \mathrm{F}\left(32-34^{\circ} \mathrm{C}\right)$ for milk chocolates and $85-90^{\circ} \mathrm{F}\left(30-32^{\circ} \mathrm{C}\right)$ for white chocolates and Almond Inspiration chocolates, pour the ganache into a $34 \times 34 \mathrm{~cm}$ frame (depth: 10 mm ) on top of a sheet of guitar paper coated with couverture chocolate Leave to set for 24 to 48 hours at $60-65^{\circ} \mathrm{F}\left(16-18^{\circ} \mathrm{C}\right)$ and a $60 \%$ humidity level.
Turn out, coat with chocolate and cut into your chosen shape.
Allow the ganache to set completely and coat it.

|  | MILK CHOCOLATES |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ANDOA MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉQUATORIALE MILK | HUKAMBI |
| Chocolate | 865g | 905g | 810g | 860g | 920 g | 810g |
| Cream 35\% | 415g | 460 g | 435g | 405g | 455g | 435g |
| Glucose syrup DE60 | 90 g | 709 | 105g | 90 g | 209 | 135g |
| Butter 84\% | 809 | $\begin{gathered} \mathbf{1 5 g} \\ \text { (Cocoa butter) } \end{gathered}$ | 100g | 959 | 55g | 100g |


|  | JIVARA | ORIZABA | SATILIA <br> MILK | TANARIVA | XOCOLINE <br> MILK |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Chocolate | $\mathbf{8 2 5 g}$ | $\mathbf{9 1 0} \mathbf{g}$ | $\mathbf{9 0 0 g}$ | $\mathbf{8 9 5 g}$ | $\mathbf{9 0 0 g}$ |
| Cream $35 \%$ | $\mathbf{4 3 0 g}$ | $\mathbf{4 4 5 g}$ | $\mathbf{4 3 5 g}$ | $\mathbf{4 6 0 g}$ | $\mathbf{4 6 0 g}$ |
| Glucose syrup DE60 | $\mathbf{9 5 g}$ | $\mathbf{1 5 g}$ | $\mathbf{3 5 g}$ | $\mathbf{1 5 g}$ | $\mathbf{-}$ |
| Butter $84 \%$ | $\mathbf{1 0 0 g}$ | $\mathbf{8 0 g}$ | $\mathbf{8 0 g}$ | $\mathbf{8 0 g}$ | $\mathbf{9 0 g}$ |

WHITE CHOCOLATES
INSPIRATION

|  | IVOIRE | BLOND <br> DULCEY | OPALYS | WAINA |
| :---: | :---: | :---: | :---: | :---: |
| Chocolate | $\mathbf{9 1 0 g}$ | $\mathbf{9 0 0 g}$ | $\mathbf{9 1 0 g}$ | $\mathbf{9 5 0 g}$ |
| Cream $35 \%$ | $\mathbf{3 9 5 g}$ | $\mathbf{3 9 0}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 9 0}$ |
| Glucose syrup DE60 | $\mathbf{7 5 g}$ | $\mathbf{8 5 g}$ | $\mathbf{9 5 g}$ | $\mathbf{-}$ |
| Butter 84\% | $\mathbf{7 0 g}$ | $\mathbf{-}$ | $\mathbf{7 5 g}$ | $\mathbf{1 1 0 g}$ |


| ALMOND |
| :---: |
| INSPIRATION |$|$| $\mathbf{8 6 0 g}$ |
| :---: |
| 510 g |
| $\mathbf{8 0 g}$ |

## 6.3 "GIANDUJA-STYLE" FRAMED BONBON FILLINGS

"Gianduja-Style" praliné contains cocoa butter.
It needs to be tempered after melting at $115-120^{\circ} \mathrm{F}\left(45-50^{\circ} \mathrm{C}\right)$.
When used as fillings for bonbons, "Gianduja-Style" praliné can be flavored by adding dry products such as coffee, spices, candied citrus fruit zest or natural essential oils.
Melt the "Gianduja-Style" at $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$.
Leave the chocolate to set at $75-80^{\circ} \mathrm{F}\left(25-26^{\circ} \mathrm{C}\right)$ before framing.
Pour it into a frame on top of a guitar sheet coated with couverture chocolate.
Leave to set for 12 hours before coating again and cutting.

### 6.4 PIPED "GIANDUJA-STYLE" PRALINÉ

Melt the "GIANDUJA STYLE" at $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$.
Cool to $75-77^{\circ} \mathrm{F}\left(24-25^{\circ} \mathrm{C}\right)$ until it takes on a light, fluffy texture.
When using your product, you can stabilize its texture by adding more "Gianduja-Style" praliné at $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$.
Pipe out into your chosen shape.


## Pralinés

### 6.5 FRAMED PRALINÉ

1000 g Praliné Melt the milk couverture and cocoa butter at $115-120^{\circ} \mathrm{F}\left(45-50^{\circ} \mathrm{C}\right)$ and mix them with the praliné

250g ÉQUATORIALE MILK 35\%

+ Cocoa butter

Heat to $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$
Leave the chocolate to set at $75-80^{\circ} \mathrm{F}\left(25-26^{\circ} \mathrm{C}\right)$ before framing
Pour it into a frame on top of a guitar sheet coated with couverture chocolate.
Leave to set for 12 hours before coating again and cutting.

PRALINÉS \& CO

| PECAN | PISTACHIO | 60\% CARAMELIZED <br> ALMOND |
| :---: | :---: | :---: |
| +100 g | +100 g | +100 g |

## 60\% CARAMELIZED <br> HAZELNUT

+ 100g

| CRUNCHY 50\% NUTTY | 50\% CARAMELIZED |
| :---: | :---: |
| ALMOND \& HAZELNUT | ALMOND \& HAZELNUT |
| +70 g | +70 g |

### 6.6 PRALINÉ FILLING

| $\mathbf{1 0 0 0 g}$ | Praliné | Melt the milk couverture and cocoa butter at $115-120^{\circ} \mathrm{F}\left(45-50^{\circ} \mathrm{C}\right)$ and mix them with the praliné. |
| ---: | :--- | :--- |
| $\mathbf{1 0 0} \mathrm{g}$ ÉQUATORIALE | Heat to $115^{\circ} \mathrm{F}\left(45^{\circ} \mathrm{C}\right)$. |  |
|  | MILK $35 \%$ | Leave to set at $75-80^{\circ} \mathrm{F}\left(25-26^{\circ} \mathrm{C}\right)$, then use a piping bag to fill hollow products or molded bonbons |
|  | Leave to set for 24 to 36 hours before sealing. |  |

PRALINÉS \& CO

| PECAN | PISTACHIO | 60\% CARAMELIZED <br> ALMOND |
| :---: | :---: | :---: |
| +35 g | +25 g | +35 g |

```
60\% CARAMELIZED
```

HAZELNUT

### 6.7 FRAMED ALMOND PASTE

## $1000 \mathrm{~g} \quad 50 \%$ or $55 \%$ almond paste

Flavoring
80/100g
Nut paste (walnut, coffee, etc.)
and/or
80g Alcoho and/or
150g Chopped candied nuts and/or
50/100g Cocoa butter

Take $10 \%$ of the almond paste and add to it the fruit paste, alcohol, candied fruit and, potentially, cocoa butter.
Add the rest of the mixture.
You must use the flat beater in a food processor to mix.
Once you obtain a homogeneous mixture, spread it into a frame and set aside at $60-65^{\circ} \mathrm{F}\left(16-18^{\circ} \mathrm{C}\right)$ for 24 hours.

### 6.8 CUSTOMIZE YOUR CHOCOLATE'S COCOA CONTENT

Create your own bars and couvertures using chocolate from Ecuador, Venezuela, the Dominican Republic, Madagascar or Brazil by adding cocoa Pure Pastes with the same origin as our Grand Cru de Terroir couvertures. Get bars with just the cocoa percentage you want as well as couverture to use in unique pastry recipes.




# Finishing touches 



## Tips \& tricks

## STORING

Nougatines, whirls, opalines and thin wafers can be kept in airtight boxes for several days.

GLAZES
Make sure you follow the recommended temperatures for glazes so they stay fluid.

Look out for ice on the base you're glazing or spraying.

For spray glazes, we recommend using a spray gun with a 3.0 nozzle and a pressure of 1.6 to 2.0 bar

## Finishing touches

7.1 COCOA NIB OR NUT NOUGATINE

| $\mathbf{2 5 0 g}$ | Butter 84\% |
| ---: | :--- |
| 100 g | Glucose DE35/40 |
| 20 g | Water |
| 300 g | Caster sugar |
| 5 g | Pectin NH |
| $\mathbf{3 5 0}$ g | Cocoa nibs or <br> chopped nuts <br>  <br>  <br>  <br> (hazelnuts, walnuts, <br> almonds, etc.) |

Heat the butter, glucose and water.
Baking
100 g Glucose DE35/40
At $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$, add the mixture of sugar and pectin.
Leave it to simmer for a few seconds and add the cocoa nibs or
At $320-340^{\circ} \mathrm{F}\left(160-170^{\circ} \mathrm{C}\right)$ chopped nuts.

Leave to cool
Spread onto a silicone baking sheet

This mixture can be stored as it is in the freezer and cooked whenever
required for decorations.
7.2 PLAIN OR FLAVORED OPALINE

| 225g | Fondant | Bring the fondant and glucose mixture to a boil, up to a temperature | Baking |
| :---: | :---: | :---: | :---: |
| 150g | Glucose | of $320-330^{\circ} \mathrm{F}\left(160-165^{\circ} \mathrm{C}\right)$. |  |
|  |  | Spread it out on a silicone sheet and leave it to cool before you | At $285-300^{\circ} \mathrm{F}\left(140-150^{\circ} \mathrm{C}\right)$ |
|  |  | grind it into a powder. | so that the powder melts. |
|  |  | Store in an airtight container until you are ready to cook. | Leave to cool. |
|  |  | Sprinkle a thin layer of this powder onto a silicone sheet. | Detach it from the sheet |
|  |  |  | and store in a hot cupboard until |
|  |  | You can also color and/or flavor this recipe with cocoa pastes, spices, | you are ready to use it. |

zest, flavored pastes and extracts.

### 7.3 CARAMEL \& CHOCOLATE WHIRLS

200 g Caster sugar Cook the sugar, glucose and water at $315^{\circ} \mathrm{F}\left(158^{\circ} \mathrm{C}\right)$.
200 g Glucose
Take the mixture off the heat and add the chopped cocoa paste. Use a spatula to smooth the mix.
90 g EXTRA COCOA Spread it out as thinly as you can between two silicone sheets.
Heat in the oven for a few minutes and spread the caramel into whirl shapes to make your caramel and chocolate decorations.

Store in a hot cupboard.

### 7.4 CHOCOLATE THIN WAFER

| $\mathbf{2 7 0 g}$ | Caster sugar | Mix the sugar and pectin together. | Baking |
| ---: | :--- | :--- | :--- |
| 4 g | Pectin NH | Mix together the butter, glucose and water and bring them to a boil. | - |
| $\mathbf{1 5 0 g}$ | Butter $84 \%$ | Add the sugar and pectin mixture, followed by the cocoa powder. | At $320^{-340^{\circ} \mathrm{F}\left(160-170^{\circ} \mathrm{C}\right) .}$ |
| 90 g | Glucose | Boil until the texture is smooth and creamy. | Store in a dry place. |
| 70 g | Water | Take the pan off the heat and add the chopped chocolate. |  |
| $\mathbf{5 g}$ | Cocoa powder | Spread the mixture as thinly as possible on a silicone sheet. |  |

7.5 CANDIED OR CARAMELIZED NUTS

300g Nuts (cocoa nibs
almonds, hazelnuts,
etc.)
150g Caster sugar
50 g Water

Cook the sugar and water at $245^{\circ} \mathrm{F}\left(118^{\circ} \mathrm{C}\right)$.
Add the nuts
Mix until the sugar sets.
Put the pan back on the heat and caramelize the sugar until you are satisfied with it.

## Finishing touches

7.6 COCOA OR PLAIN DECORATIVE BISCUIT

Cook the beurre noisette and leave it to cool. Add the confectioners'
Baking
100 g Butter 84\% sugar, half the egg whites, the flour and the cocoa powder.
100 g Egg whites Add the rest of the egg whites (be careful not to beat them). At $340-355^{\circ} \mathrm{F}\left(170-180^{\circ} \mathrm{C}\right)$
100 g Egg whites Add the rest of the egg whites (be careful not to beat them). At 340-355 ${ }^{\circ} \mathrm{F}\left(170-180^{\circ} \mathrm{C}\right)$
80 g All-purpose flour
$\mathbf{2 0 g}$ Cocoa powder
For a plain decorative biscuit, use all-purpose flour instead of cocoa powder.
7.7 CHOCOLATE SAUCE

| $\mathbf{6 0 0 g}$ | Absolu Cristal <br> neutral glaze | Make a ganache with the cream and chocolate, then add the melted Absolu Cristal neutral glaze <br> at $140-160^{\circ} \mathrm{F}\left(60-70^{\circ} \mathrm{C}\right)$. |
| :--- | :--- | :--- |
| $\mathbf{2 8 0 g}$ Cream $35 \%$ | Blend for a few seconds. <br> Strain. |  |

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 5 0 g}$ | $\mathbf{3 0 0 g}$ | $\mathbf{2 9 5 g}$ | $\mathbf{2 2 5 g}$ | $\mathbf{3 0 0 g}$ | $\mathbf{3 5 0 g}$ | $\mathbf{3 5 0 g}$ | $\mathbf{3 2 5 g}$ |


| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI | NYANGBO |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 9 5 g}$ | $\mathbf{3 2 0 g}$ | $\mathbf{2 1 5 g}$ | $\mathbf{3 1 5 g}$ | $\mathbf{3 1 0 g}$ | $\mathbf{2 9 5 g}$ |


| ORIADO | P125 CGEUR <br> DE GUANAJA | SATILIA <br> DARK | TAÏNORI | XOCOLINE |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{3 2 5 g}$ | $\mathbf{2 4 0 g}$ | $\mathbf{3 2 0 g}$ | $\mathbf{3 1 0 g}$ | $\mathbf{3 1 5 g}$ |

(8)

MILK CHOCOLATES

| ANDOA <br> MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉQUATORIALE <br> MILK | HUKAMBI | JIVARA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 9 0} \mathbf{g}$ | $\mathbf{3 9 5 g}$ | $\mathbf{2 7 5 g}$ | $\mathbf{3 7 0} \mathbf{g}$ | $\mathbf{3 7 5} \mathbf{g}$ | $\mathbf{2 5 5 g}$ | $\mathbf{3 4 0} \mathbf{g}$ |


| ORIZABA | SATILIA <br> MILK | TANARIVA | XOCOLINE <br> MILK |
| :---: | :---: | :---: | :---: |
| $\mathbf{3 3 5 g}$ | $\mathbf{3 9 0 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 4 5 g}$ |

WHITECHOCOLATES

| IVOIRE | BLOND <br> DULCEY | OPALYS | WAINA | AMATIKA |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{3 7 5 g}$ | $\mathbf{3 1 0 g}$ | $\mathbf{3 7 5} \mathbf{g}$ | $\mathbf{3 7 5} \mathbf{g}$ | $\mathbf{2 3 5 g}$ |

## Finishing touches

### 7.8 CHOCOLATE FOAM

## Chocolate jelly

(Recipe 2.9, page 36)
As needed Nitrous oxide gas charger

Make the jelly.
Leave it to set and load it into a siphon.
Put some gas chargers in place and shake before use

### 7.9 SOFT CHOCOLATE GLAZE

## 600g Absolu Cristal neutral glaze

225g Cream 35\%
60 g Water

+ Gelatin powder

Heat the cream and add the rehydrated gelatin, if necessary, then gradually combine with the chocolate. Mix straight away thoroughly using an immersion blender to make a perfect emulsion.
Add the Absolu Cristal neutral glaze which you have simmered with the water.
Mix again.
Use at $85-105^{\circ} \mathrm{F}\left(30-40^{\circ} \mathrm{C}\right)$
For recipes using IVOIRE, OPALYS, WAINA and DULCEY BLOND, you should only use 150 g of Absolu Cristal neutral glaze.

Flavor was our top priority when making this glaze.
It has only a hint of sweetness and a rich chocolaty taste.

DARK CHOCOLATES

| ABINAO | ALPACO | ANDOA <br> DARK | ARAGUANI | CARAÏBE | CARAQUE | ÉQUATORIALE <br> DARK | EXTRA <br> BITTER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 5 0 g}$ | $\mathbf{3 0 0 g}$ | $\mathbf{2 9 5 g}$ | $\mathbf{2 7 5 g}$ | $\mathbf{3 0 0 g}$ | $\mathbf{3 5 0 g}$ | $\mathbf{3 5 0} \mathbf{g}$ | $\mathbf{3 2 5 g}$ |


| GUANAJA | ILLANKA | KOMUNTU | MACAÉ | MANJARI |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 9 5 g}$ | $\mathbf{3 3 0 g}$ | $\mathbf{2 7 0 g}$ | $\mathbf{3 2 0 g}$ | $\mathbf{3 1 0 g}$ |
| ORIADO | P125 CFUR <br> DE GUANAJA | SATILIA <br> DARK | TAÏNORI | XOCOLINE |
| $\mathbf{3 2 5 g}$ | $\mathbf{2 4 0 g}$ | $\mathbf{3 1 5 g}$ | $\mathbf{3 1 0 g}$ | $\mathbf{3 1 5 g}$ |

$\theta$

## MILKCHOCOLATES

| ANDOA <br> MILK | AZÉLIA | BAHIBÉ | CARAMÉLIA | ÉQUATORIALE <br> MILK | HUKAMBI | JIVARA |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{3 4 0 g}$ | $\mathbf{3 9 5 g}$ | $\mathbf{3 2 5 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 7 5 g}$ | $\mathbf{3 1 0 g}$ | $\mathbf{3 4 0 g}$ |
| ORIZABA | SATILIA <br> MILK | TANARIVA | XOCOLINE <br> MILK |  |  |  |
| $\mathbf{3 3 5 g}$ | $\mathbf{3 8 0 g}$ | $\mathbf{3 7 0 g}$ | $\mathbf{3 4 5 g}$ |  |  |  |
| +19 | - | - | - |  |  |  |

WHITECHOCOLATES

| IVOIRE | BLOND <br> DULCEY | OPALYS | WAINA |
| :---: | :---: | :---: | :---: |
| $\mathbf{3 7 5} \mathbf{g}$ | $\mathbf{3 1 0 g}$ | $\mathbf{3 7 5} \mathbf{g}$ | $\mathbf{3 7 5} \mathbf{g}$ |
| +3 g | +3 g | +3 g | +3 g |

VEGAN

AMATIKA

375g

Heat the cream and rehydrated gelatin, then gradually combine it with the praliné.
Mix straight away thoroughly using an immersion blender to make a perfect emulsion. Add the Absolu Cristal neutral glaze which you have simmered with the water.
Mix again.
Use at $85-105^{\circ} \mathrm{F}\left(30-40^{\circ} \mathrm{C}\right)$
7.11 DARK CHOCOLATE GLAZE

| 275 g | Water |
| ---: | :--- |
| 275 g | Dextrose |
| 125 g | Glucose syrup |
|  | DE35/40 |
| 275 g | Cream $35 \%$ |
| 60 g | $1 \%$ fat milk powder |
| $\mathbf{3 5 0} \mathrm{g}$ | Cocoa powder |
| 875 g | Caster sugar |
| 75 g | Gelatin powder |
| 375 g | Water for the gelatin |
| 600 g | Absolu Cristal |
|  | neutral glaze |
| 60 g | Water |

Heat the larger portion of water with the dextrose and glucose to $105^{\circ} \mathrm{F}\left(40^{\circ} \mathrm{C}\right)$.
Add the cream, milk powder, cocoa powder and then the sugar, and bring to a boil.
Bring the Absolu Cristal to a boil, then add it to the smaller portion of water.
Add the rehydrated gelatin and mix.
Leave to set for 24 hours before use.

Use:
Reheat the glaze to $90-95^{\circ} \mathrm{F}\left(33-35^{\circ} \mathrm{C}\right)$ before you use it.
Then mix using an immersion blender to homogenize and to get rid of as many air bubbles as possible. Use to glaze your creations.
For application using a spray gun, make up a further $50 \%$ of the total weight of the recipe with
Absolu Cristal, so 1640 g for this recipe.

225 g Water
300 g Caster sugar
375 g Glucose syrup DE35/40
300 g Sweetened condensed milk
480g CARAÏBE 66\%
75 g Cocoa butter
600 g Absolu Cristal neutral glaze
60 g Water

Make a syrup by cooking the larger portion of water, sugar and glucose.
Cook at $220^{\circ} \mathrm{F}\left(104^{\circ} \mathrm{C}\right)$.
Add the sweetened condensed milk, then gradually combine with the melted couverture and cocoa butter. Mix straight away thoroughly using an immersion blender to make a perfect emulsion.
Bring the Absolu Cristal to a boil, then add it to the smaller portion of water.
Mix again.
Leave to set for 24 hours before use.

Use:
Reheat the glaze to $95-100^{\circ} \mathrm{F}\left(36-38^{\circ} \mathrm{C}\right)$ before you use it.
Then mix using an immersion blender to homogenize and to get rid of as many air bubbles as possible. Use to glaze your creations.
For application using a spray gun, make up a further $50 \%$ of the total weight of the recipe with
Absolu Cristal, so 1205 g for this recipe.

| 300 g | Water |
| ---: | :--- |
| 400 g | Caster sugar |
| 500 g | Glucose syrup |
| 400 g | DE35/40 |
|  | Sweetened <br> condensed milk |
| 32 g | Gelatin powder |
| 160 g | Water for the gelatin |
| 600 g | BLOND DULCEY $35 \%$ |
| 100 g | Cocoa butter |
| $\mathbf{6 0 0 g}$ | Absolu Cristal <br> neutral glaze |
| 60 g | Water |

Make a syrup by cooking the larger portion of water, sugar and glucose.
Cook at $220^{\circ} \mathrm{F}\left(104^{\circ} \mathrm{C}\right)$.
Add the sweetened condensed milk and rehydrated gelatin.
Gradually combine this with the melted couverture and cocoa butter.
Mix straight away thoroughly using an immersion blender to make a perfect emulsion.
Bring the Absolu Cristal to a boil, then add it to the smaller portion of water.
Mix again.
Leave to set for 24 hours before use.

Use:
Reheat the glaze to $90-95^{\circ} \mathrm{F}\left(32-34^{\circ} \mathrm{C}\right)$ before you use it.
Then mix using an immersion blender to homogenize and to get rid of as many air bubbles as possible. Use to glaze your creations.
For application using a spray gun, make up a further $50 \%$ of the total weight of the recipe with Absolu Cristal, so 1575 g for this recipe.

| 280g | Water |
| :---: | :---: |
| 375 g | Caster sugar |
| 470g | Glucose syrup DE35/40 |
| 375g | Sweetened condensed milk |
| 25g | Gelatin powder |
| 130 g | Water for the gelatin |
| 675g | JIVARA 40\% |
| 600g | Absolu Cristal neutral glaze |
| 60 g | Water |

Make a syrup by cooking the larger portion of water, sugar and glucose.
Cook at $220^{\circ} \mathrm{F}\left(104^{\circ} \mathrm{C}\right)$.
Add the sweetened condensed milk and rehydrated gelatin.
Gradually combine this with the melted couverture.
Mix straight away thoroughly using an immersion blender to make a perfect emulsion.
Bring the Absolu Cristal to a boil, then add it to the smaller portion of water.
Mix again.
Leave to set for 24 hours before use.

Use:
Reheat the glaze to $90-95^{\circ} \mathrm{F}\left(32-34^{\circ} \mathrm{C}\right)$ before you use it.
Then mix using an immersion blender to homogenize and to get rid of as many air bubbles as possible. Glaze and let any excess drain away.
For application using a spray gun, make up a further $50 \%$ of the total weight of the recipe with
Absolu Cristal, so 1495 g for this recipe.

### 7.15 OPALYS GLAZE

| 300g | Water |
| :---: | :---: |
| 400g | Caster sugar |
| 500 g | Glucose syrup DE35/40 |
| 400g | Sweetened condensed milk |
| 36 g | Gelatin powder |
| 180 g | Water for the gelatin |
| 600g | OPALYS 33\% |
| 100g | Cocoa butter |
| 600g | Absolu Cristal neutral glaze |
| 60g | Water |

Make a syrup by cooking the larger portion of water, sugar and glucose.
Cook at $220^{\circ} \mathrm{F}\left(104^{\circ} \mathrm{C}\right)$.
Add the sweetened condensed milk and rehydrated gelatin.
Gradually combine this with the melted couverture and cocoa butter.
Mix straight away thoroughly using an immersion blender to make a perfect emulsion.
Bring the Absolu Cristal to a boil, then add it to the smaller portion of water.
Mix again.
Leave to set for 24 hours before use.

Use:
Reheat the glaze to $90-95^{\circ} \mathrm{F}\left(32-34^{\circ} \mathrm{C}\right)$ before you use it.
Then mix using an immersion blender to homogenize and to get rid of as many air bubbles as possible. Glaze and let any excess drain away.
For application using a spray gun, make up a further $50 \%$ of the total weight of the recipe with Absolu Cristal, so 1590 g for this recipe.

### 7.16 ALMOND INSPIRATION GLAZE

300 g Water
400 g Caster sugar
500 g Glucose syrup DE35/40
400 g Sweetened condensed milk
28 g Gelatin powder
140 g Water for the gelatin
560 g ALMOND INSPIRATION
100g Cocoa butter
600 g Absolu Cristal neutral glaze
60 g Water

Make a syrup by cooking the larger portion of water, sugar and glucose. Cook at $220^{\circ} \mathrm{F}\left(104^{\circ} \mathrm{C}\right)$.
Add the sweetened condensed milk and rehydrated gelatin.
Melt both the Almond Inspiration and cocoa butter and then gradually combine the previous mixture with it Mix straight away thoroughly using an immersion blender to make a perfect emulsion.
Bring the Absolu Cristal to a boil, then add it to the smaller portion of water.
Mix again.
Leave to set for 24 hours before use.

Use:
Reheat the glaze to $90-95^{\circ} \mathrm{F}\left(32-34^{\circ} \mathrm{C}\right.$ ) before you use it.
Then mix using an immersion blender to homogenize and to get rid of as many air bubbles as possible. Use to glaze your creations.
For application using a spray gun, make up a further $50 \%$ of the total weight of the recipe with Absolu Cristal, so 1545 g for this recipe.
neutral glaze
60 g Water

Bring the Absolu Cristal neutral glaze to a boil in the water Immediately apply using a spray gun at about $175^{\circ} \mathrm{F}\left(80^{\circ} \mathrm{C}\right)$.
$\qquad$
7.18 JIVARA ABSOLU SPRAY

600g Absolu Cristal neutral glaze

Bring the Absolu Cristal neutral glaze to a boil in the water.
Slowly combine this mixture with the couverture.
60 g Water
90-140g JIVARA 40\%

600 g Absolu Cristal neutral glaze
60 g Water
$120-160 \mathrm{~g}$
GUANAJA 70\%

Bring the Absolu Cristal neutral glaze to a boil in the water
Slowly combine this mixture with the couverture.
Mix and use at approx. $175^{\circ} \mathrm{F}\left(80^{\circ} \mathrm{C}\right)$.

### 7.20 CHOCOLATE MIXTURE FOR SPRAY GUN

CHOCOLATE

+ Cocoa butter

To give your spray mix a velvety finish, heat the mixture to $105-115^{\circ} \mathrm{F}\left(40-45^{\circ} \mathrm{C}\right)$ and spray it onto your frozen product.

For shiny, smooth spraying on assemblies and artworks, use the mixture while it is hot $105-115^{\circ} \mathrm{F}$ or $\left.40-45^{\circ} \mathrm{C}\right)$, then lower the temperature to $85-90^{\circ} \mathrm{F}\left(30-32^{\circ} \mathrm{C}\right)$ for dark chocolates, $84-87^{\circ} \mathrm{F}\left(29-31^{\circ} \mathrm{C}\right)$ for milk chocolates, and $82-85^{\circ} \mathrm{F}\left(28-30^{\circ} \mathrm{C}\right)$ for blond and white chocolates.

CHOCOLATES

D A R K

| CARAÏBE | JIVARA |
| :---: | :---: |
| $\mathbf{7 0 0 g}$ | $\mathbf{6 0 0 g}$ |
| +300 g | +400 g |

WHITE

| BLOND <br> DULCEY | OPALYS |
| :---: | :---: |
| $\mathbf{7 0 0 g}$ | $\mathbf{7 0 0 g}$ |
| +300 g | +300 g |



## DIFFERENT CHOCOLATES, DIFFERENT RECIPES

All our Valrhona couverture chocolates can be used for all kinds of applications. However, each couverture has its own specific features, including character, taste, cocoa content and texture, so you can tailor these to your recipe when you are swapping one type of chocolate for another. It is vital you pay attention to different ingredients' proportions so your dish, bonbon or dessert keeps its balance and hold.

Ideal Application | Recommended Application | Not Recommended
*Including Namelaka, Frozen

DARKCHOCOLATES

| product name | $\begin{gathered} \% \\ \text { SUGAR } \end{gathered}$ | $\begin{gathered} \text { \% } \\ \text { MILK } \end{gathered}$ | $\begin{aligned} & \text { \% } \\ & \text { COCOA } \\ & \text { BUTTER } \end{aligned}$ | CODE <br> 3 kg bag of fèves <br> $3 \times 1 \mathrm{~kg}$ slabs <br> 12 kg box of fèves | applications |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Coating | Molding | Bars | Mousses | Crémeux, ganaches* | Ice creams, sorbets |
| ABINAO 85\% | 14 | - | 48 | 5614 | $\bigcirc$ | $\bigcirc$ | - | - | $\bigcirc$ | - |
| ALPACO 66\% | 33 | - | 40 | ${ }_{19851}^{5572}$ | - | - | - | - | - | - |
| ANDOA DARK $70 \%$ ] | 29 | - | 42 | 12515 | - | - | - | - | - | - |
| ARAGUANI 72\% | 27 | - | 44 | 4656 | - | - | - | $\bigcirc$ | $\bigcirc$ | - |
| EXTRA COCOA PASTE 100\% | 0 | - | 54 | 134 | - | - | - | - | - | - |
| CARAİBE 66\% | 33 | - | 40 | $\begin{gathered} 4654 \\ 107 \\ 19843 \end{gathered}$ | $\bigcirc$ | $\bigcirc$ | - | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| CARAQUE 56\% | 43 | - | 37 | $\begin{gathered} 102 \\ 19850 \end{gathered}$ | - | - | $\bigcirc$ | - | - | $\bigcirc$ |
| ÉQUATORIALE DARK 55\% | 43 | - | 37 | 4661 19836 | - | - | - | - | - | - |
| EXTRA BITTER 61\% | 38 | - | 38 | $\begin{gathered} 4657 \\ \\ \\ 19046 \end{gathered}$ | $\bigcirc$ | $\bigcirc$ | - | $\bigcirc$ | $\bigcirc$ | - |
| GUANAJA 70\% | 29 | - | 42 | $\begin{gathered} 4653 \\ 106 \\ 19849 \end{gathered}$ | $\bigcirc$ | - | - | - | - | $\bigcirc$ |
| ILLANKA 63\% | 36 | - | 37 | 9559 | - | - | - | - | - | - |
| KOMUNTU 80\% | 20 | - | 45 | 48579 | - | - | - | - | - | - |
| MACAÉ $62 \%$ | 37 | - | 37 | 6221 | - | - | - | - | - | - |
| MANJARI 64\% | 35 | - | 39 | ${ }_{117}^{4655}$ | - | - | - | - | - | - |
| NYANGBO 68\% | 31 | - | 41 | 6085 | - | - | - | - | - | - |
| ORIADO 60\% | 38 | - | 39 | 12164 | - | - | - | - | - | - |
| P125 CEUR DE GUANAJA | 19 | - | 35 | 6360 8234 | - | - | - | - | - | - |
| ALPACO 100\% PURE PASTE | 0 | - | 54 | 5569 | - | - | $\bigcirc$ | - | - | - |
| ARAGUANI 100\% PURE PASTE | $\bigcirc$ | - | 54 | 5568 | - | - | - | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| MANJARI 100\% PURE PASTE | 0 | - | 54 | 5567 | - | - | - | - | - | - |
| SATILIA DARK 62\% | 37 | - | 38 | 7346 | - | - | - | - | - | - |
| TAİNORI 64\% | 35 | - | 39 | 5571 | - | - | - | - | $\bigcirc$ | - |
| XOCOLINE 65\% | Maltitol $34$ | - | 42 | 5904 | - | - | - | - | - | - |

## DIFFERENT CHOCOLATES, DIFFERENT RECIPES

Ideal Application | Recommended Application | Not Recommended
*Including Namelaka, Frozen

MILK CHOCOLATES

| PRODUCT NAME | $\begin{gathered} \text { \% } \\ \text { SUGAR } \end{gathered}$ | $\begin{aligned} & \text { \% } \\ & \text { MILK } \end{aligned}$ | $\begin{aligned} & \text { \% } \\ & \text { COCOA } \\ & \text { BUTTER } \end{aligned}$ | CODE <br> 3 kg bag of fèves $3 \times 1 \mathrm{~kg}$ slabs 12 kg box of fèves | APPLICATIONS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Coating | Molding | Bars | Mousses | Crémeux, ganaches* | Ice creams, sorbets |
| ANDOA MILK 39\% | 34 | 26 | 34 | 15001 | - | - | - | $\bigcirc$ | - | - |
| AZÉLIA 35\% | 39 | 20 | 31 | 11603 |  | O | O | - | $\bigcirc$ | O |
| BAHIBÉ 46\% | 30 | 23 | 37 | 9997 | $\bigcirc$ | - | - | O | , | O |
| CARAMÉLIA 36\% | 34 | 20 | 32 | 7098 |  | - | - | - | O | $\bigcirc$ |
| ÉQUATORIALE MILK 35\% | 43 | 19 | 33 | $\begin{gathered} 4662 \\ 19844 \end{gathered}$ | - | - | $\bigcirc$ | - | - | O |
| HUKAMBI 53\% | 25 | 20 | 40 | 49787 | O | - | - | O | - | $\bigcirc$ |
| JIVARA 40\% | 34 | 23 | 34 | $\begin{gathered} 4658 \\ 189 \\ 19848 \end{gathered}$ | - | - | - | - | - | - |
| ORIZABA 39\% | 37 | 18 | 34 | 6640 | - | O | - | - | - | $\bigcirc$ |
| SATILIA MILK 35\% | 43 | 21 | 31 | 7347 | - | - | $\bigcirc$ | - | O | - |
| TANARIVA 33\% | 37 | 28 | 30 | $\begin{aligned} & 4659 \\ & 3692 \end{aligned}$ | - | - | - | O | - | - |
| XOCOLINE MILK 41\% | 34 | 24 | 34 | 6972 | , | - | - | - | O | $\bigcirc$ |

WHITECHOCOLATES

| PRODUCT NAME | \% SUGAR | $\begin{gathered} \text { \% } \\ \text { MILK } \end{gathered}$ | $\begin{gathered} \text { \% } \\ \text { COCOA } \\ \text { BUTTER } \end{gathered}$ | CODE <br> 3 kg bag of fèves $3 \times 1 \mathrm{~kg}$ slabs <br> 12 kg box of fèves | APPLICATIONS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Coating | Molding | Bars | Mousses | Crémeux, ganaches* | Ice creams, sorbets |
| BLOND DULCEY 35\% | 29 | 34 | 35 | $\begin{aligned} & 31870 \\ & 27008 \end{aligned}$ | - | - | - | - | - | - |
| IVOIRE 35\% | 43 | 21 | 35 | $\begin{gathered} 4660 \\ 140 \\ 19741 \end{gathered}$ | - | - | - | - | - | - |
| OPALYS 33\% | 32 | 32 | 33 | 8118 |  | - | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| SATILIA WHITE 31\% | 41 | 27 | 31 | 19959 | , | - | - | - | O |  |
| WAINA 35\% | 42 | 21 | 35 | 15002 | - | - | - | - | - | - |

VEGAN CHOCOLATES

|  | \% | \% | \% |  | APPLICATIONS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PRODUCT NAME | SUGAR | MILK | $\begin{aligned} & \text { COCOA } \\ & \text { BUTTER } \end{aligned}$ | $3 \times 1 \mathrm{~kg}$ slabs <br> 12 kg box of fèves | Coating | Molding | Bars | Mousses | Crémeux, ganaches* | Ice creams, sorbets |
| AMATIKA 46\% | 39 | - | 37 | 28074 | - | - | - | - |  |  |

PRALINÉS \& CO

| PRODUCT NAME | \% <br> SUGAR | $\begin{gathered} \text { \% } \\ \text { MILK } \end{gathered}$ | $\begin{gathered} \text { \% } \\ \text { FAT } \end{gathered}$ | CODE <br> 5 kg tub 2kg tub | APPLICATIONS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Coating | Molding | Bars | Mousses | Crémeux, ganaches* | Ice creams, sorbets |
| 50\% CARAMELIZED ALMOND \& HAZELNUT | 50 | - | 30 | 2261 | - | - | - |  |  |  |
| CRUNCHY 50\% NUTTY ALMOND \& HAZELNUT | 49 | - | 28 | 5621 | - | - | - |  |  |  |
| 50\% CARAMELIZED haZELNUT | 50 | - | 30 | 2257 | - | - | - |  |  |  |
| 60\% CARAMELIZED HAZELNUT | 40 | - | 39 | 2258 | - | - | - |  |  |  |
| 50\% PECAN | 50 | - | 36 | 11937 | - | - | - |  |  |  |
| 42\% PISTACHIO | 40 | - | 28 | 11936 | - | - | - | , | , | - |

INSPIRATION

| PRODUCT NAME | \% SUGAR | \% <br> MILK |  | CODE <br> 3kg bag of feves | APPLICATIONS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Coating | Molding | Bars | Mousses | Crémeux, ganaches* | Ice creams, sorbets |
| ALMOND INSPIRATION | 38 | - | 31 | 14029 | - | $\bigcirc$ | - | - | - | - |

"GIANDUJASTYLE"

| PRODUCT NAME | $\begin{gathered} \text { \% } \\ \text { SUGAR } \end{gathered}$ | $\begin{gathered} \text { \% } \\ \text { MILK } \end{gathered}$ | $\begin{gathered} \% \\ \text { FAT } \end{gathered}$ | CODE <br> 5 kg tub <br> $3 \times 1 \mathrm{~kg}$ slabs <br> 1 kg slab | APPLICATIONS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Coating | Molding | Bars | Mousses | Crémeux, ganaches* | Ice creams, sorbets |
| NOISETTE LAIT 35\% | 35 | 13 | 40 | $\begin{aligned} & 6993 \\ & 7112 \end{aligned}$ | - | - | - | - | - | - |
| NOISETTE DARK 34\% | 34 | 3 | 41 | 2264 | - | - | - | $\bigcirc$ | $\bigcirc$ |  |

ALMOND PASTES

| PRODUCT NAME | $\begin{gathered} \text { \% } \\ \text { SUGAR } \end{gathered}$ | $\%$ MILK | $\begin{gathered} \% \\ \text { FAT } \end{gathered}$ | CODE <br> 4 kg tub <br> 3.5 kg tub | APPLICATIONS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Coating | Molding | Bars | Mousses | Crémeux, ganaches* | Ice creams, sorbets |
| 55\% ALMOND PASTE** | 34.6 | - | - | 7942 | - | - | - |  |  |  |
| 70\% PROVENÇAL ALMOND PASTE | Sugar: 15.5 Invert sugar: 1.9 | - | - | 3212 | - | - | - | $\bigcirc$ | - |  |


[^0]:    To make a plain macaron, use almond flour instead of cocoa powder

[^1]:    Bring the milk and glucose DE6O to a boil and combine it with the yolks.
    Heat to $185^{\circ} \mathrm{F}\left(84^{\circ} \mathrm{C}\right)$.
    Use immediately or cool down quickly and store in the refrigerator.
    Weigh out the amount of hot custard required for the recipe.
    If necessary, add rehydrated gelatin.
    Slowly combine the warm mixture with the partially melted chocolate to make an emulsion using a spatula.
    Immediately mix using an immersion blender to create a perfect emulsion.
    Check the temperature $\left(95-99^{\circ} \mathrm{F}\right.$ or $35-37^{\circ} \mathrm{C}$ for dark chocolate; $85-90^{\circ} \mathrm{F}$ or $30-32^{\circ} \mathrm{C}$ for milk and
    Amatika; and $79-82^{\circ} \mathrm{F}$ or $26-28^{\circ} \mathrm{C}$ for white, blond and Almond Inspiration) and gradually fold in the
    airy whipped cream using a spatula.
    Use immediately and freeze.

[^2]:    The ideal serving temperature for this mousse is $42-46^{\circ} \mathrm{F}\left(6-8^{\circ} \mathrm{C}\right)$.

[^3]:    Reweigh the infusion after straining it and, if necessary, add water so it totals $\mathbf{8 3 0} \mathbf{g}$.

